

ISTOTNI MÓWIĄ

Część 1

Istoty ziemi i ognia



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THE ELEMENTAL BEINGS TALK

Part 1
Beings of earth and fire

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1. Introduction

1.1 Tobias' introduction

Already when we were writing our first book 'Trees speak - the forgotten world of trees rediscovered', we felt that our adventure would not end there. We very much wanted to continue our expansion of our knowledge of nature's creatures. Bartosz, thanks to his gift of clairvoyance, received a message that this was wanted by the Light, and we tentatively started planning to write further books, which are written conversations with nature beings.

This book is precisely the account of our conversations with earth beings and fire beings. The beings referred to here have proved to be very open to giving us knowledge about themselves. The cognition we receive through them is quite extensive and gives the reader an insight into the service of these beings. However, I would like to point out that this cognition is only a preliminary and general cognition, and perhaps one day it will be expanded with many details by others called to do so.

I think the book can make the reader realise how little we know about life that runs parallel to our own. Both the elements of earth and fire come into contact with every human being and practically every day. I am convinced that after reading this book, the reader will no longer look at earth and fire in the same way, and will realise how much he or she owes to the little servants of the Most High of these two elements, servants who have always been beside us, but whose existence has been forgotten by humanity.

1.2 Bartholomew's introduction

The book you have in front of you is one that Tobias and I wrote together as a follow-up to the book on spars. The project we are continuing together is a wonderful adventure and a challenge we were happy to take on. There is a thirst for knowledge of the essentials. The whole project is supported by the forces of Light.

The question may arise among readers as to why a word that may be unfamiliar to many in the title, namely: "essential". The word was given to the world by Abd-ru-shin the author of The Grail Message - In the Light of Truth. The word itself defines the vast groups of beings we should call them so. In creation, we have a division into two groups of beings, namely those (as the author of the Message explains) who are hosts in creation and therefore essentials, and beings who are guests in creation, who enjoy the gifts that the essentials have prepared for them. These guests are the spirits, that is, we earthly humans. The essentials include the beings we talk to or about in the pages of this book and they are: the beings of nature, their guardians and their leaders. The verbal form 'essentials' is given to us by the Light and we should adopt and use it.

The book is the beginning of a series that Tobias and I intend to continue. I have already had contact with earth beings through my gift of clear-sightedness a little before, as I have spoken to the crystal gnome I have in my room, but contact with fire beings was something new for me and I am grateful to have been able to speak to these wonderful beings. I believe that the knowledge in this book can inspire many future contacts between people and beings. I also sincerely hope that the reader will gain a greater understanding of nature through this reading.

I would also like to mention that during the writing of this book, the Light gave up the gift of clairvoyance that was supposed to open up to me. However, during its writing, my clairvoyance was extended, as a result of which I am able to connect with beings of nature in the comfort of my own home. I am particularly grateful for this extension, as it makes my task much easier and, in my opinion, the gift of clairvoyance would be more useful to some painter who could paint the creatures of nature. I wish you a pleasant reading experience.

2. Beings of the earth

2.1 First contact with gnomes

Tobias and I opened ourselves up to contacting gnomes. We wanted to make a connection with them in the forest. To do this, we went to our friend Old Beech. I tried to connect by hugging a tree, but this was not effective. I decided to crouch down, point to the ground and just wait. After a while I saw the outline of a small creature and we started talking:

Bartosz and Tobiasz: Hello gnomes.

Gnome: A warm welcome to you.

Bartholomew: Who are you that I hear?

Gnome: I am a representative of the earth gnomes. We have messages for you and we want to talk about ourselves. There is very little knowledge about us among humans and we want to change that.

Bartosz: What can you say about yourself and the gnomes?

Gnome: We are beings inside the earth. We are divided into two groups. Gnomes closely associated with a particular place e.g. minerals and free gnomes.

Bartosz: Where on earth did you come from?

Gnome: We have been on earth practically since the beginning. We took an active part in the formation of the planet.

There are many subspecies of us, but the message we want to give you today is more general. We wanted to point out that just as we took part in the formation of the earth, we also take part in the formation of the other planets. It is the essential forces that form and produce the planets into the image that the Light desires.

Tobias: Do you participate in the formation of all the planets?

Gnome: On all of them there is life, not just human life. The subtler life of planets is very common, they don't all have dense material life. We are not on the gas giants.

Bartosz: Do you also cause rock movements and earthquakes?

Gnome: We take an active part in this. We are guided by the higher essentials. Each of our species fulfils its tasks. We do it with love. The formation of the given image of the planet willed by God is our main task. It is God's will that directs us, also our tasks are an expression of His will. That is enough for today. We wanted to introduce you today simply to get to know us better and to think about us.

After this short conversation, I felt the gnome embrace me with great joy. He put his arms around my neck and hugged me. I also felt joy. I was made to realise that this was a young gnome who had been given a task by the elders to introduce us to their beautiful world.

2.2 Second conversation

After a few days, early one morning I decided to make a connection with the gnomes. I made my way to the area around the backyard walnut tree and after a long while I heard a gnome. This time the voice was more mature, indicating that it was an older gnome.

Bartholomew: Hello, after the last conversation, questions awoke in me.

Gnome: Hello and listening.

Bartosz: There was something said about the division of gnomes.

Gnome: We distinguish between gnomes that are closely associated with a particular place, i.e. with rocks and minerals, and gnomes that can move freely.

Bartosz: Do all rocks and minerals have a gnome in them?

Gnome: Every mineral in the process of formation, which we also support, receives a gnome. It is the will of God to refine rocks and minerals in this way. Of course, we have tasks related to all kinds of earthly processes.

Bartholomew: Do loose rocks, for example sands, have gnomes in them?

Gnome: Yes, there are gnomes in the sands that are more casual. In the deserts, for example, there are many gnomes of this kind. There are many thousands of species of gnomes that refine a particular type of mineral or a particular type of rock.

Bartosz: I understand that you have been in the rocks and minerals in question since the beginning of their formation. They are mainly formed by the crystallisation of magma. Is that the case?

Gnome: The process you have outlined is supported by the higher gnomes. They prepare the basis for a gnome to descend into the future rock or mineral for which the rock or mineral will be home.

Bartosz: I have read that the cooling process of magma, where crystallisation occurs, can take up to millions of years. At what point in this process does the gnome appear?

Gnome: This is related to the maturity of a given rock or mineral, or perhaps I would better put it by saying the readiness of a given rock or mineral to receive a gnome. When a given rock or mineral has reached a sufficiently solid form, then a gnome enters it, which is the gnome of the given rock or mineral species. That's enough for today. Think it over and come back with your questions.

Bartosz: Thank you for this conversation.

Gnome: The Lord wants people's knowledge of gnomes to be greater. That's why we are open to discussions.

With gratitude and joy I went to work.

2.3 Ilyan

Me and Tobias have a couple of crystals at home. One of them is a rose quartz. I got a call back from a gnome living in it, who I've talked to from time to time before.

Bartholomew: Hello, you have expressed a desire today for me to call you Ilyan. Is that your name?

Ilyan: I adopted it so that you would use it. I like the name.

Bartholomew: You are a rose quartz gnome that I have at home. Would you like to say something about yourself?

Ilyan: I am refining this piece of the globe that is called rose quartz. I have been in your home for a very long time. I want to be your friend.

Bartosz: I must admit that I have rarely spoken to you until now. I promise that will change. We can be friends.

Ilyan confessed that he wanted to sleep and I left him alone. The next morning I spoke to him.

Bartosz: Good morning Ilyan. Did you get enough sleep?

Ilyan: Yes. I like it very much that you call me that.

Bartosz: What can you say about yourself. How long have you been in this crystal?

Ilyan: I have been in it since its inception, which is to say its formation. With that said, there is a knowledge that for many will be something new. Since the beginning of its existence, there have been many separations of this crystal. Some have come from man and others from the internal movements of the earth.

Bartosz: So did the gnome that was originally in this quartz also split into smaller ones?

Ilyan: Yes it is true. I remember how I used to be one big gnome and now I am a smaller one. The gnomes that descend from this original large gnome are called the gnome family. Our family has dozens of larger gnomes and several hundred smaller ones. I have a connection with them, my brothers.

Bartholomew: Do you remember when your original gnome, which is also you, entered the mineral quartz?

Ilyan: During the slow cooling of the magma, the state of aggregation changed from liquid to solid. In the middle of this process I entered this crystal. Before the target form was created as a result of the

transformation, I slept in it and waited to be awakened. It was a peaceful sleep that lasted for millions of years, according to how I currently feel.

Bartholomew: And today you slept as I did, which is to say at night?

Iljan: Yes, I like to align my sleep with yours. We need sleep because we are beings experiencing in matter just as you are. Rest is necessary for every being.

Bartholomew: Let's return to the subject of bifurcation. Is the process a painful experience for gnomes?

Iljan: I remember it was enjoyable, but I don't want to speak for everyone. The last split happened quite recently and two crystals were formed from one big crystal, and as a result one big gnome split into two smaller ones. This second crystal is also in Poland and is my beloved brother. I love him very much. I visit him.

Bartholomew: Are you visiting him?

Iljan: Yes, I can move away from my quartz house for a while. I am then connected to it, or more precisely to its aura. It is an auric connecting beam. I am simply connected to my home and nothing can break this connection.

Bartosz: Is this an ability that all gnomes have?

Iljan: We gain this ability in the process of maturing. Through it we become more active. Share this message with Tobias, I know he is now sleeping after work and come back to continue the conversation with questions. I love you both very much.

Bartosz: Thank you Iljan for this conversation.

2.4 Aljan

After talking to Ilyan, I heard the voice of the mountain crystal gnome from Tobias. I decided to approach him and talk to him.

Bartosz: Hello, you have expressed a desire to talk.

Aljan: Yes, I was listening to the conversation with Ilyan and wanted to clarify something.

Bartholomew: I am listening...

Aljan: He mentioned his family of gnomes and roughly how many they number. Well, it is not the full number. This family consists of gnomes who have already found each other and were once one big gnome. Through maturation, as it were, we wake up and start looking for our family members. The number of family members is not complete and is constantly growing through searching and finding.

Bartholomew: Do you have a family too?

Aljan: Yes, I am of the rock crystal species and my family already numbers several hundred thousand smaller and larger gnomes. I have been on this planet much longer than your rose quartz.

Bartholomew: You expressed a desire for me to call you Aljan.

Aljan: Yes, I think it will make our conversations easier. I have other names too, but I don't want to give them. My brothers are spread all over the world, I feel a connection to the whole globe.

Bartosz: And can you say how you know you are family members? How do you recognise each other?

Aljan: Through feeling. We just feel it. It is always a great joy when we find someone.

Bartosz: You are gnomes. What is your relationship with the crystals?

Aljan: Like all gnomes, we are very strongly connected to a particular crystal. We are not parts or souls of these crystals. Not all gnomes are aware of this. Calling us spirits or souls of crystals or stones in this way is out of place. We are simply gnomes.

Bartosz: So you are such an internal support for the crystal?

Aljan: Yes, thanks to us he radiates more. Our role is to refine.

Bartosz: Thank you. Let me share what you've shared with me with Tobias, and then we'll come back to talk further.

Aljan: Please do. I look forward to further discussions.

2.5 Questions and considerations

After Tobias woke up, we decided to continue our conversations with Ilyan and Alyan. We placed the crystals next to each other.

Bartosz: Welcome. We put you next to each other. Do you like each other?

Ilyan: I think we are not friends yet, because we don't know each other much. We younger gnomes like to make friends quickly, whereas Ilyan is older and needs more time.

Aljan: I need more time, it's true. I also don't need to be friends with every gnome.

Tobias: I want to ask you today about nomenclature with regard to your entire species of essence. Can you be called gnomes and dwarves?

Ilyan: Yes, there are generally verbal forms attributed to our entire species. I, however, have become accustomed to the gnome form. It is the shortest and I like it.

Aljan: I for one think that in different circles with these names people can refer to our different subspecies. I think the universal name gnomes as a name for all creatures of the earth is completely sufficient.

Tobias: Roselis von Sass also wrote about the name alberics, referring to the gnomes of minerals, including gemstones. This name is new to me¹ .

Iljan: I don't see the point of using difficult names that few people know. We have our verbal forms too, but I want you to refer to us only as gnomes.

Tobias: Thank you for this response.

Iljan: *(to Aljan)* How do you feel as a representative of the Alberian group?

Aljan: Maybe in another language it sounds nice, but in Polish I prefer the term gnome.

Bartosz: My opinion is that naming should be uncomplicated and as simple as possible. A lot of verbal forms can result in memorisation and learning problems.

The guardian's voice rang out:

The Guardian: It is desirable to use as few names as possible, as this distracts from knowledge.

After the break, we moved on to the next topic.

Bartosz: What is your goal here on earth?

Iljan: We came from the circle of essence to mature here. As mature beings, we return to the vital circle, where our paradise is.

I started to consider an issue and Aljan's mentor appeared:

Aljan's carer: I am Aljan's guardian, but I love Iljan too. Bartholomew you are considering issues that gnomes are not ready for, which is why I had to interrupt your connection.

Bartholomew: Hi. I was considering the questions of whether they could later merge into one gnome, as they were before the fission.

Aljan's guardian: *(silent)*

Bartosz: What is touchy about my consideration of a possible later merger?

Keeper of Aljana: These are ultimate issues for the gnomes, for their existence, and even I do not know the answers to them. It is not wanting for you to consider such questions. The gnomes that have split are now separate beings and this knowledge should be enough for you.

After a long while:

An old gnome appeared and wanted to defuse our question.

¹ Roselis von Sass writes about this in her book: "The Book of the Last Judgement".

Old Gnome: I understand that the guardian may not know these issues. I, on the other hand, know them well. It is an eternal law that there will never be a reunion of gnomes that constitute a single being. It is the will of God that these beings will always already be independent and develop individually. You may return to the conversations. We will appease Aljan's guardian.

Bartosz and Tobiasz: Thank you for this clarification.

2.6 Gnome family meetings

The next day Tobias was at work, but I decided to connect with him by phone and talk to Ilyan and Alyan.

Bartosz: Hello friends. How did you sleep?

Ilyan: Well done, my Bartholomew.

Bartosz: I have a question for Aljan. Can I call you my friend too?

Aljan: Yes, I allow it. I'm not friends with people, but to make our conversations more fruitful, we can be.

Tobias: May I also consider you as friends Aljan and Ilyan?

Ilyan: Yes, our friendship is wanted by the Light.

Bartosz: I wanted to follow up on our last conversation. Do you have any venues where you meet with your crystal family members?

Ilyan: Yes, we have a special place set aside for this purpose. We make an appointment for a certain time of the day and more or less at a given time we turn up there. This is willed so that we can co-experience creation in joy and love.

Aljan: Yes, I have a few such family places that I always head to with joy. These are places designated by our guardians. They are underground in your understanding quite deep and are under constant protection.

Tobias: How many members are such crystal gnome families made up of?

Aljan: I don't know the statistics. But I believe there are multi-million families. This answer will give you no small idea of the number of all gnomes.

Tobias: How often do these meetings take place?

Aljan: It varies. I don't attend all of them. The young ones visit more often.

Ilyan: In your understanding of time, lately, it's once a week, but I don't attend all of them either.

Tobias: We have had similar experiences with breechers and it makes me wonder why the older the creature the less social it is?

Aljan: I can speak for myself. I need more tranquillity and peace. Solitude is conducive to that.

Bartosz: What do you rely on for interaction at your family gatherings?

Aljan: We don't want to tell everything, but we share our experiences, also our discoveries, and we talk about our families' goals.

Iljan: I talk about how I can serve the Light better. Often caregivers join our meetings and tell us how we can serve the Lord better.

Tobias: How many gnomes does a particular guardian have under him?

Aljan: It's a difficult question because it depends on the maturity of the caregiver in question.

Aljan's carer turned up.

Aljan's carer: I am the family guardian and I look after many members of Aljan's family and this number increases through my development. When this number increases, assistant guardians join me and it is to them that I delegate tasks in the service of the gnomes. There are other species of guardians who look after particular sectors. These are usually areas of a given depth, width and length. And just as I may have helpers under me, I have higher guardians above me.

Bartosz: Thank you dear Guardian for this explanation.

Aljan's Guardian: Please, we will be in touch.

I directed myself to the gnomes:

Bartholomew: Is the current life on earth, which probably lasts millions of years, your first?

Aljan's mentor spoke up:

Aljan's Guardian: It is not wanting them to know.

He was interrupted by Iljan.

Iljan: I feel that this is my third descent into subtle densemateriality. And I also feel that surely Ilyan has had more descents. But generally gnomes don't think about such things and don't investigate them.

Bartosz: I have a question for the Guardian. Do the gnomes between incarnations experience in subtle matter and when fully mature go to the vital circle where their paradise is? I have this understanding of the subject and wanted to confirm this.

Another gnome guardian spoke up:

Another carer: This is the right understanding standing in harmony with the truth.

Bartholomew: I have one more question for you, and then we will finish the conversation. Have you gained or lost anything as a result of fission?

Iljan: We have gained an important experience in every gnome's life. Splitting is a beautiful experience. The amount of fission also enriches us. The fact that we are smaller beings as a result of fission is no loss. I, for one, feel much better about being smaller.

Aljan: I confirm. Every split brings something. There are simply more of us and there is beauty in that. It is also a reason for our great joy.

Iljan: We are grateful that the Creator has arranged it this way and we love Him for it.

Tobiasz and Bartosz: Thank you for this interview. We are grateful for it.

2.7 Soil gnome

I went out into the yard around the house. Even though it was winter with snow falling I longed to connect with a soil gnome from my neighbourhood.

Bartosz: Hello to you. I wanted to talk about you guys.

Soil gnome: I am a soil gnome, or earth gnome. I refine the soil with my presence. We generally sleep and rest in winter, but for the sake of the cause I decided to talk to you.

Bartosz: Are you a more casual gnome?

Soil gnome: Yes, I live mainly in the soil, but I can also go out. We also have our gnome meetings, which are attended by representatives of the soil species. We love to nurture and care for the soils. I am connected to the radiation of the place and it is my home, but I move freely through the soil areas in your area. We have soil refining tasks and we do them with love.

Bartosz: I know that people are not aware of this.

Soil gnome: People are not aware that fertile soil is very much a gift from the gnomes. We are the doers of God's will, and if an area with people in it deserves fertility, we help with that. Of course, the fertility of the soil also depends on the rainfall and a few other factors, but no human will really mention us. I also have my own caretakers who delegate tasks to me. I love my daily service to this soil.

Bartosz: What area do you cover?

Soil gnome: I don't want to say because people will take it as a revealed truth. The size of the area under our care depends on the maturity of the gnome. Therefore, my area is relatively small, but I take loving care of it.

Bartosz: Do you also have two types of carers?

Soil gnome: My mentors are sector and species mentors. They support me and delegate tasks to me.

Bartosz: What would you say to people who read this?

Soil gnome: Remember, people, that the fertility of your soils is largely due to us. Be grateful to the Creator for this. We do not expect great thanks from you. Give thanks to God, and in doing so you also give thanks to us.

2.8 Sector guardian of the soil gnome

I returned home and heard the voice of the sector's soil gnome keeper.

Sector mentor: Hello, I wanted to add something to what my mentee has given you.

Bartosz: Yes, I am listening.

Sector mentor: I have been mentoring him for a very long time. I can even remember when he was starting out and when he was coming into this matter.

Bartosz: Did he come in during the formation of the soil? I understand that soil is formed from rock weathering and various other processes.

Sector guardian: When the soil has reached half of its target maturity, then the soil gnome has entered it. It is made of a subtler matter than the gnomes of rocks or minerals, but this matter also falls into the subtle dense materiality. The gnome slept until the soil reached full maturity. Then it woke up and began its activity.

Bartosz: And can you say something about yourself as a sector mentor?

Sector custodian: In general, our general task is to bring the state of the soil into the image that God wants. Each sector caretaker ensures that his sector obtains this image. To this end, we have guidance from the higher guardians. We take care of this with love. Many challenges are difficult, and our little companions that we care for are, as it were, the performers of the image willed by God. Of course, we cooperate with the other elemental beings, who have the same overall goal.

Bartosz: So I take it you can walk into the soil and see the gnome?

Sector Guardian: Yes, your understanding is correct. We are able to penetrate matter and see gnomes. We are made of a slightly subtler species also of matter that falls under dense materiality.

Bartosz: But you can't be described as a gnome?

Sector guardian: I am not a gnome. But my field of action is below the surface. I am also a being at my level of development. I love my service and the gnomes. My goal is also to return to the circle of essence, where I can serve the gnomes for eternity as a fully mature guardian.

Bartosz: Thank you for those words.

Sector guardian: That's enough for today. If there is a desire to communicate more to you, I will visit you then.

2.9 Caretakers of the gnome species

In order to have a broader insight, I decided to talk to the species guardians. The species guardian of rose quartz gnomes and the species guardian of rock crystal gnomes appeared. I also connected with Tobias by phone.

Bartosz: Welcome.

Crystal guardian: Hello, we would like to expand the knowledge about the care of gnomes. It is true that each gnome has two types of guardians. The sector guardian Iljan and Aljan do not need to visit them often. Their guidance, due to the fact that they are at your home, is mainly our task.

Iljan spoke up:

Iljan: I also have a sector mentor. He's the being you spoke to in the previous conversation. I think he has forgotten about me. By virtue of being in a free state and not a ground state, I have minimal influence over the processes he regulates and watches over. Creating the image desired by God is the goal of every gnome, except that when we are in a free state around people we have very little task in this regard.

Bartosz: Thank you Iljan for your explanations. Dear genre guardians you may continue.

Iljana species guardian: The purpose of species guardians is to care for the elevation of each gnome. The family guardians Iljana and Aljana are the lowest rung of this kind of care. We are a bit higher up the hierarchy and can talk about our goals.

Bartosz: Then what is the main purpose of this care?

Species Guardian Iljan: As I said, this is the elevation of every gnome of a species including its home, the crystal. There are also objectives derived from this primary objective.

Tobias: Can you say what these targets are?

Species Guardian Iljana: We make sure that each gnome's vibrational level is correct, that is, that it radiates correctly. Each species has its own vibrational range and we make sure that gnomes and crystals radiate within this range.

Bartholomew: Are there any other goals or objectives you can talk about?

Species guardian Iljan: We also make sure that their activities in the crystals are appropriate. For now, it is not wanted to talk about this more extensively. The gnomes perform many activities in the crystal to elevate both the gnomes and the crystals.

Bartosz: Is that all, or is there anything else you want to add?

Species Guardian Iljan: I think the general picture I have presented is appropriate and sufficient at the moment. The gnomes also want to have some kind of secrets, which perhaps they will reveal when humanity deserves it.

Tobias: What is your connection to the circle of the essential?

Species guardian Iljana: Our connection depends on our level of maturity. There are caregivers who have a direct connection to the circle of the essential, but this also depends on the position in the hierarchy of caregivers and also on the tasks they perform.

Bartholomew: Is there a hierarchy operating in you, or is it just a perception that you say?

Species guardian Iljana: Yes, we apply it. The higher evolved beings are more respected due to this treatment.

Bartosz and Tobiasz: Thank you for this clarification.

2.10. Gnomes' departure from subtle densomateriality

We already know that gnomes enter dense matter during the formation of a particular rock, mineral or soil. We now wanted to ask when they leave.

Tobias: Do you know when you are departing into subtle materiality?

Aljan: I suspect the crystal must be destroyed.

Bartholomew: I suspect when the crystal or other mineral would have melted inside the earth.

Aljan. Yes, it is true. We cannot stay in a liquid state. Gnomes are creatures of the nature of solids.

Bartosz: I suspect that rock gnomes may leave through weathering or being washed away by water and soil gnomes through drying out of the soil. I feel that such processes are synonymous with your departure.

One of the guardians: Yes. You can also say that when the planet dies, then all the gnomes go away.

Tobias: What does it mean that the planet is dying?

One of the guardians: As long as the planet maintains a rocky form, there will be gnomes on it, however, even this may come to an end at some point due to the decay of matter.

Bartholomew: Is there anything else you would add dear Guardian?

One of the keepers: I feel that this is enough. You know that gnomes are often here for hundreds of millions of years before they leave. But the time of every gnome's departure will come at some point.

Bartosz and Tobiasz: Thank you for the interview.

2.11. Appearance of gnomes

We placed our gnome crystals next to each other and started discussing their appearance.

Bartosz and Tobiasz: Hello our friends.

Iljan: Welcome. We are prepared and we know what you want to ask.

Bartholomew: To begin with, I wanted to ask about your eyesight. How is it that you see in the darkness underground? And do you see similarly, as I would see you?

Iljan: Our vision is similar to yours. So how I describe Aljan's appearance today is close to how you would see him. And as for your question about seeing underground in the dark, I never thought about that. I just have the ability to see that way and I am grateful to the Light for that.

Aljan. I want to say something. I see the world a little differently than Ilyan. And I feel that I see a more luminous world. I think each species of gnome sees slightly differently, which is in keeping with their individual species.

Tobias: Ilyan, describe to us Aljan's appearance....

Iljan: He looks very dignified and at the same time there is the beauty of a gnome.

Iljan was unable to put into words what he was seeing and the caregiver handed him a mirror adapted to his size to describe himself.

Iljan: Thank you for being able to see myself. It is a beautiful experience. My skin is a similar colour to the crystal I live in, which is a light pink.

Tobias: Gnomes are often shown as fatter creatures.

Iljan: It depends on the species, but I'm skinny and don't have a beard.

Bartosz: Do you have any clothes?

Iljan: I have this frock coat, the colour of which is light grey. He shines when you look at him.

Tobias: Do you have shoes?

Iljan: I have shoes with a fairly high heel. Similar to your men's winter ones. I would say they are Boy Scout boots.

Bartosz: What colour are they?

Iljan: They are shiny and change their colour. Sometimes they are dark and sometimes they are very bright. I can also change their colour if I wanted to by force of will, but I like them to be so shimmeringly luminous.

Tobias: Do your clothes and body change colour too?

Iljan: When I am more open to the Light, my body and clothes radiate more radiance.

Bartosz: Do you have anything on your mind?

Iljan: I used to have a cape. It was a gift from my elf friend, but I don't wear it anymore.

Tobias: Please describe your face to us, i.e. eyes, ears, nose, mouth and hair.

Iljan: I have deep blue eyes, when I smile they brighten. My face is pale pink just like the rest of my skin. My lips are a slightly darker shade of a beautiful pink than my skin. Eyebrows and hair are a dark pink, but still pink. The colour of my hair is just slightly darker than my skin and adds to my charm. The hair on my head is medium-long, the kind that is a little above my ears. My nose is bigger than yours Bartok, but it's not a big nostril, it's a bit wider a bit like dark skinned people. I love my nose. The ears are normal with no elven earmarks.

Tobias: Is there anything else you would add?

Iljan: I carry a pipe with me at all times, which I like to play. Thank you for the mirror. It's beautiful to see yourself.

Tobias: Is this the first time you've seen yourself?

Iljan: I have seen my face in a puddle before. I prefer the natural form of a mirror.

Bartosz: Thank you Iljan. Let's now move on to Aljan. Can you Aljan describe your appearance?

Aljan was given a mirror.

Aljan: I have shiny shoes in all the colours of the rainbow. And also a shiny frock coat similar to Iljan's. My frock coat is a bit lighter than Iljana's. The leather is the colour of rhinestone and it shines a bit. The buttons on the frock coat are black, but they are also shiny, it's that kind of black with the sparkle of a gemstone. Our frock coats are not as elegant as people's, making them more in keeping with the nature of our radiation. On my head I have this little hat the colour of the frock coat, I really like to wear it. My face is more mature than Iljan's. My hair is grey-silver, it shines and adds grace to my face. The lips are slightly darker than the skin. The eyebrows are very delicate. I also have some wrinkles because I am older, but there are not many. My ears are typically human and my nose is like Iljan's, a little bigger than typically human. I also have facial hair, which adds to the seriousness and maturity of my face. It is not a long beard. My hair on my head is much longer than Iljan's and reaches my shoulders. What Iljan didn't mention, we both also have jacket-coloured waistcoats. And we both also have shirts. Mine is lighter than the jacket, but also crystal-coloured, while Iljan's shirt is pale pink and fits in with the character of his jacket. It was God's will that we should look like this and we are both grateful for the beauty that emanates from us.

Bartosz and Tobiasz: Thank you for this accurate description. You are beautiful beings.

Iljan: We are already getting ready for bed. Thank you for the interview.

We asked the creatures to describe to us what our backyard soil gnome looked like. After a long while, his sector guardian appeared.

Bartosz and Tobiasz: We welcome you. Describe for us, please, the appearance of the soil gnome?

Keeper: Soil gnomes look very different from crystal gnomes. The latter are more dignified in appearance. A soil gnome has skin the colour of the earth. It has no clothes. It has these spice bands all over its body.

Bartholomew: Spicebands?

The Guardian: It's as if the roots are part of his skin. They are all over his body. His eyes are pearly black. Human ears, wide nose. It usually looks like it is floating in the soil. He penetrates this soil matter with ease. It is something between swimming and flying. He feels the soil of his area. He knows what it needs and with his vibration he meets those needs.

Tobias: Is it thicker?

Keeper: No. It is more or less your build and is about 1.60m. Typical depictions of gnomes are very different from the truth. His hair is black, it is a glossy black. His body has a lot of grace and radiance. He has no facial hair or beard.

A gnome appeared from the great depths of the earth:

Gnome: I am a gnome of the deep. I am the guardian of the caves deep underground. It was our appearance that inspired people to create dwarves.

Tobias: Hello, can you say a little more about your appearance?

Gnome: I am small and thicker than the more dignified crystal gnomes. I have a white very long beard. There are many species like me, also every garden gnome has some characteristics taken from our appearance.

Tobias: Do you have a hat or a hood?

Gnome: This is a hood in green.

Tobias: And what colour is your body and clothes.

Gnome: As I said, there are many species of us and I don't want anyone to be suggested by just my appearance. I wanted to say something more about myself, because there might not be an opportunity anymore. We are gnomes refining the caves inside the earth. There we make sure that all the processes of nature take place in accordance with God's will. There are many species of us. I

am responsible for the inner rivers in one very large cave. I work together with the rushers, the water beings of those rivers, and together we make sure that the current of that river is right. Historically, people have seen us in or around caves. We can also be found in human mines, which is where the image of the 'mine treasurer' came from, which more or less captures the nature of our appearance.

Bartosz and Tobiasz: Thank you.

2.12. Transfer from the Treasurer

The next morning the mine gnome appeared. I strongly felt that he wanted to tell me something. He told me that for the sake of the book I could call him the treasurer.

Bartosz: Hello Treasurer.

Treasurer: Hello, I have a message for the world.

Bartosz: I am listening.

Treasurer: We gnomes participate in all underground processes. Of course, other creatures of nature such as beings of fire or water also participate. We are also close to man in his mines. I wanted to take this opportunity to pass on something. We mine gnomes can, of course, point out where the deposits of the raw material you are looking for are, but we only pass this on to good clean people. Our action is not limited to pointing out 'treasures'. The real treasure we guard is the fulfilment of the duties that God's will sets before us. There were times when we were closer to the man who had been building underground mines since the dawn of time. We could warn him of all the dangers that could occur underground.

Bartholomew: Is there Light's approval for man's mining activities?

Treasurer: Yes, from the very beginning of his sojourn on earth, man has obtained such consent. However, through his greed, man does not see that certain underground processes are necessary. He is so preoccupied with profit that over the past centuries he has lost touch with us, the mine gnomes. We do God's will, not man's. Many accidents, including fatalities, could have been avoided if man had maintained his connection with us.

Bartholomew: There's an idea that the Lord of the Rings film series gives. From what I remember: "the dwarves" appearing in it also had mines.

Treasurer: The depiction of the film look has many features in common with ours. We can also be called dwarves. However, man, who probably drew his images intuitively from nature, has mixed up many things and presented us in an unfavourable light. We are not the greedy species that is greedy for gold and other raw materials only man. We mine dwarves or simply mine gnomes serve the Creator and fulfil God's will in our daily tasks and duties. Man can make use of nature's raw materials, but he must be mindful of certain underground processes that even we cannot stop.

Bartosz: So the image of a dwarf or a treasurer reflects the nature of your appearance?

Treasurer: We each have a sector we look after and I know it may be strange to many, but we don't like humans. Humans often behave like animals underground, they have no inhibitions and have completely drowned out the voice of the heart. As for my appearance, I often walk with a lamp, I have a long beard, I am short and relatively fatter than the average person. I walk with a lamp because my eyesight is not as accurate as other gnomes. I'm also not strictly tied to a particular place, like crystal gnomes, for example, and my field of action can change.

Bartosz: Do you have a message for the end?

Treasurer: The Light wants man to respect nature, to respect the processes that take place underground. Man has to reckon with the fact that nature can destroy him if he does not respect it. People who work in the mines are exposed to the effects of these processes I am talking about. People get closer to the Light and you will always be warned in time of the possible dangers that the earth brings. There is full consent for your underground mining activity, but do it with prudence without greed and lust for profit.

2.13. Abilities and gifts of gnomes

Tobias and I decided to ask Iljan and Aljan about their abilities.

Bartosz and Tobiasz: Hello friends. Do you have any abilities that you can tell us about?

Iljan: Maybe let Aljan start, he is older and has more ability.

Aljan: We can, for example, relocate in space. We change our location in this way. We disappear in one place and appear in the next. This is such a curiosity, because among my friends very few use this. When I was younger, I used it more often. Now I prefer to move more traditionally.

Bartosz: Traditionally?

Aljan: I can walk on the ground and penetrate it. I can also move very fast with a movement adapted to the laws of the area.

Tobias: What rights?

Aljan: The rights of movement are regulated by the guardians of the sectors concerned, because they want to have an overview of who is in a sector at any given time. Many just want to know who is where at any given time. They protect us and want to have an insight into our movement.

Tobias: Protect from what or from whom?

Aljan: There are thought forms that can influence us. We are talking about the thought forms of humans. They are at a level of matter close to ours.

Bartosz: So the man is harming you?

Aljan: We have protection so we don't have to be afraid. Thanks to the protection of our guardians, very little damage is done by the thought forms mentioned.

Bartosz: How about Iljan you say something about your gifts or abilities?

Iljan: I love singing, it's my gift.

Bartosz: Can you sing something?

Iljan:

I love the Lord with my heart

I love the Lord with my soul

Learning to live in creation

And I love God in silence

Bartosz: I'm convinced you were improvising....

Iljan: I don't have the same memory as a human being, which makes me more spontaneous. I also play my pipe, I love to do that. I can play any tune, but your gift of clear hearing is only limited to our speech, so you won't hear my playing.

Aljan: I can change my audible voice.

Bartosz: I know something about that.

Aljan: You're a bit picky and I had to change the tone of voice for a long time to suit you.

Bartosz: I prefer the tone of voice that the younger gnomes have.

Tobias: Can you influence a change in the colour of your clothes and body?

Aljan: Our type of radiation at any given time can change the colours of our clothes. But we also have our habits for given colours. In describing our appearance, we have presented the colours we use most often, which of course we can change. The power of our will has this ability.

Bartosz: Can you communicate by vision?

Aljan: I take it you mean seeing something with your eyes closed?

Bartosz: Yes. Someone can communicate something to you with a vision, that kind of communication.

Aljan: I think this is a capability that we may discover in the future. Personally, I don't see the need to communicate in this way.

Tobias: Do you talk to Bartholomew through normal, audible speech or through a connection channel?

Aljan: It is a form of channel between our two beings. We can also communicate with other gnome brothers in this way, and this is the form of communication we use most often.

Tobias: Roughly speaking, at what distance does it work?

Aljan: I communicate this way mainly regionally, but I know that there are gnomes who can reach other planets with their channel. This advanced type of communication is awakened, developed and expanded gradually and a gnome that is not ready cannot reach far.

Bartholomew: Do you have any particular gifts as a result of your radiation?

Aljan: I can just clear the area. When I am clean and uplifted then I purify it automatically.

Tobias: Raised?

Aljan: When I am closer to God.

Bartosz: I understand that you can move a considerable distance, but you have to be constantly connected to the crystal. What distance is that and can every gnome do that?

Aljan: It is an ability that every gnome has. I know that spars, for example, have to mature to it and awaken this ability through development.

Iljan: You have to take into account Aljan that we are millions of years old here. I, for one, feel that the youngest cannot do that and can move within the radiation limits of their crystal. But I think the waiting period for this ability is relatively short, which is why we don't remember it.

Bartosz: And at what distance can you move?

Iljan: I move in Poland, but I can reach out to neighbouring countries.

Aljan: I already embrace the whole planet. I think older gnomes can visit other planets like that.

Bartholomew: I guess in that case they could use a relocation?

Aljan: Of course. But in my opinion, the place you are relocating to you should already know. I wouldn't try to relocate to a place I haven't been to before.

Bartosz: And how long can you be out of the crystal?

Iljan: I can be a maximum of two days.

Aljan: About four or five. I haven't checked that.

Bartosz: And how often do you travel?

Iljan: Once a week or once every fortnight.

Aljan: I much less often. But I get invited to family gatherings very often.

Tobias: I understand that the crystal is your home and you have to go back to it. But what would happen if you went beyond that time you were talking about?

The guardian spoke up.

Keeper: I have to break the connection. Gnomes don't think about such things because they have excellent care. We keep an eye on them and it is not an option for them to lose the connection to the crystal.

Bartosz: I think that's where we're going to end up today.

2.14. Laws of the gnomes

I had felt for a long time that the gnomes wanted to say something about their law that they follow, so on the morning of the following day I asked for a message related to this. A gnome appeared.

Bartosz: Hello.

Law expert: Hello, there are some regulations that apply to gnomes, mainly rock and minerals. We call them the laws of the gnomes. They are laws that resonate with the will of God.

Bartholomew: Can you say what these rights relate to?

Law expert: Certain fragments of rocks and minerals no longer have gnats in them. Breaking off a rock or mineral below a certain size does not result in splitting. Each species of rock or mineral has different sized fragments in which there will no longer be a gnome after splitting.

Bartosz: So the splitting of the gnomes only occurs up to a certain size of shards wanted by the Light?

Law expert: Yes, exactly. Gnomes feel this internally. During the splitting process of a rock or mineral, they simply feel that a certain size of fragment is to be left without a gnome anymore. In such cases, the gnome no longer splits and the smaller fragment remains without a gnome.

Bartosz: Does the law of gnomes still regulate anything?

Law expert: Every species, mainly rocks and minerals, has another law. As you probably know, there are huge bodies of rock underground. When a rock is large enough and forms one monolith, it is God's will that there should be more gnomes than one in it. That is, for example, a rock of granite above a certain size already has two gnomes. Every species has this regulation, but the sizes mentioned are slightly different.

Bartosz: Do the gnomes feel these rights?

Law expert: Gnomes primarily feel and adapt intuitively.

Bartosz: Thank you. The knowledge you have given today will explain a lot to people.

Law expert: I am happy because I have fulfilled the task. The Lord wants people to know this and to have no doubt that everything in nature is governed by God's will, including the laws of the gnomes.

2.15. Processing of stones and minerals

Then there was an old gnome who wanted to say something about man's processing of stones and minerals.

Bartosz: Hello gnome.

Old gnome: Hello, I have a message regarding the processing of stones and minerals.

Bartosz: I am listening.

Old gnome: There are also gnomes in the stones and minerals that people wear in the form of necklaces, for example. Man often processes these stones or minerals by grinding. The Lord wants man to make use of this. It is willed that man should have no resistance to these activities and therefore, during all kinds of processing, the connection of the gnomes to their homes, i.e. stones or minerals, is temporarily weakened. In such situations the gnomes do not suffer, and it is the duty of their guardian to take care of this. The connection cannot be broken, only weakened. Breaking the connection is tantamount to the departure of the gnome in question to the subtle-material level. It is the responsibility of each guardian to take care of this so that the gnome does not suffer. After treatment, its connection is strengthened again and the gnome can support with its radiation the person who wears the given stone. It is desired that the human being benefits from this, because the advantages that close contact with precious stones gives are invaluable. In this we see the great wisdom of the divine will which regulates such processes.

2.16. Supporting power of crystals and gnomes

That same evening we decided to talk to Iljan and Aljan about their beneficial effects on humans.

Bartosz and Tobiasz: Welcome!

Iljan: I know what you want to talk about. About our good influence on human beings.

Bartosz: What impact do you have on people?

Iljan: I know that what I'm going to say will be intuitive, because I don't have the knowledge in this matter. I like to be around your heart Bartholomew. I feel that I am opening your heart chakra then.

Aljan: I feel the same way. I feel that when you apply us to the chakras, the benefits flow for us and for you. We are probably supporting the healing processes, but unfortunately I don't have the knowledge and can only go by my own experience.

Iljan: I feel that this knowledge is already out there in the world and we don't need to say too much.

Bartholomew: I think I read somewhere that you Iljan can support partner love.

Iljan: And what is partner love?

Tobias: The love of a woman for a man and a man for a woman.

Iljan: I understand, which means you are pairing up, a beautiful thing.

Bartosz: I understand that all gnomes are male forms.

Iljan: On this planet they are all male. I have no knowledge of other planets.

Tobias: In turn, I have heard that you Aljana have the best cleansing properties from negative energies.

Aljan: It probably is, because I feel it is true.

Tobias: Is it worth carrying crystals? I have been carrying for years.

Aljan: We probably have a lot of influence on each other, both us on man and man on us. However, I believe that not everyone can feel the support of our radiation. There are people who are so closed off that they may not experience the benefits of our close presence.

Tobias: When we carry you with us, you enhance our aura, or protection. Yes?

Aljan: As far as I am concerned, with my radiation I am always reinforcing the protection of my environment. Our radiations combine and of course we are influenced by them.

Tobias: Don't gnomes who are in the pocket for long periods of time suffer by being in confinement and darkness?

Aljan: We are not claustrophobic Tobias. Imagine that underground is similar, and the movement of your bodies adjacent to us is a nice change.

Tobias: Do you have to be programmed for a particular task or is it enough to ask.

Aljan: Of course, we can be asked and it's a much healthier form than programming. For me, programming itself, is a subtle form of hypnosis and I don't like it.

Iljan: I remember someone programming me once. It was quite a long time ago, when we were one with my last brother. I fulfilled the expectations of the programmer, but I personally think that there is no respect for gnomes in the process.

Tobias: I think I programmed you once, Aljan.

Aljan: Don't do it again, I don't like it.

Tobias: Sorry, I had no knowledge.

Aljan: Well of course you haven't. Let's forget about it.

Bartholomew: Then what should an effective request to you look like?

Aljan: Simply to express a sincere request and a given intention. For example: Please look after my house while I am away. People don't program us, but simply ask. We are not robots or computers, but living beings.

Tobias: What form of cleansing do you like best?

Aljan: I personally like the sound of the Tingsha bells. It really makes me feel very good to be cleansed like that.

Iljan: I prefer to be washed in cold water and exposed to the sun. It is a form of purification that is good for our energy.

Tobias: Would you like to add anything at the end regarding this topic?

Aljan: I want to say something. Remember people, we are there to support you. Respect us and we will bestow protection on you.

Iljan: I also want to say something. I love people very much and I want to support them. I support you Bartosz and I love you very much.

Bartosz and Tobiasz: Thank you.

2.17. Irmin

I had a day off from interacting with gnomes. On the morning of the second day, a gnome appeared, who, as he described himself, is an old gnome and came to enrich and elaborate on all that we had learned so far. The gnome stated that for the purposes of this book I could call him: Irmin.

Bartosz: Hello Irmina.

Irmin: Hello to you Bartholomew.

Bartosz: What can we talk to you about?

Irmin: First of all, I wanted to point out that I am a very old Earth gnome. This is the third planet on which I experience. We gnomes support and participate in the life of each planet from the beginning of its formation until its dense-material death. We old gnomes have great knowledge and wisdom bestowed upon us by the Light. Through our many experiences our cognition also increases.

Bartosz: Can you say what stone or mineral is your home?

Irmin: It is one of the species of quartz. It is not that important, so I don't need to say more about it.

Bartosz: What can we talk to you about?

Irmin: There are some laws, abilities and gifts that you do not yet have knowledge of, and it is willed by the Light to speak of it. Young gnomes such as Alyan and Ilyan do not yet have full knowledge, so the knowledge that has flowed from conversations with them is residual and incomplete. We old gnomes can give you more knowledge about us.

Bartosz: Do you remember the two previous planets you experienced?

Irmin: One of these planets was a planet from this solar system. It is known by you as 'Mallona'². It was destroyed due to the demise of the human spirits that experienced there. A large part of the gnomes who experienced there as well as the other beings of nature moved to earth.

Bartholomew: Have the creatures of nature experienced the suffering associated with the destruction of this planet.

Irmin: The beings of nature consonant in the will of God were cancelled earlier. They ended their experience in the densest material envelopes and entered the realm of subtle-materiality. Their suffering of planetary destruction would be unjust.

Bartosz: So there were also beings who did not deserve such an act of grace?

Irmin: Yes, they are the ones who have been influenced by the human spirits of Mallona. They have been greatly influenced by the thought forms of human spirits. I, fortunately, am one of those who have been given grace by the Lord.

Bartholomew: Are there fallen gnomes or other fallen creatures of nature on earth?

Irmin: There are, but there are a very small number of them. The fall of nature's creatures is always linked to the fall and influence of man. On earth we have much more protection against this and the vast majority of us faithfully serve the Light.

Bartosz: Thank you for this clarification.

Irmin: I think that's enough for the moment. I have knowledge and cognition that I will share with you in future conversations.

2.18. Other gnome abilities

A little later we wanted to continue our discussions with Irmin. Tobias joined the discussions together.

Tobias: Hello Irmina. It's a pleasure to meet you.

Irmin: Hello Tobias.

² You can read about Mallona and its demise in Leopold Engel's work 'Mallona: Der Untergang des Asteroiden-Planeten'.

Tobias: Irmina, please clarify for us the issue of whether the size of a gnome is related to its maturity?

Irmin: There is no such correlation. A small gnome can be much more mature than a big one. However, there is something to mention that you may not yet know. Small gnomes, once they have reached a certain level of maturity, can increase the form of the body in which they experience. This ability, i.e. the ability to increase or decrease their body, is given to gnomes in order to compensate for what they have lost through their many splits. Such an ability distinguishes us, for example, from the spars, who do not have such an ability. The Lord has graciously offered us this gift, in this way no gnome can resent the Light for having shrunk. This ability is awakened already at a fairly advanced level of maturity for each gnome.

Bartosz: Do you often use this ability or gift?

Irmin: I only use it when it is necessary. For example, when meeting other gnomes.

Tobias: To what size can you zoom in and out?

Irmin: There are limits that I would not be able to cross with the increase and decrease process. I haven't tested this and I wouldn't want to speak in detail about issues that I don't fully know.

Tobias: I understand.

Irmin: I feel that knowledge of this ability is necessary for human beings. That way there will be no misunderstandings when dealing with us.

Keeper Irmina spoke up:

Keeper Irmina: The sizes of one's body that a gnome can reach are also governed by a certain law. Over the course of each gnome's experience, these sizes change, but there are certain limits that even the most mature gnome cannot exceed.

Tobias: Hello Guardian! Is there anything else you would add?

Keeper Irmina: There is another ability we want to talk about. Gnomes can change their form. This is usually a temporary change and, as far as I can tell, a small number of gnomes take advantage of this. Just as people get used to their clothes, gnomes like their most used form. There is an ability to do this and it also needs to be talked about.

Irmin: I don't use it. In my experience it is unnecessary.

Keeper Irmina: Each gnome has a favourite form of its body that it usually uses. It is the form that it has gained through development and this is the form that has the best refining properties of the mineral in question. It is the form that expresses the beauty of the species. Changing form is usually temporary and the vast majority of gnomes do not use it.

Bartosz: Thank you for this clarification.

Keeper Irmina: Many species of natural beings have this gift. Woodchucks probably have it too.

A representative of the spar species has emerged.

Sparer: Yes, we spars also have this gift. However, our original form, which we have gained through development, is rarely altered by us.

Bartosz: Thank you.

2.19. Law of invariability of species

We got the signal that there was a topic to discuss. A being appeared and began:

Gist: Welcome. It is not clear and obvious to every reader that species immutability applies in our universe, as in all of creation. Just as a human, i.e. a human spirit, can never change into an angel, neither can the gnomes of each species change their species. For example, a mountain crystal gnome will always be a mountain crystal gnome and it does not matter whether it experiences on the first planet or on the eighth planet. Any desire or aspiration that tries to deviate from this is an attempt to change the eternal laws of creation and does not resonate with the will of our Creator.

Bartholomew: Are there a lot of beings who are trying to bend this law?

Essence: There are many human spirits who identify with an angel, for example, and there are even some who identify with God. Among earth gnomes, this is unthinkable. If anyone doubts who they are, I might further add that this is determined by what species their embryo was in the beginning. A quetzal gnome, for example, was the embryo of that species in the beginning. Anyone who tries to circumvent this law inwardly feels that he is making a great mistake and is going against the will of God. A human spirit will always be a human spirit, an angel will always be an angel, and a rose quartz gnome will always be a rose quartz gnome.

Tobias: Thank you for reminding us of this issue. I'm sure many people will get a lot out of it.

2.20. Direct impact on dense matter

Tobias took up another topic he wanted to discuss with the gnomes.

Tobias: In the book on the life of Zoroaster³ there was a passage about how the soil gnomes prepared a field for cultivation overnight. This is something I have only encountered among the giants - the builders of the great pyramid⁴.

A soil gnome from my area has appeared.

Soil Gnome: We have such an ability, which we acquire in the process of maturing. However, I do not believe that there is a human being among the present humanity who would deserve such a thing.

³ The book in question is: 'Zoroaster. Life and work of the Forerunner in Iran'.

⁴ You can read about the construction of the great pyramid in the work 'The Great Pyramid Reveals its Secret' by Roselis von Sass.

People are lazy and would like someone else to do everything for them. We serve God and such preparation of land for cultivation would have to be an expression of God's will. Do not expect such a thing to happen quickly, people. You do not deserve it!

Tobias: Do you know which other beings of nature have the gift of directly influencing dense matter?

Soil Gnome: In my opinion, a being that could directly influence dense matter must fulfil two conditions. The first is that the density of matter of which it is composed is adequate. The second is that such a gift is willed by the Light. Beings that fulfil both conditions are few in number. We soil gnomes and giants fulfil these conditions. The knowledge that we soil gnomes and giants can do this is knowledge enough.

Tobias: Is there anything you would like to add?

Soil Gnome: Yes, the truth is. You are one of the few people who have a connection with us. If most people listened to us and served the Light at the same time, then acts of kindness such as preparing a field for cultivation would be commonplace. However, humans have lost their connection with us and I fear that it will still be a long time before they rebuild a relationship with us, the soil gnomes, as well as the rest of nature.

Bartosz and Tobiasz: Thank you very much, especially as you were asleep and were woken up.

Soil gnome. Yes, winter is my time to rest and sleep. I go to sleep.

2.21. Dreams of the gnomes

We decided to ask gnomes about their dreams. How much sleep do they need and do they have dreams. We decided to talk to Iljan and Aljan about it.

Bartosz: Hello friends. How is it with your sleep? Do you need a lot of sleep?

Iljan: I have adapted my sleep rhythm to yours Bartholomew.

Aljan: I have the same thing. It is a diurnal rhythm.

Bartosz: And are there gnomes that have a seasonal rhythm, meaning, for example, they sleep all winter?

Aljan: Soil gnomes have this rhythm, but they probably also sleep in summer, except that they sleep less.

Tobias: Why do you need sleep?

Aljan: It is needed for our densest environment. We simply need a rest.

Tobias: This is new to me... Man sleeps so that his mind may rest⁵. Do you also have a mind?

⁵ Information taken from Abd-ru-shin's work 'In the Light of Truth: The Grail Message'.

Aljan: It is a mind of a different species, more subtle. It is not as highly developed as humans have it. Our thinking is minimal and we act more spontaneously and according to our inner intuition. I don't even know if the verbal form 'mind' fits what manifests in us.

Tobias: So do you have a brain?

Aljan: I have never looked inside my head. I don't know that.

Bartosz: And do you have any dreams? If so, what do you dream?

Iljan: I have dreams. Sometimes I dream about Bartholomew. I like that in my dreams there are a lot of beings that I love. You know Bartosh, I loved you very much.

Iljan's sudden confession touched me and I pressed it to my heart.

Bartosz: I love you too my friend.

Tobias: Speaking of love. I read somewhere that when a person hugs a tree or puts a crystal to their heart, the rhythm of the two beings' hearts synchronise and they start beating at the same pace. Can you say something about this ?⁶

Iljan: I feel that this is true. I always feel great when you Tobias or Bartholomew put me and my house to heart.

Bartosz: And do you, Aljan, have dreams?

Aljan: Our dreams are much more subtle than human dreams and are often clues for us. We can also consciously come out of the body with a higher dream environment if we wanted to and thus connect with a higher guidance. My dreams vary. Recently I've been dreaming of ladies of the roses. They are very feminine and I like to interact with them.

Bartosz: Do you mean flower fairies?

Aljan: Yes. They have beautiful wings and their female form is captivating.

Tobias: But you're not thinking of starting a family, are you? *(Tobias joked)*

Aljan: We don't feel partner love. My family are gnomes formed from the split.

A creature appeared:

The gist: Some gnomes who have their crystals close together, for example, can also feel partner love. This is extremely rare, but nevertheless sometimes happens.

⁶ The information comes from the book: 'The Real World of Fairies: A First-Person Account' by Dora van Gelder Kunz.

Bartholomew: But after all, gnomes are always male forms?

2.22. Partnership among gnomes

A pair of gnomes appeared:

Representative of a pair of gnomes: I just love him more than any other member of my gnome family. We are connected by an eternal feeling. I will always love him.

Bartholomew: Does anyone have a female advantage in your relationship?

Representative of a pair of gnomes: We just love each other more than other family members. Our mentor told us that this is a kind of partner love very rare among gnomes.

Tobias: You both have a male form, is that right?

Representative of a pair of gnomes: My inner femininity blossomed when I fell in love with him.

Bartholomew: I feel the feminine advantage in you, even though you are a gnome, you probably tend towards the feminine and your partner towards the masculine.

Keeper of a pair of gnomes: You don't have to know everything. They just love each other very much. They are representatives of one species. Such partnerships occur very rarely and you are correct in saying that one gnome takes on the male role and the other the female role. Their connection is very strong.

Tobias: Did this female gnome choose the female form at the beginning of her journey?

Guardian of a pair of gnomes: Does the same law apply among essential embryos as it does among spiritual embryos ?⁷

Tobias: I don't know that, but it could probably be different.

Keeper of a pair of gnomes: I don't know that either, but I suspect it may be different. Let love guide them further to reach full maturity. We don't need to know everything. We know that their love is true and, in fact, that is enough.

Tobias: Thank you. Is there anything else you would like to add?

Keeper of a pair of gnomes: Sometimes God even allows a connection that we would never expect. This is an expression of His love for all creatures, creatures who wish to experience a wide variety of experiences. Great is the love of our Lord that He allows this.

Bartosz and Tobiasz: Thank you.

⁷ You can read more about the spiritual germs and the aforementioned laws in Abd-ru-shin's work 'In the Light of Truth: The Grail Message'.

I have to write something regarding this conversation. Partnership among gnomes is so rare that the vast majority of gnomes do not know about it. It is an immeasurable grace that the Creator has allowed this to be written about. During the above conversation, the guardians of Iljan and Aljan disconnected their connection to me. Many gnomes, especially younger ones, are not ready for this knowledge and this should be kept in mind when dealing with them.

2.23. About earthquakes

One of the guardians of the gnomes appeared and wanted to talk about it.

Bartosz and Tobiasz: Hello.

The Guardian: I have a message about earthquakes.

Bartosz: We are listening.

The Guardian: All earthquakes are initiated by essential natures. The initiators are the high essentials of the essential circle. These high essentials always resonate with the will of God. This will is transmitted lower and lower and reaches down to the gnomes of the sectors concerned. There are also the essentials who descend and, together with the gnomes of the sectors concerned, become the executors of the willed earthquake. No being resents the Light for the fact that a given earthquake is initiated. Only the human being who does not resonate with the will of God resents what touches his world.

Tobias: Bartosz and I are aware that people have closed themselves off to the warnings of natural beings regarding natural disasters such as earthquakes. What would you like to say to people in this regard?

The Guardian: It is a great sadness for all the essentials that man has so departed from the Light that not only can he not open himself to the warnings, he is simply not worthy of them. It is also important to note that any natural catastrophe initiated and executed by essential natures is just. Therefore, every person directly affected by a disaster is obliged to realise that he is actually reaping the fruits of his past deeds in the effects of the disaster.

Bartholomew: I understand that every earthquake and every disaster resonates with God's will. Are there any exceptions to this?

Guardian: Everything that is done by us, i.e. the initiators and executors of the disaster in question, resonates with the will of God. There are no exceptions that deviate from this.

Bartosz: Do you have any knowledge of future disasters that are expected to hit the earth? I am referring to so-called apocalyptic events.

The Guardian: There are many human beings who will receive warnings relating to the events you have mentioned. The two of you, however, are not called upon to make such announcements. We are aware that only a handful will be able to believe in the authenticity of the warnings in question, however, I know that the Light is planning such actions.

Bartosz: Is the timing of these events imminent?

Keeper: I know that from a human perspective this is a very close time. However, I cannot say more as you are not called to do so. The authenticity of the warnings will show people who was telling the truth and who was not.

Tobias: I would now like to address the readers of this book. Keep the words of the Guardian in mind, as they are very important and pertain to the time to come.

The Guardian: Thank you for listening to me. I have conveyed the truth to you and I have nothing more to add. Be well and serve the Lord.

2.24. Gnome cities

We decided to summon Irmin to talk to him about gnome cities.

Irmin: A warm welcome to you.

Tobias: Welcome. Could you say something about the gnome cities?

Irmin: There are many cities within the earth. They are our meeting places for our elevation and faster maturation. We meet to exchange experiences, to possibly ask the older gnomes how we can better fulfil our daily duties. We love our cities, and therefore our meeting places. They are places under constant care and constant protection.

Bartholomew: Are there gnomes living in these towns, or do they just meet from time to time?

Irmin: Each city is adapted so that a particular gnome can spend several days or even weeks in it. I currently attend two cities where I meet gnomes of a similar degree of maturity. It was a given degree of maturity and a willingness to co-experience their earthly experiences that once created the original gnome cities on earth.

Bartosz: We know from Iljan and Aljan that they have meeting places where members of a particular gnome family meet. In that case, do the gnomes' cities meet members of one family, or do you meet gnomes of other species?

Irmin: There are such and such cities. In one city I meet members of my own species and in the other with gnomes of other species where the decisive factor of our connection is similar maturity.

Tobias: Can you tell us what such cities look like?

Irmin: They are images of cities in a vital circle. They are very beautiful. There are many buildings that embody a particular species of gnome.

Bartosz: What material are the buildings made of?

Irmin: These are not buildings made of the kind of materials one builds on earth. They were created by the creative intention of the higher gnomes, who entered the subtle densomateriality just to build

them. They are subtle luminous structures of high aesthetic value. I was recently in one such city for almost two weeks. That's how long I can be away from my home.

Tobias: Does every city have its own ruler?

Irmin: There are leaders of a city. Every city has several such leaders.

Bartosz: Are the leaders gnomes or guardians?

Irmin: The guardians look after and protect the town in question, while the leaders are the old gnomes.

Tobias: What is life like in such cities?

Irmin: We have numerous meetings whose main purpose is our elevation. All the interactions within the city have the task of making us more and more mature.

Bartosz: Do young gnomes also meet in such cities?

Irmin: The young only have family meeting places and no knowledge of more advanced cities.

Tobias: Can a man with his subtlety visit such a city?

Irmin: I believe it is possible, but in the cities where I am a visitor, there have never been people. I feel that such a person would have to have a special permit to be in the city.

Tobias: These cities are underground, does the sun shine there?

Irmin: We can see underground and do not need an additional light source. The gift of seeing underground is also possessed by all the guardians of the gnomes. The subtle densomateriality in which the gnomes experience has slightly different laws than your densomaterial world. That is enough for today. Such cognition about the cities of the gnomes is completely sufficient for man.

Bartosz and Tobiasz: Thank you Irmina.

2.25. Earthquake movements and continental drift

We decided to summon a being who could speak on the above topics. A being appeared who is one of the guardians of the earth.

Bartholomew and Tobias: Hello, what can you say about mountain movements?

The Guardian: Mountaineering movements are initiated by titans and executed by earth giants.

Tobias: Titans of Valhalla⁸ ? Or any earthly ones?

⁸ Olympus.

Keeper: These are the titans of the Essential Circle who look after the earth. Many times they come down to earth to instruct the earth giants in their tasks. They have great power and great strength. Their radiation is powerful and influences the giants.

Bartosz: Do gnomes also have tasks related to the formation of mountains?

Guardian: Individual gnomes align themselves with the will of the titans. The will of the titans resonates with the will of God. The giants look after those gnomes who take an active part. Everything joyfully co-operates and cooperates for the purpose of achieving the image of the earth as desired by the Light. The movements of the mountains are not accidental, but planned by the Light. What man does not understand is that nature is consciously directed by conscious beings who are always in harmony with the will of the Supreme.

Bartosz: Do titans also initiate so-called continental drifts?

Guardian: These movements are initiated by another species of powerful essentials from the vital circle. The movement you have called the drift of the continents is planned from the very beginning and there is no coincidence in it. The high essentials of the vital circle send their radiation down into matter. The performers are also the essentials that are at the earth level, that is, in the subtle dense materiality. You do not know this species of essentials, but it is enough for you to know that there are beings who initiate and perform this. There are many species of the essential that humans do not know and may never know. Everything that happens in nature, every even the smallest earthly process is initiated and performed by the essentials.

Bartosz: Thank you for these explanations.

The Guardian: I am honoured to have been able to pass something on to the world. The knowledge I have given today is entirely sufficient. Let man bow before the forces of nature, which always harmonise with His holy will.

2.26. Gnome leaders

We decided to talk to Irmin about the gnome leaders.

Bartosz and Tobiasz: Hello Irmina. You wanted to say something about the gnome leaders.

Irmin: There are many gnome leaders. Each species of gnome has its own leader. For example, the rose quartz gnomes have their own leader. They are very old beings who take care of the gnomes of their species. They often support them with a good word and point out what the gnomes in question can do better. Each leader has a circle of so-called trusted elder gnomes. Each of these trusted gnome elders has their own tasks and their own region of operation, in which they take care of the proper development of the species.

Tobias: Where are these leaders based?

Irmin: These are ancient cities deep underground.

Bartosz: Does every leader of a species have a city?

Irmin: I haven't been to the cities, but I think the leaders of each species create central cities, which then affect the particular species of gnomes. It's a place from which a particular leader radiates to their species and so the gnomes can feel supported and grow faster.

Bartholomew: Are there any more leaders?

Irmin: Above the leaders of the different gnome species are four leaders, who are based in the earth capital of all gnomes. One of these leaders is the leader of all mineral gnomes, the second of rocks, the third of all soil gnomes and the fourth of free gnomes, i.e. cave or mine gnomes, for example.

Bartosz: Do these four leaders also count as gnomes?

Irmin: They are simply important leaders who influence the gnomes that report to them. Above the four leaders and leaders is our Lord, or King of the earth gnomes.

Tobias: For example, does one of these four leaders, let's say minerals, also have its mineral refining?

Irmin: He is the governor and is not bound to any place. These four leader beings are very powerful beings who are subject to our earthly king.

Tobias: Is there anything you would like to add?

Irmin: The capital of the earth gnomes is a very elite place and I've never been there, but I'm supposed to get there today to report back to you tomorrow. I am very touched, it is a great honour for me. I received this award mainly thanks to you. Thank you for that.

2.27. Pyramidal structure of gnome guardians

The next day we did not find time to talk to Irmin. On the following day we decided that we would discuss the issue of their hierarchical structure with one of the caregivers before talking to him.

Bartholomew and Tobias: Hello, you have come to talk about carers.

Guardian: I am a representative of one of the higher castes of gnome guardians. I mainly look after rose quartz gnomes such as Iljan. I am a senior guardian, but there are many higher ones above me who support me in my activities.

Bartosz: Is the structure of carers pyramidal, with one leader at the very top?

Guardian: Yes, your understanding is correct. Both sector and genre guardians have a pyramidal arrangement with one leader at the top. Just as the earthly gnomes have their leaders who are also gnomes, all the guardians of a genus have a main leader to whom they report. Each higher guardian is half a step above the one below. The structure goes up half a step higher, all the way to the proper leaders in the vital circle.

Bartholomew: So the highest sector guardian has the whole earth under him?

Guardian: Yes, and his lower counterparts have given sectoral guardians under them, down to those closest to the earth gnomes. We do not want to go into too much detail, but we can still add that in the direct line we are subordinate to Zeus, who is the highest essential in the circle of essentials.

Bartosz: There are many rungs in this hierarchy?

Keeper: This depends on the intensity of the processes in the sector and the current needs. Sometimes the number of guardians and tiers is increased in such a way that the structure is not disrupted. Also the number of guardians can be increased in a given sector.

Tobias: What I understand is that looking upwards from the terrestrial level, we first have the care of the gnomes on the subtler denser material levels, then on the different subtle material levels until we reach the levels of the vital circle.

Caregiver: It is fair to say that this is the correct picture, but it should be noted that many higher caregivers may temporarily go below to discuss further processes in the lower earth regions. They too can initiate and support these processes. It is quite conventional what you have presented, because there is a lot of life in our structures and very often a lot going on in a short period of time.

Tobias: You have given us a lot. Is there anything else you would like to add?

Keeper: I think what I have presented will give you sufficient insight into our pyramidal structures. Both the gnomes and the guardians have their own structures, which have been formed by the action of God's laws. Everything is ordered and if something does not resonate with these laws, it is temporarily pushed away until it resonates again. The understanding I have given you is simple and completely sufficient for human beings.

Bartosz: Thank you.

2.28 The capital of the earth gnomes

We decided to talk to Irmin about his visit to the capital of the earth gnomes.

Bartosz: Hello Irmina. Have you been to your earthly capital?

Irmin: Yes Bartosz. Great joy beats from my heart because I was there for the first time. It was a great honour for me and it made me emotional.

Tobias: Describe the city to us.

Irmin: It is very deep underground. I have never ventured that deep before. The city is under the constant protection of high guards who are not gnomes. One of the guards opened the gate for me and showed me around. The city is built on a circular plan with a light wall around it.

Bartosz: Is the wall made of light?

Irmin: I saw it as glowing. Probably this is related to the protection that Light has given to the city. All the buildings shine radiantly and have a connection to the higher levels in the form of a stream of

light that flows onto them. I counted dozens of such buildings there. They are inhabited by gnomes who are not connected to any other place, so free gnomes. There is much to tell, but you would have to see for yourself.

Bartholomew: Were the luminous forms of the buildings and the wall in one colour?

Irmin: These luminous buildings and wall are not one colour. My understanding is that they change their colour as required. This colour is not fixed and is not imposed.

Tobias: What colours prevailed?

Irmin: The predominant colours were golden or close to golden. The most golden light was in the central building, which is our king's castle. The castle has a huge connection to the high levels. The connection is a beam of golden light several metres in diameter flowing into it.

Tobias: Amazing! Who would have thought there were such cities underground.

Irmin: I was able to speak to one of the four gnome leaders. He was the leader of all the mineral gnomes. A very lofty and pure being. He spoke a lot about my development, how much I had already experienced and that he was rooting for me to continue on my path. He also greeted all the people and said that it is a great joy for him that you are expanding your knowledge about gnomes. I had never spoken to such a noble being before.

Tobias: What else would you like to tell us?

Irmin: In fact, it was thanks to you that I was able to visit this beautiful place. My job was to report back to you and make people aware that there is such a place. I feel that I have fulfilled my task.

2.29. King of the earth gnomes

After a conversation with Irmin, a being appeared who had been called to speak about the king of the earth gnomes.

Bartosz and Tobiasz: Hello, tell us something about the king of the earth gnomes.

Being: In the capital of the earth gnomes, the king of the earth gnomes officiates in his luminous castle. He has a long beard, which adds to his nobility. His features are mature, but he is not old. A spark of eternity shines in his eyes. His dignity is known to all gnomes. He embraces all earthly gnomes with his love and serves the Light faithfully.

Bartholomew: I have heard that this is his eighth planet. Is that true?

Being: Yes this is the eighth planet he experiences. The first one where there are humans.

Tobias: Was he also king of the gnomes on the other planets?

Gist: Not on all of them. On the first three he learned. This is the fifth planet where he is king of the gnomes.

Bartholomew: Since when has it been on the ground?

Essence: From the beginning of its formation. This knowledge of the king of the earth gnomes is sufficient. It is not wanting to write more about him.

2.30. Paradise of the gnomes

To conclude our discussions, we wanted to introduce the destination of all gnomes' wanderings, namely their paradise located in the vital circle.

Bartosz: Hello, we wanted to hear something about the paradise of all gnomes.

Gist: The message to the world is simple. The paradise of all gnomes is in the circle of materiality. After wandering in the matter of the world and reaching full maturity, the gnomes reach their paradise. Each species has its own region in the circle of materiality to which it aspires. Everything there is orderly and harmonious.

Bartholomew: Are there guardians of the gnomes there too?

Gist: Yes, there are many guardians who come down to the paradise gnomes from their higher level. Even in paradise there is guardianship and a hierarchy of sorts.

Bartholomew: Are there kings of individual gnomes there?

Essence: There are many leaders there. Gnome kings who have served in the material realms and have reached full maturity can also continue to serve as kings there. Everything there is much more luminous and radiant than in the material realms.

Bartosz and Tobiasz: Thank you for your words.

3. Beings of fire

3.1 Introduction to the world of fire beings

We decided to talk to salamanders, or fire creatures, about how they exist:

Bartholomew: Hello creature, who are you?

Being: I am a being of fire. There are a lot of us here.

Tobias: Where here?

Essence: on earth and throughout the Lord's creation.

Bartholomew: How do you manifest yourself?

Being: We are in fire, magma or lava. There are two types of fire beings. One that manifests in fire, but also a hot, glowing, liquid state like magma just now. Our centre here on earth is in the core of the earth. That is where our world is.

Bartholomew: I understand that if a fire is created somewhere on the ground, you immediately appear in it?

Being: Yes, you could say that we immediately appear by the fire because we are attracted by it. Our bodies are made of subtle dense materiality.

Tobias: Can you move beyond the fire?

The essence: we are heated by it and where its heat emanates, we simply dance and ennoble it. Our aim is to refine the fire and fuel its power.

Tobias: Can you be called salamanders?

The gist: You can, but mainly salamanders are referred to as the species of us that are around the fire.

Tobias: So you carry a different name in the magma?

Being: Yes, but I don't want to use it because it is very little known in the world. You can use the term salamander for all fire beings. We allow it.

Bartosz: Is there anything else you want to add to the beginning of our contacts?

The gist: I think this is enough to start with. Let it inspire in you the desire for further knowledge.

3.2 Conversation with a salamander

After a few days, we continued to talk.

Salamander: We are directly connected to the core of the earth. That's where our kingdom is. It is as if we are connected to it by such an umbilical cord. As long as the flame is burning, we dance in it and refine it. When the flame goes out, we return to our centre.

Bartosz: Are there a lot of you species as beings of fire?

Salamander: Yes, the essence of a particular species, or a particular type of salamander, is allocated to a particular fire. It all depends on the strength of the particular fire. With candle flames there are small salamanders, with small fires there are larger ones and with large fires there are very large ones. Each salamander embodies the strength of a given fire and ennobles it.

Bartholomew: When a flame goes out, do you die?

Salamander: You could say that. When a flame goes out, then we go away to our headquarters. We also just go out and wait at the headquarters for our assignment to another flame.

After a moment, she added.

Salamander: we are assigned to given earth flames through attraction. Everything is so perfectly arranged that each salamander ends up where it is supposed to end up in order to refine a given flame.

Bartholomew: Do you feel suffering when a particular flame goes out?

Salamander: We don't suffer that much, if you ask us. We are just disappointed when a given flame dims. We would like to dance like that with a given flame for as long as possible. We love it.

Bartosz: Are you male or female beings?

Salamander: With us there is a slightly different concept of masculinity and femininity. I feel, for example, that there is a balance of femininity and masculinity in me.

Bartosz: Indeed. I feel both masculinity and femininity in your voice.

And added.

Bartosz: There is a lot of childishness in your voice.

Salamander: Most creatures of nature have a lot of childishness in them.

He added.

Salamander: That's enough for the moment. Think hard about us and questions are bound to arise, which we will be happy to answer.

3.3 Cities of fire creatures

Bartosz: Hello, you said yesterday that your sort of headquarters is the core of the earth. Can you say something more about that?

Salamander: The nucleus of the earth at the level of subtle densomateriality is full of life - our life.

Tobias: Do you have cities there?

Salamander: There are many clusters of salamanders of different species. They can be called cities of fire creatures.

After a pause.

Salamander: Every species has a region that is its home. We're not there all the time because we really love refining the fire on the surface of the planet. You could say that these are our external missions that we go on with joy.

Tobias: Do you, like the gnomes, have a king?

Salamander: Yes, we have a king. The king of the earthly fire beings is based in the central city. It is a beautiful city about which our songs proclaim. I, unfortunately, have never yet been there. To be, at least for a moment, in this city is a great honour. We love our king very much.

Bartosz: Are your smaller clusters, which are also cities, also beautiful?

Salamander: Their beauty is transient, because it is still matter, albeit more subtle matter. Our cities are images of the cities of the circle of materiality. The eternal realm of beings of fire takes place there.

Bartholomew: Can we call you Milsan for the sake of conversation?

Milsan: Yes, I like the name. For the sake of conversation you can call me that.

Tobias: You are talking to us and there is no fire with you. Can you move beyond the fire?

Milsan: I have special protection for the sake of our conversations. I am connected by a beam of radiation to my city, my home. Anyway, older salamanders can also move this way, but the connection to their city must still be maintained.

Bartosz: Could you describe the city you call home?

Milsan: It is a beautiful city full of sublime fire. It has such headquarters, which we call our homes. When we enter such a headquarters, which is a huge flame, we feel wonderful. Usually after an external mission we enter such headquarters.

Tobias: And can you feel the heat of the fire?

Milsan: Not in the same sense as humans. We feel the life that is in every fire. We are directly connected to that life. We love the fire, it is our life.

After a pause.

Milsan: Each of our house cities is very sublime, but the most sublime is the central city of our king. There is a lot of sublime fire in the king's city, which is a connection to the higher levels.

Bartosz: That's enough for the moment. We will return to the conversation soon.

3.4 Hephaestus

Bartosz and Tobiasz: Hello Milsan. What would you like to share with us today?

Milsan: There are many topics I want to talk about. The main task of the beings of fire, like the other beings of nature, is to transform the planet into the image willed by God.

After a pause.

Milsan: Through our guidance, we know what His will is and we do it. We love our service to the Light in this way. We are grateful that we can do this.

Bartholomew: How did you come into being? How is the essence of fire born?

Milsan: Everything that concerns all beings of nature has its origin in the vital circle. Our Lord and supreme superior is Hephaestus. When Hephaestus strikes his anvil with a hammer, vital sparks are created, which are our essences. Hephaestus always knows what the demand of the beings of fire on the planet is and adjusts the power of his strike to this demand.

Bartosz: But Hephaestus is not your earthly king we were talking about?

Milsan: No, each planet has its own king who is subject to our Lord, namely Hephaestus.

Bartosz: I think Hephaestus is mainly known for his lightning bolts, which he produces for Zeus. That he also forges your sparks, I didn't know about.

Milsan: This is new to many, but it is the truth.

Tobias: Do you know what Hephaestus looks like?

Milsan: I have a beautiful image of him, a middle-aged man with a beard. In his right hand he holds a hammer with which he strikes against an anvil. However, I think the image of him that we can see is different. Hephaestus probably adapts his appearance to the need of the moment.

After a long while.

Milsan: I wanted to add something else. Calling Hephaestus a god, as well as referring to other powerful essentials in this way, is out of place. They are powerful beings, but not gods.

3.5 Appearance of salamanders

Tobias: Hello Milsan! We wanted to talk today, about what do you look like?

Milsan: Yes, I am ready.

And after a while he began.

Milsan: There are many species of us that differ in appearance, but I can describe my appearance.

Milsan was given a mirror by the guide.

Milsan: I have human legs. Although there are salamanders that have lizard ones.

Tobias: And what species of salamander are you? I ask because we don't know that.

Milsan: I am a minor salamander. I feel best around a candle flame, where I usually dance.

And he began to describe his appearance.

Milsan: I have red fiery hair and reddish skin. My aura is fiery, it merges with the aura of the flame I dance by.

Bartosz: Do you have clothes?

Milsan: Yes, I have clothes. It is a tunic in red. She looks wonderful when I dance.

Bartosz: And do you have shoes?

Milsan: Forgive me, but I don't know what shoes are.

Bartosz: People cover their feet with them.

Milsan: I already know what it's about. No, I don't have shoes, I don't need them.

Bartosz: And do the larger salamanders look different?

Milsan: Yes. There are some that have lizard legs among them.

Tobias: Describe your face to us.

Milsan: I think it's quite skinny. My eyebrows and hair are fire red. Human ears, which is standard. Lips red, but so pale red. Eyes the colour of fire. I'm a beautiful creature. Thank you for the mirror.

Bartosz: And is your hair long?

Milsan: Yes, I have them up to my shoulders. They give me a real charm. I love my look.

Tobias: Why don't you say something about salamanders that have lizard legs? What species are they? Are they larger salamanders?

Milsan: I don't know all the species, there are a lot of them, but I have encountered fire creatures with legs like you are talking about. I think they are fire and fire creatures, and maybe magma creatures as well, but I don't want to state that because I could be wrong.

Bartholomew: And when you dance by the flame, do you do it in the air, that is, floating, or do you touch the candle with your feet?

Milsan: Sometimes I jump for joy, to do this I bounce my feet off the ground, which is the top of the candle, but generally I float in the air dancing and twirling. I love doing this. In this way we ennoble our surroundings, which is a living fire.

3.6 Caretakers of creatures of fire

We decided to talk to Milsan about the care of fire beings.

Bartosz: Hello Milsan! Do you have guardians? Is it similar to the gnomes?

Milsan: Yes Bartholomew, the guardians support us on our path to maturity. It is just like with gnomes. We have sectoral guardians and species guardians. The system is the same as it is with gnomes and can be called pyramidal. I have, you could say minimal influence on the sector, also I only have contact with the species guardian. I am a small species salamander refining the candle flame.

Bartosz: Are the sectors you are talking about underground or above ground?

Milsan: Wherever there is magma and fire of any kind, there are sectors for which given guides are responsible.

One of the guardians: Every magma, before it cools down, has creatures of fire in it. When the magma cools, the refining role is taken over by the gnomes.

Tobias: Are you assigned to any specific areas? E.g. only to candles in one city?

Milsan: Generally, I am very often at your house.

Milsan's Guardian: Yes Tobias, your understanding is correct. There is an area where the field of action has a particular salamander.

After a moment, he continued.

Milsana Guardian: The highest guardians are powerful beings and, through the tier or pyramid system, have insight into all earth processes. It is important to remember that all guardians of fire

beings, as well as the fire beings themselves, often work with the guardians of the other elemental beings. The processes willed by the Light are often very dynamic and require a great deal of activity.

Tobias: Does every carer also have a carer?

Milsan's supervisor: Each has a supervisor who is responsible for a wider area: a sectoral area or a larger number of salamanders of one species.

Bartosz: How many species of salamander are there?

Milsan's Guardian: There are several thousand species on earth and another several thousand or even more in the sun. I have no certainty.

Bartosz: We will talk about creatures in the sun on another occasion. I think we have exhausted today's topic. Tobias: Anything else you want to ask?

Tobias: Maybe add something at the end.

Guardian: Every being of nature has a guardian. Caregiving is a beautiful gift of Light to all beings of nature. We love to care for our charges. Everything has a purpose, which is to ennoble both each individual and all of creation.

Milsan: I feel that I have already fulfilled the task. More salamanders will come to you, older and more mature, who will expand your cognition and what I have given.

Tobias: Thank you!

Bartosz: Thank you Milsan!

3.7 Alsan

A new interlocutor has emerged who has expressed a wish to be called Alsan.

Bartosz: Hello, you've expressed a preference to be called Alsan. Can you say something about yourself?

Alsan: I am an older salamander than Milsan. This is the second planet I experience. I am a salamander involved in smaller and larger fires. Call me Alsan.

Tobias: Hello, have you experienced on Mallon ?⁹

Alsan: Yes, we beings of fire participated in its destruction. After our work of destruction, which was willed by the Light, was accomplished, we were transferred to the earth.

Tobias: And how was she destroyed?

⁹ You can read about Mallona and its demise in Leopold Engel's work 'Mallona: Der Untergang des Asteroiden-Planeten'.

Alsan: It was a tremendous pressure bursting her from the inside.

After which he added.

Alsan: This was an event of great magnitude and I am glad I was able to participate.

Bartosz: I just dreamt something like that today.

Alsan: I think this is not an accidental dream. We beings of fire are taking part in the last act of many planets, the act of destruction.

Tobias: Many beings, including human beings died then. How do you beings of fire look at the fact that fire, like anything, also destroys?

Alsan: Tobias you need to know about the priority that guides us. Every being of fire has the fulfilment of God's will as its first priority. The fact that people suffer as a result, for example, is practically irrelevant to us. If the people on Mallon had served the Light, the destruction of the planet would never have occurred.

After a pause, he added.

Alsan: Of course we are sad to see people fall, but our priorities are different.

Tobias: I guessed your answer. I wanted that comment to be in the book.

Alsan: Unfortunately, fire has a bad name and people are afraid of fires, for example, but people should know that fires also resonate with our Father's will. Therefore, humans should respect the elements, as well as the beings that are anchored in them and share in the greater plan of Light.

He added.

Alsan: If people deserved warnings, they would always get them on time and, for example, they could move to another part of the globe quickly enough.

Bartosz: Alsan, are you an old creature of fire?

Alsan: I think I'm a middle-aged fire being and I still have a lot of experience ahead of me.

Tobias: How long does it take for a salamander to reach full maturity and return to the vital circle?

Alsan: It depends on a lot of factors. Many of us are not even aware of the goal you mentioned, we don't consider it on a daily basis. I think maturity can be achieved even on one planet if the duration is long enough, but probably if I say four or even five planets we would have to experience to fully mature would also be correct for many of us. I speak intuitively because I don't keep statistics.

Bartosz: What does it mean to be a mature salamander?

Alsan: To be a fully conscious being, noble and knowing what is appropriate. A fully mature being always resonates with the will of God and does so spontaneously and intuitively.

Bartosz: A beautiful answer. You have a lot of wisdom in you.

Alsan: Thank you Bartholomew. We enoble and fuel the fire and you can be noble in that too.

Tobias: Let us conclude for the moment. We are pleased to meet you Alsan!

Bartosz: Thank you Alsan. We hope to have fruitful conversations with you!

Alsan: Thank you.

3.8 Incidence of fires

We decided to talk to Alsan about the randomness of the fires.

Bartosz: Hello Alsan, you talked about being the Salamander responsible for fires minor and major. Can you say something more about that?

Alsan: Yes, together with the wind beings, I am responsible for the direction in which the fire spreads. I have many tasks that involve fuelling the fire.

Tobias: So the areas where there are fires are not random?

Alsan: No fire is accidental. The people affected by the fires fully deserve it. Fires are guided by God's will and it is important to remember this.

Bartosz: And arsonists? Are arsonists also willed by the Light?

Alsan: Every arsonist incriminates himself and it is important to remember that. He acts to the detriment of his neighbour, but even such a fire is anchored in the law. If it spreads more, it must also be recognised as the will of God. However, the man who sets fire cannot be called a doer of the law. He establishes his negative fibres and at the same time provides an opportunity to resolve the karmic fibres of those who have suffered.

After a long moment, he added.

Alsan: We see in this case the wisdom of the Creator.

Tobias: What about creatures other than humans? Many trees lose their homes through fires - trees.

Alsan: Yes, I am aware of that. Nature is alive and the element of fire gives suffering to many beings. Such suffering is a test of the strength and humility of each being. A mature being will recognise such fire as a proper consequence of God's will and will accept the loss of its home, for example. An immature being, on the other hand, will rebel against what it has experienced and thus fail the test that life brings.

Bartholomew: Do you beings of fire not feel compassion for the suffering you cause?

Alsan: If we felt sorry for every suffering we cause, there would never be a fire.

Bartholomew: After conversations with you, a harmonious picture of the whole of creation emerges before my eyes, in which there is no room for coincidences.

Alsan: This is a correct sentiment Bartholomew. People need to understand and learn to acknowledge God's will. Randomness in creation does not occur.

Bartosz: I think we can conclude. You've shown us a lot in this conversation. Thank you!

Alsan: Thank you.

Tobias: Thank you too.

3.9. Volcanic activity

Tobias: Hello Alsan, today we want to talk about volcanic activity.

Bartosz: Hello, what can you say about this activity?

Alsan: Hello. First of all, as you may have already guessed, there are no coincidences in such activity. Every volcanic eruption is planned well in advance and many beings of nature participate, including beings of fire.

Bartosz: Do you warn people about such an event?

Alsan: It happens extremely rarely, but there are people who get warnings. Humanity in general does not deserve one.

Bartholomew: Will there be more volcanic eruptions in the present, and therefore the end times?

Alsan: Yes, many eruptions are already planned and inevitable. They will increase in number over time. However, the two of you are not appointed to give warnings.

Bartosz: Will there be people who receive warnings?

Alsan: It all depends on the scale of the event in question. As far as I can tell, humanity will receive information about the biggest eruptions. Also, it is important to be vigilant and take into account possible warnings.

Tobias: The gnomes also pointed this out to us regarding earthquakes. I think these are important words.

Alsan: Yes, but the two of you are not appointed for that purpose. Your task is quite different.

Bartosz: Do you have information on when the biggest eruptions will occur?

Tobias: Do the creatures of nature know the exact time of these events, or roughly?

Alsan: I am more or less aware, but I am not allowed to talk about it.

And after a moment he added.

Alsan: I am not called to talk about it either.

Tobias: I think we humans need to be extra vigilant. There have already been many warnings that turned out to be false. The darkness probably wants these true warnings to be laughed at and dismissed.

Alsan: Yes Tobias. The time we are talking about is very close and you have to be constantly vigilant not to miss the warnings.

Bartosz: What is the role of magma salamanders during eruptions?

Alsan: They are tasked with stoking the magma and directing it to given locations.

Bartosz: I think that's enough of our conversation.

Tobias: Maybe you can add something at the end Alsana?

Alsan: Be aware, people, that volcanic activity is anchored in God's will. Even in the smallest eruption there is no coincidence. Creation is a harmonious creation and produces just fruits also in events such as volcanic activity.

Tobias: Thank you Alsana.

Bartosz: Thank you.

Alsan: Thank you.

3.10. Alsan on his understanding of the world

Bartosz: Hello Alsan. You wanted to show us today what kind of understanding you have of the world. We are listening.

Alsan: My understanding of the world is very simple. We are all children of creation, and as these children we have a responsibility to ensure continuous spiritual advancement.

Bartosz: Spiritual advancement?

Alsan: Yes, to advance is to continually rise higher in creation, to be a more mature being who gains an awareness of who they are, what they are for and where they should be going.

Bartholomew: And where are you going Alsan?

Alsan: I want to meet those I remember from my youth. They have already reached full maturity and do not need to experience here where I am, which is on material levels.

Bartosz: Do you have a connection with them? I understand that they are fire beings close to your heart.

Alsan: I have no communication with them, but I know they are waiting for me in the circle of significance. I love them very much.

Tobias: Like the gnomes, is it possible to talk about family in your case?

Alsan: We don't cleave like gnomes. Everyone is an individual, but we have many bonds between us, which I call family bonds. There are many wise beings of fire that I hold in high esteem, and there are some that I miss that I have mentioned.

Bartosz: And tell me Alsan, how often do you appear on the outdoor set, then, when you have a mission?

Alsan: The older the creature, the less often it has missions. E.g. Milsan ennobles a candle flame even several times a day. I have gaps in missions that count in years.

Bartosz: So what do you do for a living?

Alsan: I am refining the city I live in. I have my house burning like a huge lantern, I have a connection to the higher levels in it.

After a brief pause.

Alsan: I also have numerous friends. Fire beings also form communities. We also have the leader of our city, who is very old and has the purest guidance. He decides who goes on a particular mission.

Tobias: Are you not talking about the king now?

Alsan: Every city has a leader. We are held accountable, but mostly symbolically. To hear a 'good job' from one's supervisor is a great compliment that everyone wants to earn.

Bartholomew: And does your appearance resemble a man on fire?

Alsan: Yes, you feel my appearance very well. I am permanently connected to the flame that I am.

After which he added.

Alsan: You too are flames, except that you are spiritual.

Tobias: And do you have lizard legs?

Alsan: I have lizard legs on missions and human legs in everyday life. That's how I happen to change my form during missions.

Bartosz: And do you have any more activities in the city?

Alsan: We have of course, but we also want to keep our secrets. Not everything people need to know about us.

Bartosz: Thank you Alsan for this interview. You are an interesting being.

Alsan: Thank you. I have grown very fond of you.

3.11. The role of carers

The next day we decided to talk to Alsan about the role of carers.

Bartosz: Hello Alsan.

Alsan: Welcome.

Bartholomew: I understand that when you receive assignments or missions outwardly from your city leaders, your sector guardians then make sure that everything is in line with God's will.

Alsan: Yes, caretakers oversee and make sure that everything resonates with the higher plan in which God's will is hidden.

Bartholomew: Fires are rare in our country. What do sector supervisors do when they don't occur?

Alsan: Caretakers are usually involved in planning their sector so that in the future it is a picture of what God's will wants. I think they often plan this with the guardians of other elemental beings.

Bartosz: I wonder if it actually takes that much time. I suspect they have a lot of free time.

Alsan: I wouldn't go so deeply into the caregivers. I suspect they have numerous activities that elevate them. Then again, sector guardians aren't as plentiful with us as they are with gnomes, for example.

And after a while he said.

Alsan: Sometimes when there is a fire in a sector, then there is a full mobilisation of the caretakers. They usually prepare for such mobilisation for a very long time.

Tobias: Is the whole planet divided into sectors? Are there perhaps places that are not included e.g. a place where fire cannot occur?

Alsan: Tobias, there are caretaker sectors wherever fire can occur.

Tobias: I understand. It's a huge field of action. How extensive can one sector be?

Alsan: From what I can tell, it can stretch for many kilometres. Besides, the caretakers of neighbouring sectors often help during fires. Also, everything works together in the chord of God's will.

Bartholomew: And what do species guardians do, because from what I remember, you also talked about such.

Alsan: They take care of the development and refinement of the different species of fire beings. They also pay attention to the various processes that we need to initiate on the path of our development.

After which he added.

Alsan: But I don't want to go into detail, as the overall picture will suffice for you.

Tobias: I think that is enough. Is there anything you would add at the end?

Alsan: There are sector caretakers, species caretakers and individual city leaders. I would like to say more about our leaders in the next conversation. Their role is invaluable.

Bartosz: Thank you Alsan.

Tobias: Well Alsan! We have an appointment to talk about leaders.... Thank you.

3.12. The role of leaders

And here is a transcript of the conversation about leaders.

Tobias: Hello Alsan! As agreed, today we are talking about the leaders of fire beings.

Alsan: Yes, there are leaders of fire beings. Every species has a leader.

Tobias: Are they city leaders?

Alsan: Yes, also. They are the cities of the individual species. Also, the leaders of the cities are already the leaders of the individual species of fire beings. They report to the even higher leaders of the individual species.

Tobias: Tell us more about them.

Bartholomew: What is their role? What are their tasks?

Alsan: They know what tasks await members of their species and they delegate these to lower superiors. The information goes all the way down to the would-be performers who are required to undertake the task or mission.

After a moment, Alsan added.

Alsan: It is a hierarchical system.

Bartosz: And how many species of fire beings are there?

Alsan: I think you have to count them in the thousands. As you can see, there are a lot of us.

Bartosz: Is there anyone else above the leaders of the various species, or is there a king of the fire creatures straight away?

Alsan: There are a few more superiors. I think there are four, and above them is the king.

After a long while.

Alsan: I have just been filled with great joy as I received the news that I will be able to visit our capital for the first time in my being. I promise to report back to you on this event. I am very happy.

Tobias: We rejoice with you Alsan. We've already heard about the gnome capital, now it's time for the salamanders!

Alsan: It is only because of you that I have this opportunity. I thank you with all my heart.

Tobias: We also gain much through you. I am glad that God's will has brought us together!

Bartosz: We look forward to hearing from you, Alsan. Hope to hear from you soon.

Tobias: Until we hear from you!

3.13. Capital of fire beings

After a break of a few days, we returned to our conversation with Alsan.

Bartosz: What can you say about your visit to the capital of Earth's fire beings?

Alsan: It is indeed a beautiful sublime place. It is an honour for me to have been there.

Tobias: What have you seen? What have you experienced? Story.

Alsan: The city has a wall around it. The wall is of some material I don't know, not fire, but it can withstand very high temperatures.

Bartosz: What colour is it and how tall is it?

Alsan: Generally it's black, but it also changes colour depending on the incident Light. I think it is just over two metres long.

Bartosz: Did you enter the city straight away or did someone introduce you?

Alsan: One of the guards opened the gate for me and invited me in.

After a brief pause.

Alsan: What I saw inside exceeded my expectations. Just pure beautiful fire everywhere, and the creatures that were there seemed to take immense pleasure just for being there.

Tobias: Were there any buildings? Or were there lanterns like you have in the city?

Alsan: To give you an idea, there were clusters of living strong vibrating fire. Each such cluster of fire was like a house for one or two inhabitants.

He added.

Alsan: When the residents are inside they are not visible, it is only when they go outside that they are visible.

Tobias: That sounds incredibly beautiful and uplifting!

Alsan: Every living flame, that is, the aforementioned cluster has a connection to a higher level such a streak. The closer to the centre of the city, the larger and loftier the clusters of fire were. In the very centre is the largest cluster, which in your understanding is simply the castle or temple of the king. It makes a huge impression.

After a moment, he continued.

Alsan: I had the opportunity to speak to the king himself. He looks like a very mature salamander. He looks like a man covered in fire. His skin is red. His hair and eyes are dark red. On his head he has a crown and in his hand he holds a staff with a scepter like this. He is an incredibly lofty being. His clothes (because he has clothes too) are like a noble garment, they are simply his robes that elevate him. He smiled at me and let me know that he knew my visit was part of a larger task. I spoke to him very briefly. He expressed interest in my role as a salamander. He stated that I was doing a good job as a fire creature and hoped that I would progress quickly in my development and be promoted.

He added.

Alsan: The King is an amazing being. I am touched by His person. I have never spoken to such a great being before.

Tobias: A beautiful experience! I am touched that me and Bartosz are part of it too.

Alsan: At the end, the king blessed me and wished me well. He is very happy that people's knowledge of fire beings will be expanded.

Tobias: I rejoice in your happiness Alsana! Thank you for this beautiful account.

Alsan: I just wanted to add that this is my last message to you. I know that I have fulfilled the task. Thanks to you, I have experienced something great and beautiful. I will never forget it for you.

Bartholomew: Remember, this was willed by the Light, and Tobias and I are only mediating the relationship with you.

Tobias: For me you are already a friend. You have given me a lot with your messages. Be a blessed salamander!

Alsan: Thank you my dear friends. I hope to see you one day!

Bartholomew: Be well Alsan. Experience the beauty in our creation.

3.14. Transmission of sun beings

Sun beings have appeared and have messages for the world.

Sun being: I am a representative of a species of sun beings. We are much older than the earthly beings of fire, and we are also more elevated, as we operate at much higher temperatures. We have a message for humans.

Bartosz: So we are listening.

Being of the sun: There are a great many species of us, and just as all planetary beings of fire are subject to Hephaestus, we are subject to our leader Apollo.

The essence of the sun: we have a message to show people the truth and that they are in fact being deceived by their elites.

After which he resumed the transmission.

The essence of the sun: It is said that the so-called global warming of the earth is an increase in CO2 emissions caused by man. Well, this is untrue. The rise in the earth's temperature and global warming is the responsibility of us and our actions related to the sun's activity. We are responsible for the warming and it is willed by the Light. Global warming is the will of the Light of the end times. We are entirely responsible for it.

Tobias: Hello! Many years ago we saw a documentary¹⁰ on this topic. The film said that solar activity was responsible for global warming. At the time, we didn't yet know of your existence.

The essence of the sun: this film pointed out the truth. All of humanity is being duped by the elites.

After which he added.

The essence of the sun: We want this message to reach as many people as possible. Lying and deceiving people has become very common. Remember our action and that everything is regulated and managed by God's will. The ultimate plans of God's will are known to a few. We only want our message to go out into the world.

¹⁰ The film in question is: "The Great Global Warming Swindle".

Bartosz: Is there anything else you want to add?

Being of the sun: Knowing about us goes a little beyond the subject of your book, but I would like to say that our structures are very similar to those of beings of fire. We have our superiors and guardians and together we make sure that everything strives towards the image that God's will shapes. There are a huge number of us and, for example, such a solar flare is the involvement of a huge number of sun beings. The processes are regulated and everything is supervised by Apollo, our Lord.

Tobias: Will the sun go out at the end of the Judgement? Will there be a new sun?

The essence of the sun: my message is ending. The kind of topic you raise is a definitive one, definitive mainly for us. I don't have information on this subject, and even if I did, I doubt I could share it.

Bartosz: So thank you for what you have given us. For us, it is a great deal.

Tobias: I understand. Are you also a salamander?

The essence of the sun: I think we can be called that, but we prefer the term essence of the sun.

After a moment, he continued.

The essence of the sun: I have communicated to you all that I had to communicate to you, I have fulfilled the task. Remember, people, that you are deceived and that the sun regulates the temperature of the planet in the end times, which is the time in which you live.

Bartosz: Thank you for your message.

Tobias: Thank you. Be blessed in your service!

3.15. Beneficial effects of fire on humans

New questions arose the next day and as Alsan finished his task our questions about the beneficial effects of fire on humans were answered by the guardian of fire beings.

Tobias: Hello, new questions have arisen in me....

Keeper of the creatures of fire: I am ready. I will share what I know.

Tobias: Does fire have a good effect on a person? I have heard that sitting around a campfire cleanses our aura.

The Guardian: Yes, this is correct. Being close to the fire has cleansing and therapeutic properties. Just looking at the fire already gives a lot.

Tobias: Fire also burns and destroys darkness, I mean demons for example. Yes?

Keeper: Darkness does not like fire. That is why they always hide in the darkness.

Tobias: I understand. I think it's valuable knowledge. That's why it's worth lighting even a small candle.

The Guardian: Yes, it is worthwhile. People should take advantage of the cleansing and therapeutic properties of fire more often.

Tobias: And does the darkness also react this way to our home lighting through lamps?

After a moment's reflection.

Tobias: And are there salamanders in the bulbs too?

The Guardian: It is an artificial creation and I don't think it has the same properties as pure fire.

And he added.

The Guardian: To my knowledge there are no salamanders in the bulbs, but there may be other creatures there. I don't have the knowledge in this regard.

Tobias: I understand. Would you add anything at the end about the beneficial effects of fire?

The Guardian: Proximity to fire brings very great benefits. Artists are able to awaken their vitality through proximity to fire. Proximity to fire brings greater harmony to relationships. Fire brings people closer together. Just imagine people sitting or dancing around the fire and singing songs. Remember people what I have shared with you today. Fire is a great gift from heaven. Make use of it.

And finally, he said.

The Guardian: I think the topic has been exhausted. If new ones arise, just ask and I will answer as much as I can.

Bartosz: Thank you very much.

Tobias: Thank you for your answers. They have satisfied me very much. Be blessed mentor!

Guardian: You too, Tobias.

3.16. Gas cookers, fireworks

Tobias: Hello Guardian! We already have few topics to discuss.

The Guardian: Hello. I am ready.

Tobias: Are salamanders also in the gas cooker fire?

Keeper: There are no salamanders there. Although there may be creatures of a different kind there. Unfortunately, I have no knowledge of that. Certainly the typical fire salamanders are not there.

Tobias: I understand. What about the fireworks with which earthlings greet the new year?

The Guardian: If you mean typical fireworks, I have to say that it would be quite a surprise to me if there were salamanders next to the fireworks. Fireworks are not a product of nature and, as far as I know, such artificial creations do not have salamanders.

Tobias: And what is your attitude to them? They look beautiful, but they make a lot of noise, scaring the animals.

The Guardian: I think they do more harm than good. The momentary delight of people causes a lot of anxiety for the animals.

3.17. Abilities of creatures of fire

Bartosz: Can you, dear mentor, give us an introduction to the abilities of fire beings.

The Guardian: Yes, I can.

Bartosz: We are listening.

Keeper: Fire beings have their own unique abilities that set them apart from other beings of nature, as well as abilities that you already know. I will start with the former.

And he began.

Keeper: Above all, fire beings are able to fuel the fire. They do it in a beautiful and unique way. You could say they dance and do it in a way that fuels the fire.

After a while.

Keeper: The second unique trait or ability of fire beings is the ability whereby they can direct fire to a location. They are often assisted in this by wind beings, but fire beings already have this ability themselves and can manage without the assistance of wind beings.

Bartholomew: Are there any other capabilities you could talk about?

Keeper: You already know the other abilities from other beings of nature. I think fire beings rarely use relocation, although they can relocate. They can also change their appearance form for a short while. However, each fire being has a favourite form acquired and formed through years of experience.

Tobias: And can they zoom around like gnomes?

The Guardian: Fire beings do not have this ability.

Guardian: There is a division between smaller and larger fire beings, which, for example, are responsible for fires. If fire beings could change their size, such a division would be unnecessary.

After which he explained.

Keeper: I think resizing is an ability that mainly distinguishes gnomes. They are famous for it, although not all of them use it anyway.

Concluding...

Keeper: I think I have largely completed your knowledge today. If questions arise for you, I will be on standby.

3.18. Hell and Paradise relevant

We decided to talk some more about the fire of hell and the fire in paradise relevant.

Tobias: People often associate the hell realms with fire. What would you say about that?

The Guardian: There is also a fire, and where is there not?

He added.

The Guardian: There is room for fire in human hell too, as you mentioned.

Bartholomew: Are there creatures of fire there too?

The Guardian: I've never been there, but I think the fire beings are there too.

After which he added.

The Guardian: Unfortunately, my knowledge is nonexistent on this subject. I don't want to make excuses on a subject about which I have minimal knowledge.

Tobias: I understand, we are not going to talk about hell anymore. I also mentioned it because people often, by associating fire with hell, dislike fire and think it is bad. Could you say something about the paradise essential for a change?

Keeper: The essential paradise is more familiar to me. There are many levels in essential paradise meant for beings of fire. Everything exists there in harmony and beauty. There are of course beings of fire there arranged in groups. There is also pure essential fire, which is called eternal by the beings there.

After a while.

Keeper: This is, of course, a place for already fully mature fire beings. There are also leaders and kings of the different levels there. I think our earthly king of fire beings will also go there one day and will be able to serve there for eternity.

Tobias: Have you been there?

The Guardian: I have been there twice. But my current field of action is in the material realms.

Tobias: Is there anything else you would add on this subject?

The Guardian: Significant Paradise is a beautiful place to aspire to and grow for.

Tobias: Can human spirits enter the spheres of eternal fire in the paradise of the essential? Would they burn up?

Guardian: The spirits that reside there, and the spirits that reside there are also the guardian spirits and ennobling spirits of the vital circle, have the special protection of their envelope so that they will never burn under the force of the eternal fire.

He added.

Keeper: Spirits who stay in a vital circle must have special permission from the Light to stay in a vital circle. Not every spirit gets such permission. Such permission must be earned.

Tobias: The Guardian thanks you for your messages.

Keeper: Thank you. I feel that your cognition is sufficient.

3.19. Final transmission

Together, we concluded that it was time for a crowning message.

Tobias: Guardian please, start.

Keeper: You must know my dear ones that your knowledge of the beings of fire is already considerable. The beings of fire are magnificent beings that ennoble creation. Through knowledge of them, people will gain more humility and understanding of the processes of all creation.

Tobias: What else would you say as a culmination of the book?

Keeper: People, appreciate the efforts of the Light to increase your cognition about the beings of nature. This book is the culmination of the cognition about the beings of nature, a cognition to be considered as a gift of the Light. Both I, as well as Tobias, Bartholomew and all the beings who have expressed themselves in this book, are but tools for the Light, tools for the purpose, to expand human cognition about the beauty of the beings of nature. Man bow in humility and give thanks, for you have before you the gift of the Light.

Tobias: Thank you Guardian! May the Lord bless you!

Bartosz: I was moved by your message. Thank you for your participation and your insights.

Tobias: And may the Lord bless every reader, and may this knowledge open his eyes, how much life there is all around! Life that resonates in justice and love, which are one.

4. Conclusion

Finally, we wanted to share some thoughts and insights. Despite Bartosz's health problems, the book was written at an express pace, in just six weeks. We wrote it in January and February 2024. Our aim was to open the insides of the readers to contact with the essentials, as well as nature itself, not necessarily through clairvoyance or clairaudience. For example, the very act of bringing a crystal or other stone close to the heart is a contact willed by the Light. The same applies to close contact with fire, whether by immersing oneself in quiet contemplation by the fire or by simply gazing into the flame of a candle. It is our sincere hope that this book will help at precisely such moments to make us feel that we are not alone then, that our faithful companions and friends are with us.

5. Statement by the authors

This book is free and it is the will of the authors that it always be so. We permit its transmission or other forms of dissemination on condition that no financial gain is derived from it. It is our intention that it be passed on to serious seekers wishing to expand their knowledge of the beings of nature as well as of all creation. Let it be a joyful flow aimed at bringing humanity closer to these magnificent beings.