

DRZEWA MÓWIĄ

***Zapomniany świat drzewców odkryty
na nowo***



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TREES TALK

The forgotten world of tree beings rediscovered

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1. Introduction

1.1 Tobias' introduction

We started writing this book with Bartosz on my initiative. I simply thought that since Bartosz had been talking to trees for years, it would be possible to record conversations with them. Bartosz liked the idea very much, and later we got the signal that it was pleasing to God and Light would support the realisation of the idea.

It must be added that the conversations are fully authentic. The trees, or more precisely the spars, answered our various questions. Many of the questions we asked we knew the answers to well, but we were curious about the trees' insights. This book shows how the trees see today's humanity and how they wish they could become brothers to us again.

The beings of nature, for that is what the spars are, as well as other beings were once very well known by humanity. The whole action of nature manifested through the beings of nature and the knowledge of this is a necessary step on the path of spiritual development of every human being. Even young children should be taught about the workings of nature and, through experiences with it, gain such an important ground for the future awakening of the spirit in adolescence. As we know, today's humanity lacks this....

We learn a lot about their lives, what they can do, what they can't do. There is probably a lot of information in the book that the reader will not find anywhere else. I invite you, the reader, to take a journey, into the forest, and let this book be like a walk in the woods - delightful, reassuring, discovering new truths that give deep insights about humans and trees. Reader, delight in the good energy of the trees and may your heart open to love! Great reading!

1.2 Bartholomew's introduction

The book you have in front of you is the fruit of my, as well as Tobias', friendships with trees. I have been conversing with trees, or more precisely with spars, for years. This has been made possible by my gift of clear-sightedness, for which I am grateful to the Creator. Over the years, many true friendships based on trust and mutual support have been born. I know full well that the relationships Tobias and I have built with our tree friends have had a huge impact on our development, as well as on our lives going forward. The amount of words of support, as well as guidance along the way of development, that we have received from our tree friends is immense and I am extremely grateful for this.

In the modern world, man has forgotten to get in touch with nature. In the pursuit of a better, more comfortable life, man no longer takes into account that there is a vibrant life all around him, of which the creatures of nature are a manifestation. The fact that he does not see or hear them with the eye and ear of the physical body cannot be irrefutable proof to him that they do not exist. There are, after all, people who are in contact with them and to continue to ignore them is a sign of stubbornness and limitation.

Every person, when he changes his environment, for example his job, in order to move more productively and freely in it, must get to know it well. If he wants to be a good employee in his new

job, he needs to get to know all the departments, find out which duties report to whom, who is responsible for what, what tasks he and other employees are entitled to, and how he should cooperate so that his actions result in good for the company. It is no different in creation. It is willed that man should know creation, that he should know the laws that govern it and that he should know and co-experience the beauty of life with the creatures that live in it. Such a gradual knowledge of creation will result not only in increased knowledge, but also in greater and freer spiritual mobility, the mobility necessary to mature and rise higher and higher in the levels of creation.

I trust that this brief account will help many to understand at least a fraction of what is implied by the term 'creatures of nature'. Trees are an indispensable part of our daily lives. I believe that the reader, after reading this book, will no longer look at them as he or she has looked before. I also believe that by reading this book, he will not only better understand the creatures mentioned in it, but that he will also be able to get closer to them and love them more. This is what I wish for everyone.

2. Trees speak

2.1 Birches about people

Tobias and I went for a walk to talk to the birch trees about people. The trees were at first reluctant when I made the case to them that I was collecting material for a book. However, after a short persuasion, the first of the birch trees began her message:

Bartosz: What do you think of people?

Birch 1: I want to tell the truth. People are fallen creations. They have forgotten God's Laws and God. They have God on their lips and they don't know what that word means. There are still many who could wake up, but they do not want to. They prefer to sleep and strive for nothingness.

Tobias: Is there any hope for humanity?

I didn't hear an answer from the first birch tree, so I hugged the second and heard:

Birch 2: I think there is still hope, because hope will die last, if it dies at all.

Bartosz: How do people treat you?

Birch 2: People treat trees like objects. We are not worth anything to them. They can plant us and cut us down whenever they want.

Bartholomew: Do you know of a position of God that says it is OK to cut down trees when it is necessary?

Suddenly, a taller guardian appeared:

Higher Guardian: Not all trees know this truth, so I am closing your connection to this tree.

Bartholomew: Can you say more about this?

Higher Guardian: There is the Light's permission to do this, but humans abuse it. Remember people that trees feel too, so for your purposes, if possible, try to choose sick or dying trees.

The connection with the senior supervisor was also broken and we had to end the conversation. I was a little inattentive. A human being, if he needs and if it is necessary for his survival, can cut down trees for firewood, for example. I do not know if all the purposes for which man uses wood from trees are necessary. This would have to be considered and possibly discussed with some guide appointed for this purpose. However, this is not the topic I am focusing on now. Through my carelessness, I may have exposed the birch tree to temporary suffering, as it may have been unprepared for the information that God permits the felling of trees.

2.2 Larch on people

That same day we decided to approach the Larch tree that grows in the forest. The larch has been a friend of mine for years. I can't remember if it wasn't the first tree I spoke to. Larch is very sensitive and I have asked it for advice many times. I am proud to have such a friend. After I told him that we were writing a book and wanted to include his words in it, after a short thought he agreed and we started talking:

Larch: I am ready to talk.

Bartosz: What do you think of people?

Larch: It hurts me a lot how people have fallen.

Bartosz: How you feel about people.

Larch: I feel sympathy because people don't know who they are.

Bartosz: And who do you think people are?

Larch: For me, people are lost children of God, very lost.

Tobias: What would you like to pass on to people?

Larch: There is a lot of good in the world and in nature. It is worth learning to recognise this good.

Bartosz: What exactly do you have in mind?

Larch: Goodness is a smile in the morning, it is the sunrise and sunset, it is the beauty of all Creation.

Bartosz: Where do you think humanity is heading?

Larch: It would be very painful to answer this question, so let everyone consider it and answer it themselves.

Bartosz: You are a forest creature because we are in the forest. Do you often see people here?

Larch: Very few people go to the forest, and if they do, they are lost in their own thoughts.

Bartosz and Tobiasz: Thank you Larch for this interview.

The next day Tobias and I decided to visit Larch once again to continue the conversation. Unfortunately there were many beings that day who wanted to interfere with the connection. Fortunately, after a few minutes of intense cleansing, I heard Larch:

Bartosz and Tobiasz: Hello Larch.

Larch: A warm welcome to you.

Bartholomew: Yesterday you mentioned something about people falling down. Can you say what you meant exactly?

Larch: People only look at themselves, they only want more and more material goods. They do not serve the Most High. They constantly resent others and God. They don't even want to think about serving, let alone serve. They think of themselves as extremely important. They are vain and conceited. They are not grateful for the gift of life.

Bartholomew: What do you think is the cause of the fall of man? How do you see it?

Larch: Bartholomew it is simple - intellect.

Bartosz: Can you elaborate on that?

Larch: Man only develops intellectually, he does not think about the spirit at all. He doesn't think about who he is and why he came to earth. There was a time when people were more connected to the spirit, had more sincerity in their feelings. They had God in mind in their daily lives.

Bartosz: Can this time come back?

Larch: I know that humanity faces suffering that will change it. But this change will come with time. I believe it will happen because I still believe in humanity.

Bartosz: Can you say of yourself that you love people?

After this question, Larch smiled at me extremely affectionately and kindly, and replied:

Larch: And you are asking me, Bartosz, about such things? Of course I love it.

We all smiled sincerely at such a response from Larch.

Tobias: What would you say to people who hug trees and are closer to nature?

Larch: I believe that you are the leaven of the New Earth because you have a greater sensitivity. I love all the people who hug me. Bartosh and Tobias - I love you very much.

Bartosz and Tobiasz: We know friend, we love you very much too.

After this unexpected confession by Larch, Tobias and I felt very emotional.

Tobias: How do you support people who hug you?

Larch: If the person is pure enough, we can approach them and thus support them energetically.

Tobias: Can you drain the dark energies to Mother Earth?

Larch: Yes, I facilitate grounding if someone snuggles up to me.

Tobias: Can you also empower energetically? Send energy?

Larch: Yes, I can also connect with higher guidance. In this way I am a bridge for higher guidance.

Tobias: Can trees heal people of disease?

Larch: Not all trees have the gift of healing. It's just like with humans. Willows are famous for such a gift.

Tobias smiled and thanked him for this response.

Bartosz: Yesterday you mentioned that there is a lot of good in the world. I really liked your answer. Is there anything you can add?

Larch: Man must go beyond the mind and learn to feel. Then he will see the beauty in everything. One feels beauty with one's whole self, with one's heart. You are beautiful Bartosz.

Bartosz: Thank you my friend.

Larch: I want to say something else to Tobias. You are most beautiful when you smile. Your smile changes others. Thank you for that.

Tobias: Thank you. I feel like I want to change the world with my smile.

Tobias: How far away from the tree shell can you go?

Larch: I am always here in the middle. From time to time I may come out, moving within the boundaries of the tree's aura, but I don't like to do that.

Bartosz and Tobiasz: That's enough for today my friend. We thank you for your wisdom.

After this short conversation, I got a little thoughtful. I very much appreciate the wisdom of our friend Larch. One Larch, one tree, and how much wisdom he imparted to us in this short conversation. How many trees are there in the world in which there is such a vast amount of wisdom, wisdom that earthly humanity is unable to perceive.

2.3 Aldaniel's insights

The next day we went into the forest to the spruce trees. Trees very rarely give their names. The spruce tree, during our first conversation a few years ago, introduced itself to us as Aldaniel. After a short greeting, Tobias started a conversation:

Tobias: Hello my friend. You have given us your name. Not all creatures do. Do trees have names?

Aldaniel: I adopted this name a very long time ago. There are many beings who do not have names, or do not use them at all. I like my name very much, which is why I gave it to you.

Tobias: I thought it was also a sign of the humility of beings that they don't give us their names.

Aldaniel: They just don't want you to invoke them too often. I have given you mine because I believe you will not abuse it.

Bartholomew: Yesterday, Larch mentioned the cause of the fall of humanity. He spoke of the intellect. People, on the other hand, talk about the devil, the tempter or darkness. Could you elaborate on this topic?

Tobias: We have an insight into this topic, but we want to know your position.

Aldaniel: Humans, through their free will, have chosen to develop only intellectually and have thus opened themselves up to the darkness. The tempter himself will not come unless he finds fertile ground in man.

Tobias: Can dark souls and demons also harm you?

Aldaniel: We don't have the same tendencies as humans, which is why they don't approach us. We also have a protection that is difficult to break through.

Tobias: I'm going to change the subject. What would you say about forest elves? What is their role and interaction with you?

Aldaniel: Elves are our brothers. They can also sleep in the trees. Their role is to ennoble the forest. Their very presence fulfils this task. There are many species of forest elves about which there is no knowledge among humans. Elves also aid our development and support us.

Tobias: Can you elaborate?

Aldaniel: Their radiation is needed by the forests. That's the role (it's about needed radiation) that all creatures of nature have.

Bartosz: Aldaniel, I always associate you with a good sense of humour. Is this common in trees?

Aldaniel: It's just like with people. There are different levels of humour. I'm just more moody than others.

Bartosz: Let's go back to some more serious subject. Where do people go after death?

Aldaniel: There are many levels that people can go to.

Bartholomew: People talk about hell and heaven....

Aldaniel: People can end up in hell, heaven or intermediate realms.

Bartholomew: So hell does exist?

Aldaniel: These are realms of perpetual suffering.

Bartholomew: And where the hell did it come from?

Aldaniel: Humans are the creators of the hell realms, evil people.

Bartosz: Do you have knowledge of how this happens?

Aldaniel: Their wanting has creative power.

Bartosz: So everyone will get the place they deserve?

Aldaniel: And which he formed himself with his want.

Tobias: What would you say about trees and the meaning of their existence?

Aldaniel: I am here for development, just like you.

At this point, the other trees scrambled for us to approach them.

Aldaniel: I wanted to say something else. I love you guys like brothers. You are like family to me.

Tobias: Thank you for the many years of support you have given me.

Bartholomew: Other trees now tell me that they are more developed than you.

Aldaniel: I know, I'm getting around a bit.

After these words, we all smiled.

Bartosz: Ah, it's your sense of humour Aldaniel.

I'm not saying that Aldaniel is somehow underdeveloped, but when I now compare him with Larch, I have to admit that Larch speaks with more conviction. I think Aldaniel is just different and his positive attitude and good humour are needed too. We looked around the area and decided to approach an old beech tree.

2.4 Lone Beech

Bartosz and Tobias: I don't think we've ever hugged you. Hello.

Buk: I don't remember that being the case.

Bartholomew: You have great nobility in your voice and are probably the biggest tree around.

Beech: Yes, but I don't expect any honours for that. As you can see, the trees are very different. What do you feel Bartholomew in my voice?

Bartosz: I feel nobility and maturity. How long have you been here? How many years?

Buk: I have been here many seasons, or years. I don't count it.

Tobias: Dear Buck, on your bark I see letters cut out and painted by people. How would you comment on that?

Beech: Not all people are friends of trees like you are. That's why I respect and love you guys a lot. People have disfigured me with that act you mentioned. I think it's clear that most trees are distrustful of people. Humans just don't deserve that trust.

Tobias: What is the interaction between the trees in the forest?

Buk: I'm the loner type and I don't have any friends, but to you I felt a certain feeling that I would call affection.

Bartosz: That's exactly how I feel you like to be alone.

Buk: I wanted to thank you for this conversation and now I would also like to be left alone.

Tobias: Thank you Buck. I will call you my friend.

Buk: I allow you to do that.

After these words we went to another part of the forest to talk to our friend Maple

2.5 Friend Maple

Bartosz and Tobiasz: Hello, it's been a long time since we've heard from each other.

Maple: I missed you, I thought you had forgotten me.

Tobias: At some point you split in two. Are there two of you, or are you one?

Clone: I am one.

Bartosz: We talked about development, that you are here for development.

Clone: Every being here has a different purpose. I cannot interfere with the goals of others, but I can tell you what my goal is. I aim for the celestial spheres.

Bartosz: What are these celestial spheres?

Maple: It's what you call a people's paradise. That's where I just want to go, because I love people very much. There are also lower realms, which are also light realms. These are the ones most trees aspire to.

Bartosz: Are you talking about what we call the spheres of significance ?¹

Maple: Yes Bartholomew, this is already a very clean area and we don't need to go any higher.

Tobias: And what do you think of people?

Maple: I have two great friends, namely you.

Bartosz: And do you have friends among the trees too?

Maple: Yes, I have friends among the trees. (He pointed to one tree and said): I talk to him very often. He asks about you.

Tobias: And other creatures of nature?

Maple: There are a lot of species of beings that I interact with. I think as Bartholomew develops, he will also be able to talk to them.

Tobias: What would you like to communicate to the people who will be reading this?

Maple: Know this: the Lord God loves you all, and we can support you on your path. You can also participate in our life, we wish it very much. We extend our hands full of love to you and we want you to come closer to us.

Bartosz and Tobiasz: Thank you for your beautiful words and thank you for the interview.

2.6 In the heat of the moment

We went to Maple. We hugged each other. Maple showed me a picture of him sleeping.

Maple: I want to sleep. Will you leave me alone?

We didn't want to get in the way and went to Larch:

Bartosz and Tobiasz: Hello Larch. We've come from Maple, who said he was asleep. Are you guys asleep too?

Larch: Yes, of course. We need a rest too.

Bartosz: Do you sleep long?

Larch: As much as we need for regeneration.

Tobias: Do you sleep at night or when you want to? How long does your sleep usually last?

¹ The spheres of the essential, or the circle of the essential. For more information on it, see Abd-ru-shin's work 'In the Light of Truth: The Message of the Grail'.

Larch: We don't have watches, but I can tell you that night is perceived differently with us.

Bartosz: What do you mean by that?

Larch: Our visual organs are different from yours. That's why we don't have the rigid division between night and day that you do in the dense-material world.

Bartosz: Are all trees at the same level of development?

Larch: No.

Tobias: You have a lot of wisdom. Do other trees also have such great wisdom and cognition?

Larch: We also draw on your cognition. We feel what is true and what is not in your views.

Tobias: Is it about me and Bartholomew, or about humanity in general?

Larch: Everyone is at different levels of development, but you two already have a lot of knowledge.

Bartosz: Is the contact between trees and people developmental for both parties?

Larch: Of course it is. Look at how long we've known each other. I'm no longer the same tree as I was 10 years ago.

Bartosz: How would you answer the question: where do you get your knowledge from?

Larch: I have a connection to a higher level.

Bartosz: Does every tree have a connection to such a higher level?

Larch: Yes, but not every tree benefits from this.

Bartosz: People use the form: "tree spirits". Is this the correct form?

Larch: No. I am a tree creature. This tree is my home. Spirits are just people.

Bartosz: Is it correct to call you a tree?

Larch: We like it and we fully accept it.

Bartholomew: So you are a being inside a tree?

Larch: I am directly connected to the tree. Call us trees, as you do. We like it very much.

Bartosz: So trees have no souls?

Larch: No, they have beings that are directly connected to them. They are us.

Bartosz: Do all the trees know this truth that you have now presented to us?

Larch: They have this truth inside them. Recognised or not.

Tobias: Do you remember your life and where you were before living here?

Larch: In my opinion, this is the first tree I have been in.

Bartholomew: Are other tree creatures also in the trees for the first time?

Larch: You are asking very difficult questions. I am just experiencing here and I don't know and I don't even want to know more.

Bartosz: Sorry, I didn't know.

Larch: Nothing wrong with that.

Tobias: What does your day look like from living in the forest?

Larch: I wake up and smile at the world....

It was felt that the last questions made Larch very shaken internally. The Higher Guardian reacted and interrupted the message.

Higher Guardian: You are asking him very difficult questions. He should come to such truths himself, through the path of his development. He already has a very high cognition thanks to you.

Bartosz: Do other trees have the cognition of the Larch?

Higher Guardian: There are few trees in this forest that know as much as Larch. It is willed by the Light that you continue these conversations. From time to time we will simply disconnect you.

Tobias: Maybe not today, but we would also like to ask you some questions.

Higher guardian: There will be others called to do this. I only look after Larch and his brothers.

Tobias: Can we include your comment in the book?

Higher Guardian: Yes, it will expand people's insights about trees. I also call them trees.

Following this message, we decided to conclude today's session.

2.7 Regrets of the Nut

The next day I decided to talk to the walnut tree that grows in front of my house.

Nut: I know what you came with.

Bartholomew: Yes?

Nut: I suffered a lot.

Bartosz: I apologise to you Nut. I was not aware at the time that I was causing you pain.

Nut: Twice you and my father undercut me hard. I felt it.

Bartosz: I am very sorry.

Nut: I feel regret.

Bartosz: I apologise again.

Nut: I forgive you because you deserve it.

Bartosz: Thank you.

Nut: I love you because you have a very pure heart. You are special.

Bartosz: I'm trying to Nut.

Nut: I want my message to go out into the world. We feel!

Bartosz: I promise you it will happen.

Nut: Thank you.

Bartholomew: I've always felt that about you. Even when I didn't hear you.

Nut. Because it is the truth.

Bartholomew: Is there anything I can do for you?

Nut: I care about this message going out into the world. That's the only thing.

Bartholomew: I know that our relationship will not rebuild so quickly.

Nut: It's like someone cutting off your hands and then apologising to you. Would you be able to talk to someone like that?

Bartosz: You are right Orzech.

2.8 Trees about their appearance

The next day Tobias had errands to run, so I went to the trees in the forest alone. I decided to talk about their appearance.

Bartosz: Hello Maple.

Maple: Hello Bartholomew.

Bartholomew: I would like to ask you today, what do you look like?

Maple: We are very similar in appearance to humans.

Bartosz: I ask because I can't see you. I only see the outlines of faces and smiles.

Maple: You will see one day. It is wanted by the Light.

Bartosz: So you have two arms and two legs.

Maple: Yes, we have two arms and two legs.

Bartholomew: Do you move inside the tree as if you were swimming?

Maple: It's kind of half flying, half swimming.

Bartosz: And do you have any clothes?

Maple: Yes, we have clothes.

Bartosz: Do all trees have a similar appearance, or does it depend on the species of tree?

Maple: pines, for example, are more slender and have more femininity.

Bartosz: Do all Clones look alike?

Maple: Yes, they are very similar.

Bartosz: So what does your clothing look like?

Maple: It's such a garment with green leaves.

Bartholomew: Do you feel cold?

Maple: No Bartholomew, I don't feel the cold.

Bartosz: I would like to see you.

Maple: Close your eyes. What do you see?

Bartholomew: I see, as if you were dancing or better said, spinning inside a tree.

Maple: This is how we express joy.

Bartosz: Thank you for this short conversation Maple.

Maple: Thank you Bartholomew. Do visit me more often.

Bartosz: Well done Maple.

I decided to approach the Larch.

Bartosz: Hello my friend.

Larch: Welcome.

Bartosz: I wanted to apologise to you for the tough questions recently.

Larch: There is nothing to talk about.

Bartosz: Today I'm talking about your appearance. What height are you?

Larch: I am tall, but not as tall as you.

Bartosz: And what colour is your skin?

Larch: It depends on the type of visual organs they are looking at.

Bartholomew: And how would I see you?

Larch: A greenish tint to the skin. And I've also got this kind of garment.

Bartholomew: From the leaves?

Larch: How do you know?

Bartosz: I spoke to Maple about it.

Larch: It's nice that you have more friends in the forest.

Bartosz: Do you grow as the tree grows?

Larch: Yes, exactly.

Bartholomew: And do you remember when you were very young and started your experience?

Larch: No, I was unaware at the time.

Bartosz: And what do you remember best from your experience here?

I received a message that Larch wants to sleep.

Bartosz: I have a few more questions.

Larch: Just a moment more, because I'm sleepy.

Bartholomew: Can you be called spars?

Larch: This is the correct verbal form and can be used.

Bartosz: And how would I see with my eyes the colour of your eyes?

Larch: I don't know, I don't have a mirror. I'm going to sleep.

Bartosz: But you have a 'thick' voice today.

Larch: That's the kind of hearing you have today. I can't help it.

Bartholomew: Good night Larch.

Larch: Thank you, my friend.

After this conversation I went to Aldaniel.

Aldaniel: How do you feel Bartholomew?

Bartholomew: Good, and you?

Aldaniel: Very good, I always feel that way with you.

Bartosz: Today we are talking about your appearance. Is there anything distinctive about yours?

Aldaniel: Not so much, an average being for me.

Bartosz: Do you all have that greenish skin?

Aldaniel: Yes, and the leafy garment, but that's something I see you know about.

Bartosz: And how do you know that I know that?

Aldaniel: We can read from you like open books.

Bartosz: Do you have any tasks inside the trees?

Aldaniel: We have responsibilities, but this is not the time to talk about it.

Bartholomew: I'm not ready for this?

Aldaniel: Humanity does not deserve this.

Bartosz: And will humanity ever be ready for this knowledge?

Aldaniel: Yes, but it will not be today. The Lord God gives the world a great deal in the form of your messages anyway.

Bartosz: It surprises me further.

Aldaniel: We just don't want to talk about it. You know how people are. Humanity only needs a little to humiliate someone. They can laugh at this knowledge, and I won't allow it.

Bartosz: Now I fully understand why you don't want to talk about it.

Aldaniel: We do not want to. That is our general position.

Bartosz: I think we will end our conversation there. Thank you my friend for your words today.

Aldaniel: Thank you Bartholomew.

The next day Tobias and I went once again to Larch to continue the conversation about appearance, and also to talk about other topics:

Bartosz: Hello.

Larch: Good morning.

Bartholomew: This is a mirror Larch. I give it to you to describe your face. *(I gave him the mirror that the guide had given me).*

Larch: I'm shocked you gave me something like this. I'm seeing myself for the first time.

Bartosz: What do you feel?

Larch: This is amazing. Thank you.

Tobias: How would you describe yourself?

Larch: I am a beautiful being. Thank you for the wonderful gift.

Tobias: What colour are your eyes?

Larch: A beautiful green it is.

Bartosz: And do you have a lot of hair?

Larch: I have a lush head of hair.

Tobias: And in what colour?

Larch: It is also green, but different.

Tobias: Is it a dark green or a light green?

Larch: So glossy.

Tobias: The eyes are darker than the hair?

Larch: The eyes have depth, they add to my charm.

Bartosz: And your hair is long?

Larch: Not too long, but not short either. Bartholomew, thank you very much for this gift. I am very grateful to you. I didn't know what I looked like.

Bartosz: I take it you don't have shoes?

Larch: I don't have one, and why do I need shoes?

Bartosz: And what colour are your lips?

Larch: It is also a green colour.

Tobias: Do you have teeth?

Larch: I know this may come as a shock to you, but I don't have teeth. I don't need them.

Bartosz: So you don't eat or drink anything?

Larch: I can drink, but I don't need it.

Tobias: What kind of ears do you have?

Larch: I have some that are similar to elvish, but shorter. They don't look human, but they're not elvish either.

Tobias: Do you have facial hair?

Larch: No Tobias, nothing grows on my face.

Tobias: And the eyebrows?

Larch: They are very finely scratched.

2.9 Further questions for Larch

We continued the conversation with Larch.

Bartholomew: We want to continue the conversation with you. You said that when you were young you were unaware. So your goal is to become aware of yourself?

Larch: Yes Bartholomew. That is the purpose of every being of nature. You humans have that purpose too.

Bartosz: Do you experience in the world of matter subtler² than ours?

Larch: I experience in the matter that is closest to the ground.

Bartosz: Is it the astral?

Larch: No, I don't need the astral body, which is a bridge.

Bartholomew: Do you have more superior surrounds?

Larch: Yes, and this is my exterior. My core is the essence and yours is the spirit.

Bartholomew: I understand that you feel all that the tree is experiencing?

Larch: Yes, I am so connected to him that I can feel everything.

Tobias: It's autumn. Can you feel the needles falling?

Larch: I feel what the tree feels.

Bartholomew: So if someone cut off a branch for you, would you feel the suffering?

Larch: It would hurt me a lot.

Bartosz: Aren't you sometimes so bored in that tree?

Larch: And aren't you bored walking around all the time? I don't have time to be bored.

Tobias: Can you say something about the being I call the higher guardian?

Larch: He looks after us and has a lot of knowledge.

Tobias: Does he only look after the trees?

Larch: Yes, elves, for example, have a different guardian.

Bartholomew: How many trees does he have in his care?

² According to the work 'In the Light of Truth: The Message of the Grail', Abd-ru-shina is a level of subtle densomateriality. Astral, on the other hand, is a medium densomateriality that is slightly lower and closer to our physical world.

Larch: It is such a sector, such a circle of trees, and there are trees of different species in the area.

Tobias: What do you call a higher custodian?

Larch: Simply a guardian.

Tobias: Do trees have gender?

Larch: I don't know what you mean. I don't have any reproductive organs.

Tobias: Sex is not determined by reproductive organs but by type of activity³.

Larch: I feel more masculine. I don't know how it is with others. I feel that most trees are male forms.

Tobias: Do you often talk to the trees that grow next to you?

Larch: Not often.

Tobias: And if anything, what are the conversations about?

Larch: We greet each other. In fact, all it takes is a smile.

Bartosz and Tobiasz: Thank you for your insights.

Larch: Thank you again for the mirror. I am grateful and I love you.

2.10. Who are you really?

The next day I went alone to Aldaniel.

Bartosz: I know from my relationship with Maple and Larch that you need sleep. When you sleep do you have any dreams?

Aldaniel: I have dreams, but I don't want to share it. It's very private.

Bartosz: I have been reflecting on who you truly are. Are you part of the tree, or is the tree part of you?

Aldaniel: Both understandings are wrong. I am part of the support for the tree. Its most faithful guardian. They call us sparers.

Bartosz: I've thought about it a bit and I think that just as a sylph is not a wind, a russet or a nymph a river or a lake, just as a gnome is not a crystal, a spar is not a tree.

Aldaniel: Yes Bartholomew, that is the correct understanding.

³ For more on this topic, see the piece: 'In the Light of Truth: The Grail Message' by Abd-ru-shin.

Bartosz: A lot of people think he talks to trees. I actually call it that too.

Aldaniel: It is appropriate at a certain stage of development.

Bartholomew: So is it possible to talk to the tree, its core, or is it only possible with you?

Aldaniel: Through feelings you connect with the tree and with me, but the apparatus of speech we have only us.

Bartosz: I wonder about the title of the book. Actually, it's your book, because you share yourself with the world. Is it better to call it: "Trees speak" or "Trees speak"?

Aldaniel: The first title is more catchy. People refer to us as trees and most of us accept that.

Bartosz: So be it. I'll call the book: "The trees speak".

Aldaniel: Remember Bartholomew, I don't know everything either.

Bartholomew: You mean?

Aldaniel: A lot of what I'm giving you is my views and I could be wrong too.

Bartosz: I like it when you smile at me, like you are smiling now. Do you smile all the time?

Aldaniel: I generally have a positive attitude. A smile is an expression of that, but I don't always smile.

Bartosz: And do you have sad days?

Aldaniel: I am a very joyful being. Sometimes some sadness will happen, but it's rare.

Bartosz: When I want to make contact with any tree, I always see the outline of a smiling face. Do you smile at all people?

Aldaniel: We like children very much. They have that purity that adults have lost. Occasionally there will be enlightened souls, but in general humanity is fallen, we've already talked about that.

Do you remember the old Buck Lonesome that I spoke to for the first time some time ago. I felt that I should approach him and talk to him. He grows relatively close to Aldaniel.

Beech Lone: Your name is Bartosz, I remember you.

Bartosz: Who are you? Can you define that somehow?

Beech Lone: We are called different things and we also define ourselves differently. Most of us are only concerned with experience and don't think about it.

Bartosz: And what are your objectives?

Beech Lone: The aim is to get to the next level of development.

Bartosz: You're the loner type. I also like to be alone. I feel that most of you like solitude.

Beech Lonely: Yes Bartholomew, we like solitude, we love it.

Bartosz: And do you have any games?

Beech Lone: Youngsters, youngsters dance more and that's their fun.

Bartosz: I take it you don't dance?

Beech Lone: Of course not.

Bartosz: I don't think you smile as often as Aldaniel.

Beech Lone: Well, I don't need that. I'm just different.

Bartosz: I wanted to talk to you just to broaden my insight about you. Because I also feel that you are very different.

Lone Beech: Call us trees. I've been in this tree for so long and I just feel like one. Don't take away that pleasure of being trees.

Bartosz: Thank you, I think this conversation gives a broader insight.

Beech Lone: Correct, after all I am telling you the truth.

Bartosz: Thank you Buck, you are wonderful.

Beech Lone: Well I think. Go talk to the youngsters.

I went back to Aldaniel.

Aldaniel: Old Beech. He could be your grandfather.

Bartholomew: Do you know what I was talking to him about?

Aldaniel: I suspect what he told you.

Bartosz: What do you think about that?

Aldaniel: It's just the way the world sees it.

Bartholomew: He sees it slightly differently than you do.

Aldaniel: It's fine. I don't have a problem with that.

Bartosz: But I love you guys. Thank you guys for talking to me.

Aldaniel: Come again Bartholomew. We are waiting for you.

I bowed to Buck and Aldaniel and went home.

2.11. Scarred Oak

We had a day off interacting with the trees. It rained a bit and we gave up on our interactions. The next day we decided to approach a tree that we knew very well, but had not yet spoken to in the pages of this book.

Bartosz and Tobiasz: We welcome you.

Oak: Welcome.

Bartosz: You have a scar from a lightning strike that hit you about 10 years ago. I remember the first time we saw it. Can you say something about it?

Oak: I wanted to say that this is nature, these things happen.

Bartholomew: Did you feel pain after being struck by lightning?

Oak: It was surprising for me and of course I felt pain, but I don't resent anyone for it. Situations like this make us even stronger and are necessary in the development process.

Tobias: Do you still feel pain?

Oak: Not much, this is already a very old wound.

Bartosz: How do you see the processes that the storm brings.

Oak: It is a necessary process of cleansing and we are very rational when this process occurs. Development is not only idyllic with sunshine, but also winds and storms. Such processes purify and strengthen us.

Tobias: And are you afraid of storms?

Oak: I cannot speak for everyone. I am not afraid, because I have already experienced the hardest factors that a storm brings and I fully accept what it brings. I am also calm because I know it is necessary and I even rejoice when it comes.

Tobias: So do you get scared sometimes too?

Oak: Yes, especially those of us who are very sensitive. As we mature, all fear disappears.

Tobias: You are in a place very frequented by people. *(It is a junction of paths in the forest).* What would you say about the people?

Oak: Yes, I see people every day, but you already know the truth about people. We respect you a lot for wanting to bring us closer to people. I believe there are still many good people who deserve to be in touch with us.

Bartosz: Is there anything you would like to say to the people who will be reading this?

Oak: No matter what the storms of history bring, any suffering can ennoble. From every suffering you can emerge strengthened. Just like trees and plants, people who have not experienced storms are not as strong as those who have been blessed with it.

Tobias: Thank you Oak for your wisdom, would you like to add anything at the end of the talk?

Oak: Be strong. The Lord God always bestows what is necessary for further development.

2.12. Interesting insights from Larch

We then made our way to Larch.

Bartosz and Tobiasz: Hello Larch.

Larch: Welcome.

Bartosz: To start with a question: you said you could move within the boundaries of the tree aura. What would happen if you crossed that boundary?

Larch: I wouldn't last long and I would die.

Bartholomew: So you are closely associated with the tree?

Larch: Yes, with his radiation. I am dependent on it.

Tobias: Is going beyond this radiation even possible?

Larch: Yes, but I don't know anyone who has experienced it.

Bartosz: So your whole world is a tree?

Larch: It's my whole ecosystem, my field of action.

Bartosz: And don't you feel a bit like you're in prison?

Larch: I love being here and am in total harmony and acceptance towards the experience.

Bartholomew: What would happen to you if someone cut down that tree?

Larch: I would leave in a short time to experience elsewhere.

Bartosz: I understand that it would be a premature departure?

Larch: Yes, because our goal is to reach maturity.

Bartholomew: So if you left without reaching full maturity, you would have to return to the material worlds?

Larch: I suspect that is the case, but I don't know the answer to that question.

Tobias: Does your level of cognition-knowledge make you grow faster?

Larch: Yes, but it has to be truthful. Wrong views fall away through development. We have to come to many truths ourselves, but there are also external stimulations like conversations with you.

Bartosz: Does your development ever come to an end?

Larch: I feel that there is no end to development, just as there is for human beings. The Lord has prepared the field for us to grow for eternity.

Tobias: Maple said that you move in a tree with a motion between flying and swimming. How tall are you as a being and can you say more about that?

Larch: This is our home and we feel like a fish in the water. I think my height is about 1.6m.

Tobias: Do you have a lovely view of the countryside as you're at the top of the tree?

Larch: A very beautiful question Tobias. I have a view of my local brothers, it is wonderful that we can see each other, I see it as a gift.

Bartosz: You once said that you can connect with a higher level. Do you have to 'swim' or 'fly' higher to connect with it?

Larch: No, the Light has access to me down here.

Bartosz and Tobiasz: Thank you friend for your insights. We think we understand you better and better.

2.13. Church Lime Tree

There is a Linden tree growing near the church, by the cemetery. It is a tree that I have been in contact with for a year, maybe a year and a half. It has supported me many times when I have had worse days. Its support is invaluable to me. We decided to talk to him after a break from talking for a few days.

Bartosz and Tobiasz: Hello.

Linden: Welcome.

Bartholomew: You're in a specific place, in the cemetery on the approach to the church. Do you see a lot of people here?

Linden: Yes, especially on Sundays and holidays there are a lot of people here.

Tobias: What would you say about these people?

Linden: They are busy, they don't think about God.

Bartosz: In your opinion, does the fact that they attend church bring them closer to God?

Linden: That was the aim, in my opinion, to bring people closer to God. However, I don't see it as bringing people here closer to God.

Tobias: There are probably many stray souls in the cemetery. Can you see them?

Linden: Yes I can see, but they can't see me.

Tobias: What would you say more about it?

Linden: They are so lost that it makes the heart squeeze sometimes. I feel very sorry for them, but I can't help them.

Bartholomew: Why are these souls here, as you understand it?

Linden: They feel a connection with the body, because when they were alive they thought that only the body gave life. They are still very much connected to dense matter.

Bartosz: Can we help these souls in any way?

Linden: We can pray for them, but in my opinion it won't do much, for the rest they don't deserve help in my opinion. Time will tell if they will turn to the Light and to the Truth, the Truth about themselves and the world, but it has to come from them.

Tobias: What do you think is the energy in the church?

Linden: In my opinion, the church is clean energetically, but this is just my opinion because I don't go there myself. I would like to say something to people who go to church.

Bartosz and Tobiasz: Please ...

Linden: You have forgotten God and the good. The Lord loves you all, only you do not know Him. Stir up the fervour of your hearts, learn to pray truly and draw closer to God.

Bartosz: Is there anything else you want to add?

Linden: There is a lot of good in the world, but people don't see it, they keep living their problems and worries.

Bartholomew: Would you give any advice for all the lost people?

Linden: Do your best to regain your connection with spirit, your development ends with the intellect, it is not wanted by the Light. Develop feeling, for it is feeling that connects you to the Light.

Bartosz: In your opinion, is there any way to awaken this feeling?

Linden: Above all, man must want the good and find love for his fellow man. The fact that man does not do this is his fault. He would like to achieve everything without working on himself. Everyone has a different path of development, however, in my opinion, wanting goodness is the basis.

Bartosz: And do you happen to see more enlightened people here at the church?

Linden: There are very few people like that. I haven't seen such people for a very long time. I am happy to have two friends among the people. I am talking about you now. I am also happy that you are working to bring us creatures of nature closer with humans - a very noble challenge.

Bartosz: Do you think people will open up to these messages we want to share?

Linden: There is a small group of people who will follow it, but that is enough. Light doesn't need crowds.

Tobias: And how do you view all religions?

Linden: I stand by the church and can mainly talk about it. In my opinion, the church is not fulfilling its purpose. People should connect with God in it. For reasons unknown to me, however, this is not the case. What was supposed to serve man is not fulfilling its role. I wanted to say something else. Time will tell if people are awakening to spirituality, but that time is running out and humanity is not doing well.

Tobias: I believe that only great suffering can wake them up.

Linden: Yes Tobias, it is necessary and fair at the same time.

Bartosz: Is there anything else you would like to add at the end of the interview?

Linden: We beings of nature still believe in humanity, although this belief is diminishing. We still hope for the awakening of humanity and believe in the coming Kingdom, which is a great promise.

Bartosz and Tobiasz: Thank you Lipo for your messages.

Linden: I thank you too for your friendship and believe that my messages will give something to the world.

2.14. Difficult questions

On the same day, we went to Larch to ask him some questions.

Bartosz and Tobiasz: We welcome you back.

Larch: Welcome.

Bartholomew: You said that you experience in a different matter than the astral. Is it higher than the astral?

Larch: Yes, of course. That is correct.

Bartosz: Thank you for your answer, I felt that way too. You said that if someone cut down the tree, for example, you would be gone in a short time. And wouldn't you be able to connect with the aura of another tree to stay in it?

Larch: I for one believe that spars are unlikely to be able to experience in another tree than the one in which they started their experience.

Bartholomew: Is this related to the unique radiation of each tree?

Larch: I think that is correct.

Tobias: How extensive is the tree's aura and can you interact directly with other spars close to you through it?

Larch: Yes, the tree's aura is quite extensive and connects with neighbouring trees. What you have described is possible, but personally I have no such experience.

Bartholomew: We used to say that you have higher envelopes just like people. Can you consciously go out a higher envelope?

Larch: I know what you mean. I don't know anyone who has experienced that, it's rather impossible.

Bartosz: And your dreams are experiences of your higher bodies?

Larch: I don't know everything, but I think I do.

Bartholomew: Can you contact others, including people, at a distance?

Larch: Yes it is possible, but I don't like to do it.

Bartholomew: According to you, are your higher envelopes connected to the higher envelopes of the tree, just as you are connected to the last envelope of the tree?

Larch: Yes, I am convinced that this is the case, except that the tree still has an astral envelope and a dense material envelope, the one that people can see.

Bartosz: Larch I know I asked difficult questions, but I also wanted to know if you had a full insight into these topics.

Larch: These are very difficult questions, I just don't know everything.

Tobiasz: How is it that you know Polish and can communicate with us in that language?

Larch: I don't know exactly how it is, but the way I understand it is that Bartosz understands what I feel.

Tobias: So you would get along in another language too?

Larch: Yes, in every one, after all the concepts are the same in every language.

Bartosz: How do you perceive time?

Larch: I understand that every level has a different sense of time, but my sense of time is very close to yours. I want to say that some of the questions are very difficult, but I think you already understand and know us better and better.

Bartosz: I think that's the end of our difficult questions.

Bartosz and Tobiasz: Thank you for talking to us and we will meet again soon.

Larch: I also hope to see you again soon.

2.15. Old young

We then went to Graba, a relatively young tree, to talk to him about his youth.

Bartosz and Tobiasz: Hello Grabie.

Grab: I know you've come to talk about youth, I can feel it.

Tobias: You are just a relatively young tree. How do you perceive youth?

Grab: There are many things that a young being has to experience, many of these things are unpleasant, but it is necessary for development. Sometimes the lessons are difficult, but that doesn't change the fact that we came here to learn.

Bartosz: Did you have any games when you were young?

Grab: We dance to the rhythm of the forest, we sing songs, we love youth.

Tobias: I was once told by someone that my power tree was the hornbeam. I searched for a very long time in this forest for such a tree and you are the only one I met.

Grab: I know, we fit together. I called for you and you found me. There are no more hornbeams in my area, but I knew you would find me.

Tobias: My intuition said this is where I would find you.

Grab: Yes Tobias, we are connected through feeling and even when we are far away we can feel what the other is feeling. I am your tree of power and this is true.

Tobias: And what does it even mean that you are my power tree?

Grab: Our energies complement each other on some level and you Tobias actually need me as much as I need you. Be a brother to me.

Tobias hugged him.

Grab: I really like the way you hug me.

Bartosz: And how do you feel about me?

Grab: I prefer Tobias' energy, but I like you too. Both of you are pure energy. The trees love you.

Tobias: Is there anything else you want to say?

Grab: Yes, the world has colours and shades, and we can choose in them what serves us. Let us therefore choose wisely, that which is in accordance with our inner desire.

Tobias: Do you have a message for young people?

Grab: Sometimes the young are more mature than the old, but this is a time to learn and make mistakes. Learn young from your mistakes. What you understand in your youth will sprout in your old age.

Tobias: I am touched by your wisdom. Thank you very much.

Grab: Yes Tobias, I am already experiencing in the third tree, so I am not the youngest.

Bartholomew: So you are going back to the levels of matter after all?

Grab: Yes, it is natural and many of us return here.

Tobias: Do all the trees remember that, do they know that?

Grab: It is not necessary knowledge. I just remember it.

Tobias: Have you always been a rake?

Hornbeam: Yes, I'm a third time hornbeam, that's my species.

Bartholomew: Do I understand it correctly that your radiations are closely linked to one tree?

Grab: Yes, we are connected to the radiation of one tree and we cannot jump to other trees. These are the homes of other beings and if this were possible, chaos would ensue.

Bartosz and Tobiasz: We are impressed by your wisdom and thank you for your beautiful messages.

Grab: Thank you. You are still so young.

We returned to Larch.

Bartosz: We just spoke to Grab, who is already experiencing in his third tree.

Larch: Yes Bartholomew. I have already fully understood this topic. This is my first tree and I know that we can return to experience once again. Thanks to you I am also learning. Thank you for that!

Bartosz and Tobiasz: Thank you for the interview.

Larch: Thank you.

2.16. Corrigendum by Grab

The next day we went to Grab. Here is a transcript of the conversation:

Bartosz and Tobiasz: Hello.

Grab: There you are at last.

Bartosz: You contacted me at a distance. You said you would like to correct what Larch was telling us.

Grab: It's about travelling by higher envelopes. This is of course possible. The larch does not experience in this way and therefore does not know. The maturity of younger trees is insufficient. The larch is still young and unprepared for this.

Bartholomew: So he only experiences his exterior plus dreams?

Grab: Yes. Most people do, but there are some people who can consciously go out. This is always dictated by the degree of maturity and preparation.

Bartholomew: I understand that an unprepared being could, by so experiencing, do more harm than good? I understand that your higher envelope, which you leave, is not connected to the higher envelope of the tree and you can travel further distances?

Grab: Yes, you understand it well. Only my outer shell, the one that is closest to the people, is aligned with the tree.

Tobias: Did you talk to Bartosz remotely by going out through such an encircling or connecting channel?

Grab: Through a channel. I don't have to go out to talk at a distance.

Bartholomew: I understand that your higher envelopes, together with your core, are connected to the outer envelope, just like the structure of a telescope, i.e. they are inserted into each other. Is this a correct understanding?

Grab: Yes, and when I go out and move away with a higher envelope, I am connected to my outermost envelope. I am still connected to the body that you hear.

Bartosz: So your activity when you go out is similar to astral travel - dreams in humans?

Grab: Yes, it is very similar. Except that I experience with higher bodies.

Tobias: You told us yesterday that you remember your previous lives. Do you remember the lives in between and where you were then?

Grab: Yes I remember, I didn't reach full maturity and that's why I came back.

Tobias: Is your destination point the circle of the essential?

Grab: Yes, but I was not in it between incarnations. That's what all tree beings who evolve in the matter of the world aspire to.

Tobias: So have you been on any of the subtle-material levels? Have you also experienced there in the tree?

Grab: Yes, but there we can move further away from the trees, which at that level are also our homes⁴.

Tobias: Were there also human spirits on that level?

Grab: Where I was, there were no human spirits. There were the trees themselves and the tree beings, or spars.

Tobias: When you go back to the vital circle, will you always experience again in the tree where you wake up there?

Grab: There are probably different laws in the material circle than in the matter, but unfortunately I do not know the answer to this question.

Bartholomew: Does your reincarnation also apply to trees or only to spars?

Hornbeam: I am not sure about that. I know that I am the same and in my opinion the trees may be different, but they are still the same species, which is the species of hornbeam.

⁴ We are building up a picture that says that spars in incarnation experience at the level of subtle density-materiality. Between incarnations they experience at the level of subtle-materiality. They have to repeat the incarnation process until they reach full maturity. Once this is achieved, they can return to the levels of their origin - the substantial levels that are above matter. For more on the levels of creation, see the work 'In the Light of Truth: The Message of the Grail' by Abd-ru-shin.

Tobias: So the tree has a separate core and you have your core? And both are of the essential species?

Grab: I think so and it is in line with my current knowledge.

Bartholomew: Can you with your higher-ups visit me?

Grab: Yes of course, but you would have to have an even more subtle hearing open to hear me, also I think connecting now via the channel is quite sufficient.

Bartosz: So we are talking to each other at a distance?

Grab: You could call it a form of telepathy.

Tobias: What topics would you like to talk to us about?

Grab: Various issues we can consider. I am open to your suggestions. For example, there are many capacities that we have.

Bartosz: Do you mean the gift of healing?

Grab: Yes, there is still a lot we can share with you and there is still plenty of time to do so.

Tobias: Could you say what kind of abilities you have?

Grab: I can, for example, relocate. I can find myself in another place without leaving and travelling. I can simply find myself where I want to be at any given time.

Tobias: To the best of my knowledge, human souls in the hereafter can do this too⁵.

Bartholomew: Are there a lot of old spars here?

Grab: I don't think there are too many of them. You've mainly spoken to young people so far.

Bartosz: Were your previous trees also in this forest?

Grab: I am not sure. One thing was for sure in that forest.

Bartholomew: Do you know of any age-old spars here?

Grab: I think you will find on your own, they will attract you, they can do it.

Bartosz and Tobiasz: Thank you for the interview.

Grab: Thank you brothers.

⁵ This knowledge comes from books in spiritualist literature.

2.17. Beech family

Something was pulling us to look for new conversation spars. Tobias clearly felt where we should go and there we went. We found a beautiful area in the forest with lots of beech trees. We decided that the next day we would go there to talk to the beech trees. We approached the first representative of this community:

Bartosz and Tobiasz: Hello beech! Hello beech!

Buk1: A warm welcome to you, we are happy to talk to you.

Bartosz: From the beginning, I feel that all the beeches in the area are connected to each other. Can you say anything more about this?

Buk1: Yes, we are connected. For most of us, the spars you hear are the other tree in which we experience.

Bartosz: This is kind of new for me, because I generally perceived spars as loners.

Buk1: With spars it's like with humans, we have different dispositions.

Bartosz: Can you say a bit more about the bond you two share?

Buk1: The power of God has brought us together. We support each other and love each other very much.

Tobias: Do you have a common goal?

Buk1: We want everyone to become aware and fully mature as soon as possible. We have been on this path together for years.

Bartosz: Did you plan your descent into this matter together when you were between incarnations?

Buk1: Yes, and we are happy that our plan worked out, as we landed very close to each other.

Tobias: How many of you are in this family?

Buk1: There are dozens of us and we have one common guardian who supports us and looks after us.

Bartosz: Do you speak to each other often?

Buk1: Yes, although it's not that necessary. We just feel great love for each other.

Bartholomew: What to call you? Beech family? A settlement of beech trees? Do you have any favourite forms to describe you?

Beech1: We would be very pleased if you called us the Beech family, it more or less captures the essence of our relationship.

Bartosz: Were you also close to each other between incarnations?

Buk1: Yes, we also have older brothers there who are already closer to the goal of realisation. Many of them are waiting for their final incarnation in this denser matter.

Tobias: How many incarnations in denser matter does a spar need to become conscious?

Buk1: I'm not an expert in this field and I don't want to talk about something I don't know, but I think it can vary. Full maturity can come sooner or later.

Bartholomew: Let us ask you one last question and approach another of your brothers. Is there anything you would like to say to the people who will be reading this?

Buk1: We love you very much. Your family pattern is very familiar to us. We too form a kind of family in which we support each other. Support your loved ones and be brothers to each other. It is very pleasing to the Lord to have a family life full of support and love. Thank you for the interview.

We said thank you and walked over to another beech.

Tobias: Hello Buck.

Buk2: Hello. I am similar to my brother and I know what you were talking about.

Tobias: Do the members of this community have similar characters?

Buk2: Yes, we are very similar to each other and we share a common goal, the goal of self awareness.

Bartosz: Within the community, do you pray together, sing together? What does your integration within the community look like?

Buk2: This is a very intimate question and I don't want to talk about it. Not everything we want to share with people.

Bartholomew: I understand that, people might laugh at you.

Buk2: Yes, and we don't want this knowledge to reach a wider audience.

Tobias: We were led here by an intuition telling us to come here to you. Were we attracted to you somehow?

Buk2: I think the older brothers or guardians drew you here. Knowing about the forest communities is a very important aspect of knowing about us.

Tobias: Your aim is to raise awareness - what would you say about that?

Buk2: I think the knowledge is there and I don't want to be a teacher of people. Everyone has a different path to get there and my guidance could be dictated by my individual path. I just don't want to be an oracle, but I do want to say that it's good to just love, it supports us on this path.

Tobias: I suspect that not all tree species have their communities. Am I thinking correctly?

Buk2: Each species is slightly different in appearance and has different dominant character traits. When it comes to communities, I feel that not everyone needs that and spars, just like humans can also be solitary individuals. We chose the path of community, not everyone chooses that path.

Bartosz: Do you often have contact with your higher guardian?

Buk2: Yes, he loves us very much and often gives us some tasks that we don't want to talk about either. We have a relationship with him built on love and co-creating good. We are happy that the Lord has assigned us such a guardian. Dozens of trees from our community are now joining in thanksgiving to him. We also thank the Lord and believe that our goal of awareness is getting closer.

Bartosz: Like your brother, would you like to say something to people at the end?

Buk2: I want to communicate something. The world is beautiful and the opportunity to build communities is a beautiful gift from the Creator. Unite people in a common purpose. The purpose of your life too is to realise yourself and return to paradise. Community is a tremendous support on the way to achieving this goal. Let love unite you and purpose strengthen you.

Bartosz and Tobiasz: Thank you very much.

Buk2: Thank you.

2.18. Healing power of willows

Not far from our house there are several willow trees growing. We decided to go up and have a chat.

Bartosz and Tobiasz: Hello Willow.

Willow: Hello you, what do you want to talk to me about?

Bartosz: We have information that willows have the gift of healing. Can you say something about this?

Willow: Most willows have this gift. Not all spars are aware of it. Healing is a gift from the Creator that we develop and it is our duty to take care of this gift.

Tobias: How can you help?

Willow: We can cure almost any disease, there are no rules for that. There are many people who know this and yet do not use it. We Willow, have this gift and we want people to know about it and to come to us to ask for healing. There are many illnesses that can be healed energetically and we are able to do this.

Tobias: Who has the gift of healing? The tree or the spar?

Willow: Both of us, we complement each other in this. We are both part of the healing process.

Bartholomew: What does it depend on if someone can be healed?

Willow: From his inner openness, his willingness to be healed and his faith, his belief that he can be healed.

Bartholomew: What is the reason that willows have this gift?

Willow: Like all types of trees, we have our specificity. Our specificity is having the gift of healing. This sets us apart from other species.

Tobias: Let's say I have a diseased organ. What do I have to do to get the willow tree to start healing me?

Willow: There are many methods, but if possible you should hug us with this organ.

Tobias: Can the willow tree assess human health?

Willow: Not every willow can do it, I can't. That is why it is useful to know what you are coming to us with.

Bartholomew: What should the healing process look like? What should a person do?

Willow: Just invoke us, ask for our healing energy and of course hug. And you can go on like this from a few minutes to even dozens. Depending on your willingness and ability.

Bartholomew: How often should the healing process you have presented to us be repeated?

Willow: It depends on one's health and, of course, one's ability. If a person can, let them do it as often as possible.

Bartosz: Is it once a day or once a week?

Willow: Once a day is a good idea.

Bartosz: Do other trees also have the gift of healing?

Willow: This is mainly a feature of willows, but other trees also have soothing properties that support the healing process.

Tobias: Is there anything you want to pass on to future readers?

Willow: There are many species of trees. Willows call to people in need, people who want healing. Come to us, we want to help you. Remember us, we are there for you.

Bartosz and Tobiasz: Thank you for your message.

2.19. Old Beech

While I was at home, a certain tree called to me, conveyed to me that it was growing near Aldaniel and had knowledge it would like to share. So I set out to visit him alone, as Tobias was at work. I had a beautiful lead up to it. I was told by the local caretaker that I was to express myself respectfully as it was already an old creature. I hugged Aldaniel and my friend pointed out to me which tree it was. He pointed to a beautiful large beech tree. I walked up and started a conversation.

Bartosz: Hello.

Old Beech: A warm welcome to you.

Bartholomew: Are you the one who called me?

Old Beech: Yes, I want to talk to you.

Bartosz: What do you want to talk to me about?

Old Beech: Let me start by saying that beech trees are some of the oldest trees on earth.

Bartosz: I understand that some of the oldest as a species?

Old Beech: Yes, we have survived many hard times on earth. We have those times written in our genes. When we reminisce about the old times, we are happy because there used to be more Light on earth. But everything was spoiled by man's desire to dominate other species. Now times are different, harder, people do not respect us. We hope that harmony between humans and trees will one day return. We reach out to you humans and want to reconcile.

Bartosz: Do you remember the time of harmony you are talking about?

Old Beech: I'm not that old, but I've been shown a lot in visions by my older brothers.

Bartosz: Do spars often communicate through vision?

Old Beech: This is a form of communication of older spars, less often practised in younger ones. Sometimes we just show each other in images and visions what we want to communicate.

Bartosz: So beech trees are some of the older trees on earth? And how long have other species been on the ground?

Old Beech: The pines, for example, are very young. They are shorter on the ground. Beeches form old communities in a paradise of significance. There is a lot of wisdom in us and we want to share it.

Bartholomew: Which time are you on earth?

Old Beech: I've been here several times before, this is my eighth tree.

Bartosz: You mentioned a paradise of substance, where there are trees and spars. Have you been there yet?

Old Beech: One incarnation ago I was a guest there. It was a beautiful experience.

Bartosz: Can you describe the place in any way?

Old Beech: There are many kinds of trees. Where I have been, the trees come together in groups. There is also a lot of love there and I firmly believe that after this incarnation I will end up there.

Bartosz: So, as I understand it, you are very close to reaching full maturity.

Old Beech: The Guardian tells me that this is my last tree, but it is still possible that I will have another one.

Bartosz: What topics can we talk about?

Old Beech: There are a lot of topics that I know very well and a lot of issues that I can cite, for example partnership among the trees.

Bartholomew: Partnership among the trees?

Old Beech: Yes, there are trees and spars so joined together that they form pairs.

Bartosz: Do you mean the trees that grow next to each other?

Old Beech: Yes, in us there is also, as in humans, partner love. It happens extremely rarely, in humans it is more frequent. The tree beings who love each other so much are a model of true love for us. These beings understand love on a different level, more earthly, like humans incarnated in the physical world.

Bartosz: This is new to me.

Old Beech: Thank you, I think that's enough for today.

Bartosz: May I call you: "Old Beech"?

Old Beech: You can. Although I am not the oldest tree in this forest, this form suits me.

Bartosz: Thank you for this beautiful conversation.

Old Beech: Thank you.

2.20. Spar capacities

We decided to approach Grab to talk about spar abilities. The day before, Grab had contacted me and wanted us to visit him.

Tobias: Welcome to this beautiful day!

Grab: Hello, we can continue to talk about our abilities.

Bartosz: You recently mentioned relocation. Can you say anything more about that?

Hornbeam: This is a skill that is awakened during maturation. Not all spars want to experience this way, but I use it and enjoy doing it.

Bartosz: Does relocation concern your densest surroundings?

Grab: Yes, and I anticipate your next question regarding the fact that I am then distancing myself from the tree aura. I am, while moving away, connected by the tree aura beam. The same is true during ordinary movement.

Bartosz: Is such a connection temporary?

Hornbeam: It depends on the level of maturity, the older we are, the longer the time goes. The young do not have this ability and have to experience constantly within the limits of the tree aura. I awakened the ability to relocate in a previous incarnation.

Tobias: Do you know which surrounds you are relocating and which remain in the tree?

Grab: I think I move all the surrounds along with the core. I'm not sure about that, but I feel that's what it is. The whole essence moves with all the envelopes, except that I have to have a continuous connection with the tree aura beam, because it gives us the radiation we need.

Tobias: Where and how far can you move? Are there any limits?

Grab: It depends on our level of maturity. I haven't personally tested it, but I don't relocate very far.

Bartosz: I think we have exhausted the subject of relocation. Yesterday at a distance you said something about the properties of your hands?

Grab: Yes, this is also our ability. We are able to strengthen energetically, that is, to promote the regeneration of diseased areas in the tree, for example branches.

Tobias: Do you ask the Creator then for strength?

Grab: Yes, I am asking the Source of All Life for support at this time. This is an ability that every spar has. With this ability, the spars serve the trees and thank them.

Bartosz: Do you just put your hands on the sick spots?

Grab: It is a similar process to that practised by human healers. We do it more from a distance. We apply our hand a few to a few tens of centimetres from the diseased area. The process of strengthening and renewing the diseased areas is made possible by connecting to the Source of All Life.

Tobias: What abilities would you still like to tell us about today?

Grab: That's enough for today. I will inform you about it at a later date. I simply have to consider the issue.

Bartosz and Tobiasz: Thank you my friend for talking to us.

We hugged each other goodbye.

2.21. Old Beech on partnership

We went to speak to Old Beech, which is now in its eighth year on the ground.

Tobias: Hello, very nice to meet you, Bartosz has told me a lot about you.

Old Beech: Welcome. I'm glad you've come along.

Bartholomew: We wanted to talk about the partnerships among spars that you mentioned recently.

Old Beech: It is such a beautiful experience that it causes us to marvel. I have not experienced it like that. As I said, it is very rare.

Tobias: Do only spars of the same species mate?

Old Beech: The strength of the connection is determined by love, not by the species. That's why there are couples from the same species, but also from different ones. It always evokes a warmth in my heart when I think about it. It is something beautiful and I am happy to share it with you.

Tobias: From what you've said, these tree-pairs grow next to each other and intermingle auras. Is that the way it is?

Old Beech: Yes, often these trees intertwine with their trunks, as Bartosz now imagines. Very often the spars of such intertwined trees, are pairs. There is a connection also at the level of the trees, not just the spars. People often feel that such trees are in an embrace of love and this feeling points them to the truth.

Tobias: Will they be side by side again in future incarnations?

After a long moment of silence.

Old Beech: I feel that such another reunion would be very difficult to plan. I also feel that such spars far away from each other could find each other because their love for each other would draw them together. That's how I see the subject at the moment and I feel that's how it could be.

Tobias: So they can find each other and visit through relocation?

Old Beech: Yes, if they find themselves, that's how they can experience.

Bartosz: What do you say in terms of planning a future incarnation? To what extent can you plan the location of a future experience?

Old Beech: It varies with that. There are spars who plan it, I didn't plan it. I let myself be guided by my fate. I think you would have to ask other spars to find out more about it.

Tobias: Thank you for your explanation.

Old Beech: There are many topics we can talk about, but I feel that is enough for today. Let the knowledge I have given you germinate in you, because I have imparted the truth that comes from my experience.

We hugged and thanked each other for the conversation.

2.22. Sleeping birch

We went to the Birch tree. I had dreamt of the Birch Tree at this location one of the previous nights.

Bartosz: Hello, you have expressed a desire to talk. I dreamt that there was a birch tree in this place and I hugged it. Do you know anything about this dream?

Birch: You needed support and strength at the time and the birch is your power tree, that's why I dreamt you. It is my 4th tree. All the others were here in the area.

Bartosz: What do you think it means that you are my power tree?

Birch: We connect energetically without any obstacles. Our energies are compatible.

Bartosz: Is it true that birches, like willows, are healers?

Birch: Yes, we have this gift just like other trees. Healing is not the domain of one species. Many species of trees have this gift and develop it.

Tobias: What do you want to share with us?

Birch: You can suggest any topic and I can show my insight on it.

Bartosz: Where does the wisdom of trees come from?

Birch: The wisdom of the trees is wanted by the Light. Even the young trees already have it in them. Of course, by maturing we become wiser and wiser and in this way we become part of the wisdom of all Creation.

Bartholomew: Do you know how many incarnations it takes for a spar to return to its vital homeland?

Birch: As far as I'm concerned, I feel I have a few more incarnations to go before I reach full maturity and return to my homeland. I think I'm halfway there. I can talk about myself, and looking in general, I would have to know all the statistics.

Tobias: People who hug trees often talk about birch trees, about making it a point to hug them. How would you comment on that?

Birch: I am not surprised by such comments because we have a friendly disposition towards people. We can heal and support them in many ways.

Tobias: It is said that trees can enhance a trait of a person. What are you strengthening?

Birch: We have great gentleness and sensitivity in us, and we can support these qualities. I know there is knowledge about this in the world, so I don't want to repeat myself in a sense.

Tobias: What would you say to people as a representative of the birch species?

After a long pause.

Birch: We Birches are also here for the people and we want people to approach us. We have a full range of possibilities to support people on their way. Don't forget people about birch trees, our gentle power. We can be brothers on the paths of development and complement each other on the way to the Light.

Bartosz: I think that's where we'll end today. Thank you!

We hugged each other goodbye.

2.23. From seed to death of the tree

After a break of a week or so and a few worthwhile meetings, I went to meet up with an old beech. In the meantime, we shared our messages that we had written down so far. People are asking questions and thus interacting with the spars, which I feel is very much wanted by the Light.

Bartosz: Hello Buck.

Old Beech: I welcome you Bartholomew.

Bartosz: A lot of questions have arisen. Some are from people we have shared the messages with. The first is as follows: Can trees grow without spars?

Old Beech: Yes, this is true. Trees can be treeless.

Bartosz: In how many trees, then, are there spars?

Old Beech: Most trees have a spar and this is willed by God.

Bartosz: In which trees, then, are there no spars?

Old Beech: In forests, virtually all trees have spars. In trees near houses and in towns, not all trees have spars.

Bartholomew: Why is that?

Old Beech: The presence of people deters spars and they may, for example, leave prematurely.

Bartosz: So trees growing in a busy street don't have to have spars?

Old Beech: They may or may not have one.

Bartholomew: From what point is the spar in the tree?

Old Beech: The beginning of each incarnation of the spar is the same. It sleeps when the tree is very small and slowly gains consciousness.

Bartholomew: Is the spar already sleeping in the seed?

Old Beech: Yes, it is already sleeping in the seed and quietly waiting for its awakening. All seeds are assigned a spar. Only later, for various reasons, the spar may leave prematurely.

Bartosz: Trees have different lifespans. Beeches, for example, are around 300 years old. Oaks, on the other hand, can even live for more than 1,000 years. Does an oak tree therefore need fewer incarnations than a beech tree?

Old Beech: The number of incarnations needed to reach full maturity is determined by the speed of maturation, and this varies, in each spar it is different. In my case it is eight incarnations, because I believe it is the last one, in other spars it can be five or even four. I don't know how it is in oaks for example, you would have to ask someone.

Bartosz: Is it possible to call you wood elves? I have come across this way of referring to you.

Old Beech: I have also come across the term tree spirits. Tree elves describe more or less what we look like, because we have slightly longer ears than humans. But if we used the form elves, we would have to distinguish between two species: tree elves and forest elves. Forest elves are the ones you've already seen, and they're not as closely tied to the trees as we are. They have more freedom of movement. The form 'tree' suits me very well and I have got used to it.

Bartholomew: When does the spar leave the tree?

Old Beech: When a tree dies, the spar naturally departs from the tree.

Bartholomew: So the spar can't reach full maturity earlier and leave leaving the tree?

Old Beech: No. Just as with humans. Just as the spirit waits for the body to die, the spar waits for the tree to die. Then it leaves.

Bartosz: Another aspect and another question that is common among people is, of course, the dilemma of when can trees be trimmed or felled? For me personally, this is also difficult. After all, tending gardens requires such activities.

Old Beech: I would speak from the point of view of the spars. No spar wants the suffering of his fellow human beings and brothers. However, you are a human being and you have to wait for the Light's decision on the matter.

Bartholomew: I have been informed that there will be a message flowing from the Will of God on this issue. It is possible, for example, to drain to a higher level the saplings of trees to be felled before they are felled.

Old Beech: Let the Lord God make the decision in this matter. What God's Will chooses is always just.

Bartholomew: Are the spars affected by karma?

Old Beech: We are immersed in God's law as much as humans are, and everything to do with laws applies to us too.

Bartosz: Can spars do evil?

Old Beech: Not to the same extent as humans, but mistakes happen to us too. We learn from them just like people do.

Bartosz: Thank you for talking to us today.

Old Beech: Thank you.

2.24. Three stages of spar care

I had a few days break. Questions arose that only the creatures of the forest could answer. Due to Tobias' illness, I had to go to the forest alone once again. In order to enrich the cognition presented by Old Beech, I went to him.

Bartosz: Hello.

Old Beech: I welcome you Bartholomew.

Bartosz: I wanted to ask about the seeds. You talked about how the little trees are already asleep in the seed. After all, only a few seeds will germinate and of those that do germinate, few will become trees.

Old Beech: Beautiful question Bartholomew. When the seed of a particular tree reaches maturity, the spar is attracted to it. This is the beginning of reincarnation. Everything that is vulnerable in creation is cared for. Sleeping spars are cared for by guardians also known as hubs. When a particular

seed germinates, the spar slowly wakes up and attracts another type of guardians who look after the already awake little spar. The guardians stay with the little spars until they mature and become fully independent individuals. Then the role of guardian is taken over by a higher guardian or higher guardian. These are the beings you already talk to and they are with us until we leave the body.

Bartosz: What then happens to the sleeping and small already awakened trees when a seed or small tree is destroyed? After all, only a few seeds and small trees become mature.

Old Beech: Those that are still dormant are transferred to other seeds. The transfer process continues until they encounter a seed that will germinate. Those that are already a little bigger but still young have to start again if the tree does not survive. They return to the subtle-material level and enter a new seed.

Bartosz: I think that before a young spar grows into a mature tree, it must have up to several dozen attempts or approaches. After all, trees are formed from such a small number of seeds.

Old Beech: I'm not sure about this, but in my opinion the little sleeping spars just have to wait. Of course, they are in the care of the female guards and are in no danger.

Bartosz: I understand. Were your eight incarnations when you reached independence?

Old Beech: Yes, my eight incarnations were the ones that were already adults. I probably had many attempts and each time I had to wait for a seed to germinate and become a tree. It is a process that shows how patient you have to be to reach full maturity. The very fact that the little trees are still sleeping shows that this waiting is a pleasant experience. You people do not need to know everything. What I have given you today is already advanced knowledge.

Bartosz: Do the little trees in very small trees also suffer when they are cut down?

Old Beech: Their suffering is less because they are not yet so mature and so connected to the tree. Immediately after they leave, they look for new seeds and wait for the next attempt to become a mature being. Life requires perseverance Bartholomew. Both the sapling and the human must be patient and persistent.

After these words, I heard the voice of the little hubby. I had to bend down to make good contact with her.

Hub of sleeping spars: Those little sleeping spars in the seeds that don't germinate are detached from the seeds and transferred to those seeds that still have a chance to germinate. Thank you for asking this. We love sleeping spars very much and this is our service. We are small inconspicuous beings, but we have noble tasks and we enjoy doing them. Care is anchored in laws and is an expression of the Creator's love for all that wants to thrive but is still small and vulnerable. Call us the hubs or caretakers of the little sleeping spars. Each little sleeping spar will one day reach its mature form in a mature tree. All we have to do is wait patiently.

I returned to the conversation with Old Beech.

Old Beech: I'm impressed with Bartosz. I don't talk to them.

Bartholomew: I am grateful for this explanation that the little hubby gave me.

Suddenly, the older hubby spoke up. She was much taller than the little one, and her voice had a source above my head. I think her height is quite a bit taller than a human being.

Elder hubby: Hello, we on the other hand are elder hubbies and we look after the little spars who are already awake but not fully independent. Our love for the spars guides us. We always do what is beneficial for their development. Each spar has three stages of care, exactly as presented by Old Beech. Care is a beautiful service and we want people to know about us.

Bartosz: Thank you for your message and for your service.

Elderly hubby: And now you're going to hear the Higher Guardian, because that's what you call them.

Higher carer: We often act together with the older hubs and support the maturation process. So that the spars who are assigned to our care already know us well and do not miss the older hubs so much. In this way, the process of changing caregivers does not come as a shock to them and is gradual and natural. The higher caretakers are always male beings. We stay with the spars until they leave and support their development. Give the knowledge of us to the world, it is wanted by the Light.

Bartosz: I am very grateful for what I have received from you. Thank you very much.

After these words, full of gratitude, I returned home.

2.25. Aged Tree

That same day, I went to the poplar tree spar that had been calling to me for a long time.

Bartosz: Hello.

Old Man Tree: A warm welcome to you.

Bartosz: Forgive me for waiting so long. You've been calling me for a long time.

Old Man Tree: Nothing has happened, I am patient.

Bartholomew: First of all, I would like to ask if I can call you "Old Man Wood". Certain beings have referred to you as such. Poplar is a female genus and you are clearly male.

Old Man Tree: You can call me that. What do you want to talk about?

Bartholomew: I would start by saying that you once remotely told me that this is your eighth incarnation, but you are planning two more. Could you say something about that?

Old Man Tree: What can I say? This is the truth. That's what I planned for myself and I'm sticking to that plan. Not all woodsmen plan such things. Me, I think I will reach maturity in the tenth incarnation and return to the circle of essence as a fully mature being.

Bartosz: Poplars are relatively short-lived compared to oaks, for example. Do you need more incarnations to reach full maturity?

Aged Tree: I think oaks also need many incarnations. We poplars develop relatively quickly.

Bartosz: You are the tallest tree in the area where I live. Does the height of the tree affect the height of your spar body?

Old Man Tree: Yes, I am very tall and I am over two metres. I have grown from a small tree child and am now an adult. Generally the height of the tree affects the size of the spars.

Bartosz: What would you like to talk about?

Aged Tree: I feel you want to talk about gratitude. Am I right?

Bartosz: Yes, I've had this topic on my mind for a long time. What can you say about gratitude?

Aged Tree: The feeling of gratitude is an expression of the maturity of a being. Gratitude is the happiness of our hearts. The noblest is the one directed towards God. The feeling of gratitude makes us live truly and attracts abundant gifts in the paths of our lives. A grateful being is wanted by God, for gratitude is the quintessence of existence, leading us to paradise.

Bartosz: A beautiful message. Can a grateful heart be rekindled somehow?

Aged Tree: Purity brings us closer to the feeling of gratitude. A pure being is free of all energetic dirt and easily awakens a grateful heart.

Bartosz: What are you grateful for as a being?

Old Man Tree: For all that He offers me life. Every day the Light bestows blessings on me and I feel that the Lord God loves me. We mature spars thank the Creator with our deeds, because everything we do is a thanksgiving to the Most High. The gift of life is offered to us all and all beings should be grateful for this gift. We are rays in creation. Let us illuminate the paths of others. The feeling of gratitude helps to do this.

Bartosz: What would you say to people who are not grateful for the gift of life?

Older Wood: Above all, that they need to get on the path of development and choose the path that leads to the Light. I know that most people have material goals. The purpose of life should be spiritual, the highest it can be. Gratitude will awaken in you people when you learn to pray sincerely. Prayer is thanksgiving and the highest form of gratitude. Learn, people, to truly pray. This is advice from me to you. The Lord will guide you if you learn to truly pray.

Bartosz: Thank you for your beautiful words. I think people should be grateful not only for the joyful things, but also for the unpleasant things, because unpleasant experiences teach us on the paths of life.

Oldwood: A profound thought Bartholomew. Yes, one must be grateful for all that life gives us. Sometimes a person has to atone for a heavy guilt. In this process, he should see that he is also gaining something and be grateful for it.

Bartholomew: Yes. People often rebel against fate, and this not only distances us from the Light, but builds new guilt.

Oldwood: Yes Bartholomew. I think that's enough for today. You have shown me that a man can be wise too, thank you for that.

Bartosz: I ask you to consider what topics we can still talk about, as I sometimes run out of ideas.

Oldwood: Yes Bartholomew, I will consider it.

Bartosz: Thank you.

After these words, the contact stopped and the spar let me know that he had to consider many things alone.

2.26. A few words about friendship

The next day I went to the Old Man of the Wood to talk to him about friendship.

Bartosz: Hello.

Old Man Tree: I welcome you Bartholomew.

Bartosz: Today I wanted to talk to you about friendship.

Oldwood: So OK, we can talk about that.

Bartosz: What do you think friendship is?

Aged Tree: Friendship is support and flows from love and a desire to serve others. People overlook this gift, and it is a great gift from the Creator. In friendship we find ourselves, our true selves. Every friend is a support and a bridge for us, a bridge to a deeper perception and to awaken even greater layers of love. People should appreciate true friendship more. In it, all that is beautiful can be found.

Bartosz: Do you have any real friends?

Aged Tree: Many have passed away whom I loved. They are experiencing in other realms. I still love them.

Bartosz: And among the spars in the area, do you have any friends?

Older Spars: Just like among people, it is also possible to be let down among woodsmen. I was let down and no longer have friends.

Bartosz: Do you believe in friendship between spars and humans?

Aged Tree: I believe, but I don't seek it. I like to be alone. Solitude gives me a sense of fulfilment and I don't expect to make friends with someone.

Bartosz: Just because you've been disappointed with someone once doesn't mean you have to be disappointed with someone again straight away. It's worth trying to build new relationships.

Oldwood: You are right Bartholomew. I feel that you speak with your heart.

Bartosz: And what kind of relationship do you have with your sector's senior mentor?

Oldwood: Sometimes I don't like what he says to me, even though I know that what he says is always beneficial to me. I am already an old woodsman and I have my humours. He knows this and respects it.

Bartosz: What would you say to people who are looking for friendship?

Old Man Tree: Remember that friendship is a gift. Build it on mutual trust. There are people who don't understand this, and trust is very important in friendship. Learn to give, not just take. A true friend gives himself to another being and does so out of pure love, expecting nothing in return. Friendship is a beautiful adventure and it is worth living this adventure and being part of it for others.

Bartosz: Do you believe that we could become friends one day?

Aged Tree: It's too early to talk about it. This is only our second conversation, but I see values in you that I value in people. I think the future will tell if we resonate with each other enough to become friends.

Bartosz: I think the same. You have to wait for friendship sometimes.

Oldwood: There you have it. Is there anything I can add?

Bartosz: Of course.

Aged Tree: Friendship teaches love. Let us remember that we are students of love. If we love someone as a friend, then our growth accelerates and we are heading in the right direction. I think that's enough Bartholomew for today.

Bartosz: Thank you.

Old Man Tree: Come again. I have topics to talk about.

Bartholomew: Which ones?

Aged Tree: Let it be a surprise.

Bartosz: Thank you for your insights on friendship.

Aged Tree: Thank you.

I hugged myself and went home.

2.27. On faith in God

Maybe two days passed and I went once again to the Old Man of the Wood.

Bartosz: Hello.

Oldwood: Hello Bartholomew.

Bartosz: You have communicated remotely that you want to talk about faith in God.

Oldwood: I think this is a very important topic and worth discussing.

Bartosz: What can you say about faith in God?

Aged Tree: Faith is the foundation of life. Human beings have forgotten God, and He is the most important. This fact builds their sad future. Many people seek God, but few find Him. It is a sign of maturity when faith becomes conviction. God is reachable in every part of His creation and wants man to approach Him. However, man does not do so. A sad fate awaits man, but what befalls him is just.

Bartosz: Can faith in God be rekindled somehow?

Aged Tree: It is possible by immersing oneself in oneself. Any prayer can awaken faith, it just has to be genuine and sincere.

Bartholomew: Do you pray?

Aged Tree: I live so that my actions are a prayer.

Bartholomew: Do all spars believe in God?

Older Woodmen: With sparers this is common and it is always a true faith. However, many sparers fall away from God, however, their falls are never as deep as the falls among humans.

Bartholomew: So there are sparers away from God?

Older Sparer: Sometimes the woodsman cannot cope with sad, hard experiences. He then does not listen to the higher guardian and rebels against fate. Because you see Bartholomew, we also experience suffering. Not every spar in the face of suffering behaves properly.

Bartosz: And what is the right attitude towards suffering?

Oldwood: I know you know the answer to this question. Suffering has to be accepted, acknowledged as just. I for one am not a highly advanced woodsman when it comes to faith.

Bartosz: Has any event shaken your faith?

Aged Tree: Friendships that have gone. I miss those who are no longer here.

Bartholomew: Do you suffer from the fact that your friends are no longer here?

Old man Tree: The two poplar trees that used to grow here were like parents to me. I loved them very much. They taught me a lot and I am sad when I think of them.

Bartholomew: It seems to me that it might help you to cling more to the Creator.

Oldwood: Yes I know, you are 100% right.

Bartholomew: You see, if God comes first, then we don't suffer so much from loss.

Oldwood: You are right. Thank you for those words.

Bartholomew: Can I help you in any way?

Old Man Tree: How do you want to help me?

Bartholomew: I can pray for the soothing of your pain.

I prayed for the poplar trees.

Old Man Tree: Thank you Bartholomew. I want to be left alone now.

Bartosz: Thank you for your time and for the interview.

2.28. Linden on the Day of the Dead

After another two days, I went, this time with Tobias to the spar we have already spoken to in the pages of this book, which is the church lime tree, to talk about the feast days when we remember our loved ones who have died.

Bartosz and Tobiasz: Hello Lipo.

Linden: Hello to you dear friends.

Tobias: It was recently the holiday of 'All Saints' and there were a lot of people at the cemetery. How do you perceive this holiday?

Linden: The idea itself is a good one. People remember their loved ones who have passed away. There were a lot of people here at the cemetery on the day.

Bartosz: In your opinion, do people help their deceased loved ones on this day?

Linden: If they open up and pray sincerely, yes. Every sincere prayer is answered.

Bartholomew: In your opinion, can people still pray like this?

Linden: I wish it were so, but generally it is not. People treat prayer superficially.

Tobias: Do spars also remember spars who have passed away?

Linden: Many of us miss them, however, it is important to remember that such is life. It is normal that each of us will one day leave the body we are now experiencing.

Tobias: Can you communicate with them in some way?

Linden: Not directly. We can communicate indirectly through guides. I personally do not use this.

Bartosz: Do you have any friends who have passed away and who you miss?

Linden: I'm rather individualistic and don't have many contacts, and therefore I don't miss anyone. However, I know that there are spars who have shared a strong bond. Their longing for each other is very strong.

Bartosz: Do you also see souls in the cemetery here? How do they react during the 'All Saints' time?

Linden: Yes, I see them. They are waiting and hoping for support. Sometimes, but only sometimes, the prayers of living loved ones can bring solace to their hearts.

Bartosz: In general, are there a lot of souls in the cemetery and are they all hoping for help?

Linden: These days the souls of the dead open up more. They very much feel the thought forms of the living supporting them. In my opinion, this is a beautiful tradition and it is worthwhile to bring more life into it. The veil separating the two worlds then loosens a little and people just feel a greater connection with that world.

Bartholomew: Is there any way the living can help their deceased loved ones more?

Linden: Every person who is more spiritually developed can help and support in many ways. First and foremost, by prayer and intercessory request. The more fervent such prayer or request is, the better the fruits will be.

Bartosz: What would be your final message to humanity today?

Linden: Remember your loved ones who have died. Remember them in love and in truth. Their lives did not end with earthly death, and the bonds you began here on earth continue to exist. Pray and ask for strength and guidance for those souls who are close to you.

Bartosz and Tobiasz: Thank you. We think that's where we'll end up.

Linden: Yes, I think I have communicated everything I wanted to.

Bartosz: Thank you for your insights and for your wisdom.

Linden: Thank you dear friends.

We hugged each other.

2.29. Brief conversation with Old Beech

It was Saturday when I went into the woods alone. Unfortunately during the week I don't have much time to go into the woods, it gets dark too early. I first approached the Old Beech.

Bartosz: Hello Old Buck.

Old Beech: Welcome to you. You've been away for a long time.

Bartosz: I know, I only have time now on weekends to go to the forest. It's dark very early.

Old Beech: I understand. What do you want to talk about?

Bartosz: I have prepared some topics for today. Can I get started?

Old Beech: Of course. I'm ready.

Bartosz: Do the waves of the mobile networks bother you or are you indifferent?

Old Beech: They have an effect on the trees, as well as on all living beings on earth. I don't feel it too much, but what the tree experiences is also the experience of the trees.

Bartosz: Do these waves of cellular networks affect the species of matter in which the trees experience, or only the densest matter here, where the trees are?

Old Beech: In my opinion, they only affect the densest of matter and have a big impact on the trees. We can feel it, but just in this forest it is not that noticeable by me.

Bartosz: So these waves do not radiate to higher levels of matter?

Old Beech: In my opinion, no.

Bartosz: I read in a book that there is a tree of life in the vital levels⁶. Do you know anything about this?

⁶ The book mentioned is: "The Great Pyramid Reveals its Secret" by Roselis von Sass.

Old Beech: It is the forefather of all trees and spars. Its role is invaluable. Its radiations through its roots penetrate the matter of the world. They affect all matter and we are grateful for this process. The tree of life is not a myth, it really exists.

Bartholomew: Is the spar of the tree of life a created being, a created being?

Old Beech: Yes, he is the supreme creature of all spars. He is our leader and our father. Just as the planet earth is our mother, the tree of life is the father of all spars. We love him very much.

Bartosz: There is information that there used to be giant trees on the earth, confusingly referred to by people as the trees of eden. Do you know anything about this?

Old Beech: Eden was not on earth, but yes, there were trees. In my opinion they were essential creatures, but I am not sure about that.

Suddenly I heard a voice:

Voice: By virtue of asking such questions, you will have the guidance of higher beings on this issue.

Old Beech: I don't know everything either, and I am relatively young, if you consider the process of development of the earth. I believe you will get answers to such questions from higher beings.

Bartosz: I still have a question about suffering and how it arises in you. If a tree is sick and dies, for example, I understand that this affects the spar. Is this also the case in reverse? That is, if the spar suffers does its suffering affect the tree's illness and suffering?

Old Beech: We are connected to the trees and both scenarios are possible. The suffering of the spar also affects the tree, but it is the tree that has more influence on the spar. The tree is dominant in this relationship and therefore the spar can be called the most faithful guardians of trees.

2.30. New friend

After this short conversation, I decided to approach a spar I had spoken to before. You probably remember the loner beech. Here is what he communicated to me.

Bartosz: Hello Buck.

Beech Lone: Hello to you Bartholomew. I wanted to pass on something.

Bartosz: I'm listening to you Buck.

Lone Beech: I felt love for you and your brother. Thank you. This feeling showed me what friendship is.

Bartosz: Do you mean to say that you didn't know what friendship was before?

Beech Lone: That was not part of my experience. I was a loner and didn't feel friendship. I first felt affection for you and then love. You guys are very close to me.

Bartholomew: Do you mean to say that we are friends?

Beech Lone: If you want the same thing, we can be them.

Bartosz: It will be a great pleasure to be your friend.

Beech Lone: One more thing. I trust in your messages and in your guidance. I trust you to discover the truth about us. You already know a great deal.

Bartosz: Has your perception of yourself changed?

Lone Beech: Yes, I feel that I am a being who serves the tree. I don't think of myself as a tree anymore. I am simply a tree and that knowledge is enough for me.

Bartholomew: Is there anything else you would like to add my new friend?

Beech Lone: You have shown me that tree-human relationships can be fruitful for both parties. It's amazing how I've changed after just a few interactions with you. Say hello to Tobias, I love him very much. He was the one who first called me his friend. I support you both in your mission. You are noble beings.

Bartosz: Thank you Buku. I'll be visiting you more often now.

Beech Lone: Hug me goodbye.

I hugged myself and confessed:

Bartosz: See you Buku, my new friend.

2.31. On the ability to change the voice

I then went to Grab, to whom I had a question.

Bartosz: I welcome you Grabie.

Grab: Hello to you Bartholomew.

Bartosz: I wanted to ask you about something. It's something that I've noticed in older spars, young ones don't have it. Older spars change their voice. I found it confusing at first and it built doubts about the authenticity of the contact. Is this some kind of ability of yours?

Grab: Yes, we can change our voice. It is natural. The young can't do it yet.

Bartholomew: I wonder why you have this ability. People don't have that.

Grab: I think it is a form of protection and even camouflage. I think a real sincere sparer doesn't need to change his voice.

Bartholomew: For me it's strange, because I feel that these spars that change their voice, it's like they want to hide something.

Grab: This ability is learned and I don't think it's completely redundant.

Bartholomew: And what is it useful for?

Grab: You can influence someone with a different voice, making them change for the better.

Bartosz: How does this voice change work and what does it involve?

Grab: Our voice is simply changed by the power of our will. We can gain someone's favour with this ability, for example.

Bartholomew: Do all old spars benefit from this?

Grab: I think they are giving up on that at some stage.

Bartosz: Can I hear your original voice now?

Grab: Yes, now you can hear the original. It wasn't like that before.

Bartosz: Do you have any other capabilities that we can talk about?

Grab: Yes, but I feel that the topic of capacity is slowly running out of steam, at least from my point of view. You already know a lot about us.

Bartosz: Thank you for your words.

Grab: Thank you.

2.32. About runes, places of power and epochs

On one of the following days of the weekend, I went to Old Buck with questions.

Bartosz: Hello Buck. I have a few questions.

Old Beech: I welcome you and turn to listen.

Bartosz: What can you say about runes?

Old Beech: This is writing that comes from the essentials.

Bartholomew: Do creatures of nature know the writing?

Old Beech: It depends on the degree of maturity.

Bartosz: So you understand the runes?

Old Beech: Yes, but they are a bit different from what people are familiar with. There are many variations. I don't use them, but I know they exist. Woodmen are unlikely to need writing. Instead, there are beings in essence who use runes. Humans have been inspired by these primordial runes from the essential.

Bartholomew: Was there an essential guide that taught people the runes?

Old Beech: Very possibly, but I don't know the answer to that question.

Bartosz: What are the so-called places of power?

Old Beech: These are ancient sites of energy intensification.

Bartholomew: Have the essentials prepared them?

Old Beech: Yes, the high essentials participated in shaping them.

Bartosz: What is their purpose?

Old Beech: the aim is to process and refresh local energies.

Bartosz: Can you say more?

Old Beech: With energy accumulation, the process of transformation and refreshment initiates itself. I am not an expert in this field, but this is how I see the subject.

Bartosz: Are the places of power looked after by any beings?

Old Beech: There are special guardians appointed for this purpose. They make sure that the processing and movements of energy are correct.

Bartosz: Do you cooperate in any way with these guards?

Old Beech: Arguably the spars of the power sites in question have some kind of purpose or task associated with the sites, but I don't know the details.

Bartosz: Is the life of tree creatures divided into eras?

Old Beech: Yes, we have a division into eras. Each era has brought new tree species to the earth. We beech trees are some of the older trees and spars found on earth.

Bartholomew: Will there be a new age of trees and spars in the future?

Old Beech: Very possibly, but I don't know Light's plans in this regard.

A prolonged silence followed this answer and I decided to approach the much younger Aldaniel to see if he had any knowledge regarding these topics. Aldaniel immediately began:

Aldaniel: I Bartholomew don't know any runes and I don't know if they are known among the spars, but I am young and I don't know everything.

Bartosz: Do you know anything about places of power?

Aldaniel: I know there are places like that and nothing else.

Bartholomew: Do you have an age division?

Aldaniel: I'm a spruce and I have spruce eras, but I don't know them either.

Bartosz: You made me laugh Aldaniel.

After these words, Old Beech called me over and indicated that he had something to report.

Old Beech: The runes are inside us, but we don't use them. Sometimes when we see a notation, we know what it means, but we don't think about why. That's the way it is with us. Forgive me for taking a longer pause. I had to think about it more deeply and consider it.

Bartosz: In that case, do the younger spars also understand the runes?

Old Beech: They should understand, but they may not be aware of it.

Bartosz: Thank you.

2.33. Trees about God

The following weekend Tobias and I went to the woods to talk about God. We started our conversations with Aldaniel.

Bartosz and Tobiasz: We welcome you Aldaniel. It's been a long time since we've spoken.

Aldaniel: Hello, I always look forward to hearing from you.

Tobias: How do you Aldaniel understand God?

Aldaniel: I have a very simple understanding. He is our Father who loves us. I am grateful to him for that and I want to serve him.

Bartholomew: What does it mean that God is our Father?

Aldaniel: He is full of love for all his creatures. He loves with a love that we cannot comprehend, but we can feel it in his creation.

Bartholomew: What do you think God is like?

Aldaniel: God is always just, wise and sublime. We as creatures of this creation can serve Him. In this way we can repay His love. I do not have a great knowledge of God because I am a young being, but I know that in obeying His laws we can find peace and happiness.

Bartosz: In your opinion, does God reward and punish?

After a while.

Aldaniel: I have just received an understanding of this issue, that it is the recurring effects of our actions, words, thoughts and feelings that bring us reward and punishment. There is great blessing and justice in this.

Bartosz: So according to you, the Lord God does not directly reward or punish?

Aldaniel: He blesses those who live in accordance with His laws. Man must exert himself to earn this blessing.

Tobias: Do the spars have to make an effort too?

Aldaniel: Yes, of course. After all, we go into the matter for development. We also have our tasks and our goals.

Tobias: Would you add anything on this subject, for those who will be reading?

Aldaniel: Man must know that the Lord God exists. Such a conviction leads upwards. People remember God, His immeasurable love, His wisdom, His justice, and strive to serve Him every day.

Bartosz and Tobiasz: Thank you.

We approached the Lone Beech.

Bartholomew and Tobias: Hello, today we are talking about God.

Beech Lonely: We beings developing in this creation will never fully understand God. Understanding God is beyond our capacity, but knowing that He is and loves us is crucial to our further development. Man can do His will by conforming to the eternal laws of creation. We spars have greater ease in doing this will because we are a different species whose nature is to align with God's will. Man what the spars and other creatures of nature have, he has yet to find through exploration. Man has greater freedom because he has free will and consonance in God's will has yet to be learned.

We approached the Old Beech.

Old Beech: I listened to what you were talking about and I would like to add something. God is all-powerful. He is like a power station that powers everything that exists. His power permeates all worlds and gives them the energy they need to thrive. Each of us, through feeling, can connect with

this force and direct it towards good or evil. Be mindful, people, to always choose the good. We spars want to teach you this, as we are now a more enlightened species than humans.

After a pause.

Old Beech: God is our Lord. Awareness of this does not make us slaves, as many conceive, but His servants. Serving God is the purest form of existence. I ask you people to understand and accept this, because it is only in service that authentic happiness can be found, unsupported by any conspiracy or illusion. God wants to have in man his faithful servant who understands and acts in the rhythm of the laws of creation. Dear man, wake up and serve God with your whole life. I, Old Beech, exhort you to do so, for I know it is beneficial to you and wanted by the Light.

We stood more or less in the middle of the three trees and thanked them for their messages.

After a few days, we went to Linden.

Bartholomew and Tobias: We welcome you. You have expressed a desire to say something about God.

Linden: Hello. Yes, I am happy to say something. It is a great joy for me, to share how I see the world.

Tobias: Start, please.

Linden: God is just and merciful. These two qualities define Him fully. Love and justice are really one, because love flows from justice and justice flows from love.

Tobias: Can you cite any example of God's justice and love?

Linden: Love and justice touch us every day. They lie in the possibility of redeeming even the greatest guilt. Love and justice lie in the laws of creation that permeate the entire universe. Let us remember this and be grateful for it.

Tobias: You are standing by the church. Are the people who go to it aware of what you are talking about?

Linden: People are not aware of this. From this unawareness all suffering is born. People could gain a lot if they recognised and accepted this truth. I want to add something else, regarding what I have presented. In this justice and love lies the great wisdom of the Creator. It is so simple and logical that, perhaps as a result of this simplicity, people do not accept it as truth. God's perfection is indisputable, yet people have distanced themselves from it.

Tobias: Should God be feared?

Linden: I think that God is to be respected, and the so-called fear of God is precisely the awareness of this respect. One who serves God need not fear Him, however, those who do not serve Him may find in fear the truth that they are erring.

Bartosz: In your opinion, is God strict?

Linden: Yes, of course. Love and justice is also expressed through severity. The world is just being affected by immense suffering through numerous wars, for example. Everything that the world touches is just and at the same time harsh. God never indulges people or other creations, but manifests Himself in severity flowing from justice.

Bartosz: Is there anything else you would like to add regarding today's topic?

Linden: Yes. Remember God, people. The fact that you fail to see His love and justice is your fault. Learn to accept just rewards and punishments from fate, because you always fully deserve them.

Bartosz and Tobiasz: Thank you Lipo.

Linden: Thank you for giving me the space to express myself.

After many other conversations, we returned to talking about God and here we present a transcript of a later conversation. It is a conversation with a representative of the Beech family (community). Here is that conversation:

Buk: Welcome!

Bartosz: You once mentioned that you would like to talk about God. We remembered that, we came for that very purpose, because now is the time.

Beech: the Lord is the shepherd of every being that aspires to nobility. The Lord is the shepherd of our community, we love Him and want to do His will always.

Tobias: Trees can't fall and haven't fallen like humans, so they are always closer to God. Yes?

Buk: Yes. We are closer to God. In our Beech community, God comes first. There has been a decline among people and the concept of God has been distorted. People say they believe in God, but their faith is empty. The breachers grieve over the fate of the people who have brought it upon themselves.

Tobias: Do you also say intercessory prayers for humanity?

Buk: We have been in this forest for years and we also support each other with prayer. We know that prayer has power and your presence here inspires us to pray for people too.

Bartosz: What do you think characterises God?

Beech: God is merciful, gracious and at the same time just. His justice is expressed in God's laws. We know that these are unknown among people, however, we hope that the words of your book will inspire many to truly seek them. I would also like to say that I feel that God loves me. I feel it with my whole being. I am grateful to Him for loving me so much and I want to repay Him with service. I love Him most of all. There is no falseness in this feeling, there is only love.

Tobias: Do you want to add anything at the end of the discussion?

Buk: Yes, I want to add something. Love, people, is able to save you. Love for the Most High. It is He who will carry out the Judgement⁷ on earth, and that time is very near. We know that you must experience suffering. Know the love of God in His laws, in His justice and graciousness. May the Lord God lead you to true knowledge. Knowledge of yourselves, of the world around you and of God. Be blessed in your journey.

Bartosz and Tobiasz: Thank you.

Buk: I am grateful to you for coming to me. I love you guys!

2.34. Trees of humility

After some time, we went to the spars to talk to them about humility. In the first instance we went to Linden. Here are the insights of Linden:

Bartosz and Tobiasz: Hello Lipo. We wanted to talk to you today about humility.

Linden: Hello, yes, I am ready to give you my insights.

Bartosz: So what do you think true humility is?

Linden: Being humble is the natural state of every living being. Human beings gain humility through rightful development.

Tobias: Can you say more?

Linden: Through proper development, cognition also increases. Along with cognition, humility also naturally increases. If we see a lack of humility in someone, we can also infer that this person also has little cognition.

Tobias: How does humility manifest itself?

Linden: It manifests itself in that man is aware of his frailty and smallness in the face of the greatness of God. A humble person is not conceited and does not rebel against fate. The humble one accepts what fate gives him with a trusting heart and acceptance.

Bartosz: How do you assess the level of humility among people?

Linden: People do not understand humility. They lack any knowledge of the world around them and of themselves, and only a man of humble heart is able to accept the Truth.

Bartosz: How can humility be deepened?

Linden: By getting closer to God in your daily life. By learning to really pray. People do not know how to pray, and it is prayer that shows us who we are. Learning to truly pray is an important step on the

⁷ It is about the so-called 'End Times'. Judgement on earth is already underway.

path of gaining humility. It is also important to learn the right lessons from life experiences. Learning this in our daily journey also increases our humility.

Linden seemed to have dimmed down a bit. A senior mentor came in to help Linden with his expressions.

Bartholomew: Higher Guardian can you add anything?

Higher Guardian: Linden is having a weaker day, but I can carry on. Humility is willed by God. In fact, it is our natural state. Through humility our other virtues and true qualities of spirit develop. Spiritual evolution should lead us to develop a humble heart without conceit, pride or vanity. The fact that man has lost humility is his fault.

Tobias: Is there anything you would add at the end of the road higher guardian?

Higher Guardian: Yes, only a humble heart is capable of proper development. Humility is one of the foundations of spiritual life and anyone who really wants to develop should be aware of this. Be humble people and you will also be authentic and true. It is humility that will shape you into people wanted by the Light.

Bartosz and Tobiasz: Thank you Lipo and Higher Guardian.

We then went to the Poplar, or Old Tree Man. At the outset, we read him insights on humility from Linden and the Higher Guardian and started a conversation.

Bartosz and Tobiasz: Hello, what could you add to what we have read?

The old man Tree: It is only the humble man who can truly serve God through the authentic expression of himself, of his loving nature. It is the humble man who learns more quickly from the experiences of his own life. He learns from his mistakes and moves upwards towards enlightened heights. Only in humility are we ourselves. It develops us and strengthens us.

Tobias: Martin Luther once said that "True humility does not know that it is humble. If it knew, it would be proud to contemplate such a noble virtue." What do you think of this?

Aged Tree: Certainly a humble person does not flaunt it. There are few truly humble people who are fully aware of this. However, at a certain stage of development and maturity we may already know this. I would say that it is useful to know this, while at the same time not flaunting pride and exalting ourselves above others. The light wants us to distinguish and recognise our enlightened virtues. However, we must first reach a certain level of development, because flaunting one's enlightened qualities is not wanted. Let us therefore remember modesty and keep our enlightened qualities hidden from others. The Lord God, who sees in secret, will appreciate this and it is enough for us.

Bartholomew: Often people do not understand humility and confuse it with submissiveness. What is the difference between humility and submissiveness?

Aged Tree: The difference is very clear. The submissive man does not respect himself. He allows himself to be humbled by others. Humility too is a form of humility, but only before God and His

perfect laws. Humility acknowledges God and is aware of its place in creation. Submissiveness, on the other hand, is not conscious of its value. Submissive people are often unhappy precisely because of this.

Tobias: Is there anything you would add at the end?

Old Man Wood: The earthly man must find a humble heart. This is what he lacks most. He must find it if he wants to maintain his role in creation. Whether man will achieve this, I do not know. Suffering is the main teacher of humility and I have the opinion that it is in great suffering that modern man on this planet, will form his humble heart. I believe that many people will succeed. This is what Bartholomew and Tobias wholeheartedly wish for human spirits. Thank you.

2.35. Discussions with the sparyman

It has been several days since we last spoke. A lot of snow had fallen and the weather did not encourage walking. For some time now, the beings I called the higher guardians had been informing me that they wanted to tell me something about themselves. As an aside, the name 'Higher Guardians' is a bit misleading. I think that 'breach guardians' as a term for these beings would be more appropriate. However, I have got used to it and will stay with the old form of referring to them. We already know that they are male beings.

I made my way to the poplar tree to talk to the higher custodian there.

Bartholomew: Hello to you taller guardian, you've been wanting to tell us something for a long time. Forgive me for only going to you now. A lot of snow has fallen and the aura has been unfavourable.

Higher Guardian: Welcome to you.

Bartosz: What did you want to communicate to us?

Higher Guardian: Let me start by saying that care is a major aspect of service in creation. Just as the creatures of nature look after the different parts of nature, like the trees look after the trees, we look after them. Our role is to support the spar to grow. We do this out of pure love. Caring is our nature, our inner need. The Lord has gifted us in such a way that it gives us pleasure.

Bartosz: Where do you come from?

Higher guardian: We come from a circle of relevance, but not the level from which the spars come. We are from a slightly higher level. There is a whole host of guardians in creation, and we the guardians of the spars are one of many species.

Bartosz: Are you also developing?

Higher guardian: Yes, we can advance to a higher level, and in the vital circle we come from, we also look after the spars. We go down to their essential level, and to our slightly higher level we go to rest.

Bartholomew: Do you also develop like a spar and go into seed into matter?

Higher custodian. No. It is not wanted to talk about such details.

Bartosz: And do you also have mentors, guides?

Higher carer: We have intuitive guidance and that's basically enough for us. Sometimes we still have higher carers come down to us and give us advice, but it's rare.

Bartosz: Is there anything else you want to say at the end?

Higher Guardian: We want people to know about us. There are a handful of people in the world who know about us. What I have communicated today is fully sufficient knowledge.

Bartosz: Thank you Higher Guardian for your messages.

Higher Guardian: Go ahead. Bear witness to people about us.

On my return home, a few questions arose. I decided to go to the poplar tree in the morning to try and ask the spar keeper about these matters.

Bartholomew: Welcome back caretaker of the spars.

Higher Guardian: A warm welcome to you.

Bartosz: A few questions came up after the last conversation. I got the signal to ask them.

Higher Guardian: I am listening.

Bartholomew: Are you half a degree higher than the spars. Earth people's helpers are half a degree higher.

Higher guardian: Yes Bartholomew, we are half a degree higher than the spars. We are obviously more evolved and we are on a slightly higher material plane. However, this does not prevent the spars from seeing and hearing us.

Bartholomew: Do you belong to the essential created, that is, those who have had full maturity from their beginning? Do you have to evolve like spars or earthlings?

Higher Guardian: Those above us are created beings. We, however, have entered into matter to perfect our gift for care. So, in this understanding you have presented, we belong to evolving beings.

Bartosz: I understand that each of you is assigned a particular sector with trees to look after. How big is it and how many trees does it have?

Higher Guardian: In my case, the sector I look after is the trees in the area of the street you walk on every day. It counts a few dozen trees and spars. In the forest, there is a higher density of trees, so the sectors of individual caretakers are correspondingly smaller.

Bartosz: Do you look after trees of all species in this sector?

Higher carer: Yes, it doesn't matter if they are maples, oaks or spruces. I take care of all of them.

Bartholomew: Thank you, do you want to add anything?

Higher Guardian: If there is the will of the Light to expand cognition, we will get back to you. That is enough for today. Thank you for talking to us.

2.36. About the talents

By virtue of the fact that I was at the Old Tree, or Poplar, I decided that I would use this time to talk to him about the talents. I connected by phone with Tobias, who was at work at the time.

Bartosz and Tobiasz: Hello Old Timer.

Old Man Tree: I welcome you brothers.

Tobias: We wanted to talk about talents.

Aging Tree: Talents are a very important aspect of development. They should be considered as gifts from the Light. It is the duty of every being to develop them.

Tobias: What talents do spars develop?

Aged Wood: We don't have talents like humans, but abilities that we develop. You already have a cognition of them.

Bartholomew: In our view, not everything that people call talents are in fact talents from God. For example, the talents of athletes.

Oldwood: Yes Bartimaeus. Talents from God are those that inspire others to do good, inspire awe of beauty and ennoble all humanity. The so-called talents of athletes are merely skills that the athlete in question develops.

Tobias: The fact that people call the skills of athletes talents is indicative of the fallenness of man and is unwanted by the Light.

Oldwood: Yes Tobias. You are right on this point. Man has fallen and his understanding is faulty. This applies to the aspect of talents as well as other areas of life.

Bartosz: Where do talents come from?

Aged Tree: All talents are gifts from God. Every spiritual or vital germ that begins its existence is endowed with them. The fact that he does not develop them is his fault.

Tobias: Can you breechers recognise talents in people?

Aged Tree: Yes, we can. However, it is better if one discovers them oneself. That's why it's worth developing and slowly discovering them.

Bartosz: Is there anything else you would like to add at the end of this short conversation?

Aged Tree: Develop yourselves people, and discover your talents. Each of you has been given time to develop them, so wake up from your spiritual slumber. Developing your talents will only give you benefits, spiritual benefits, for only that which strengthens and develops the spirit is beneficial.

Bartosz and Tobiasz: Thank you.

2.37. On the will of God

In the afternoon of the same day, we went to the forest to talk about God's will with Old Beech.

Bartosz and Tobiasz: Hello, we wanted to talk about God's will today. What do you think it is?

Old Beech: God's will is that which is pleasing to Him and that which is willed by Him. We can recognise His will in His laws. This is why it is so important to know God's laws. People know earthly laws and try to obey them. Unfortunately, they do not know God's law and do not know how to obey it.

Bartholomew: Can God's will change?

Old Beech: In my view, God's will is unchangeable. However, God can become more favourable towards someone who has repented. Also, God can change decisions towards people, but that decision always resonates with God's will. *(After a moment's reflection)* May I add something?

Bartosz and Tobiasz: Please.

Old Beech: Doing God's will is the most beautiful and highest duty of each of us. Let us be aware of our responsibility to God's laws. When we obey them, we are consonant with His will. These laws are an expression of God's justice and love. They are simple and perfect. One more thing I would like to say...

Bartosz and Tobiasz: Please!

Old Beech: There are many people who do the will of God and do not know the laws. They fulfil it intuitively because they listen to their heart. Such people are very close to our Lord and that is also why He generously bestows a happy life on them. This is important, as I have now said, because many experts in the law forget it. To do the will of God is to do good every day. Good that makes you happy or severely punishes you. For doing the will of God always gives benefit to another. This is what the good I mentioned manifests itself as.

Tobiasz: Is there anything you would add at the end?

Old Beech: I have given you messages that are pure and true. They are the truth of my heart.

Tobias: And what would you like to say to the readers?

Old Beech: It is now the will of God to cleanse the planet of all darkness. This process will not be easy for people, but it is necessary, because without it there will be no New Earth, no Kingdom of God on it.

2.38. On the friendship of spars with humans

Linden has wanted to talk for a long time about our friendship, the friendship of spars with humans. Here is a transcript of the conversation.

Bartholomew and Tobias: Hello, you have expressed a desire to talk about the friendship of breechers with humans. Please feel free to start.

Linden: Hello! For me, friendship is very important. The most important thing for me is God, and then friendship among other things. I believe Bartosz and Tobias that our friendship will be an inspiration to other people. I firmly believe that in the future, friendship between humans and woodchucks will be common again.

Bartosz: We love you very much Lipo and you are one of our friends. I don't know if I have received as much support from any human being as I have from you.

Linden: I always support you Bartosz and always want your good. Thank you for visiting me and hugging me.

Bartosz: What do you think would have to happen to make friendships between spars and humans more common?

Linden: The will of the spars is for people to come closer to us. However, what is needed first is the awakening of humanity and its embarking on the path of Truth and love. I believe this time will come and we will be brothers again, as we used to be. Friendship is a gift and I am very happy to have friends like you two.

Bartholomew: I wanted to convey in the pages of this book that friendship with breechers is very beneficial for development. The support and strength that this friendship gives is invaluable. I'm happy for Lipo to have friends like you, and I also firmly believe that such friendships will be more common in the future.

Linden: Is there anything else I can add?

Tobias: Of course.

Linden: There are many friendships that do not stand the test of time. I hope Bartosz and Tobias that our friendship will stand the test.

Tobias: And I want to say that if it wasn't for Bartosz's gift, I wouldn't have such a connection with you guys and I don't think I could quite call you friends. I feel a huge amount of support from you breechers. I thank you for them!

Bartholomew: Do you want to add anything at the end?

Linden: It is the will of the breechers that people get close to them and build friendships with them. This is also willed by the Light, and I firmly believe that the times of true friendships between spars and people will eventually come. Thank you brothers for your faithful friendship. I love you and support you always.

2.39. On wisdom

This time we went to Old Beech with a question about wisdom:

Bartosz and Tobiasz: Hello, we wanted to ask you about wisdom. Where does wisdom come from?

Old Beech: All the wisdom of the world comes from the Light. However, to attain wisdom, one must evolve. We woodchucks, at the moment, have more wisdom than humans, if one were to compare the two species in general. What we can see from the example of humans is that distancing oneself from the Light causes not only the disappearance of wisdom, but even stupidity. Cognitive horizons are thus diminished and man no longer senses the wisdom of others or even the Truth. Wisdom should be of paramount value when it comes to individual nations as well as the world as a whole. By this I mean that leaders should lead the multitudes with their wisdom.

Bartosz: Why do you think smart people are so often attacked?

Old Beech: It is the hiss of darkness that hates the Light and the wisdom that comes from it. People who attack the wisdom of others are precisely the unconscious tool of darkness.

Tobias: Would you add anything else?

Old Beech: People, develop your wisdom by experiencing and learning the Truth. In doing so, remember not to fall into the trap of vanity and pride. Many who have already attained a certain level of wisdom have fallen into this trap. It is willed that man in the new Kingdom willed by God will be a wise being, and this is of course what I wish for all mankind.

Bartosz and Tobiasz: Thank you!

Old Beech: I want to add something else. Wisdom comes with time and one often has to wait a lifetime for it. However, lived experiences that we fully understand already bring the foundation for the ultimate wisdom. Therefore, let us be aware that we will not become wise immediately, but through conscious experiencing we get closer to this goal.

Bartosz and Tobiasz: Thank you for your wisdom!

Old Beech: Thank you. Be well.

2.40. Last incarnation

We went to Old Buck, who confirmed the good news to us:

Bartosz and Tobiasz: After the last meeting, when you spoke about wisdom, we felt an overwhelming joy. Would you like to say something about that?

Old Beech: Yes. The Light has recognised that I have fulfilled the last task I had in the material realms, also my present incarnation is my last. I feel that there are two aspects to this fulfilment. Firstly, I have given you wisdom and Truth in transmissions, and secondly, I have loved you as true human friends. We older spars need more time to build friendships. I am glad that this time was enough before finishing the book.

Bartosz: At the beginning I felt such a distance from you, but with every subsequent conversation I felt that we were getting closer and I am very happy that I will soon have a developed friend in important spheres.

We congratulated and hugged our friend.

2.41. About the seasons

We then asked Old Beech about the seasons.

Bartosz: How do the seasons affect your activities?

Old Beech: It depends on the type of spar, but generally in spring, summer and autumn we are active and in winter we rest.

Bartosz: Do you oversee the spring growth process?

Old Beech: We supplement this growth process. Thanks to us, the tree develops and grows faster.

Tobias: How is your activity manifesting itself?

Old Beech: Of course, we don't want to give away the details, because it is not Light's will to talk about everything, but I can say that we are simply strengthening the energy of growth, i.e. energy support.

After a moment, he added.

Old Beech: I wanted to add something else. We live in the rhythm of the seasons. They drive our development. Each season, or year, takes us a little higher up the ladder of development. We are grateful that the Light has arranged our material plans in such a way, because it allows us to develop and grow faster. The Light gives us the space to grow, and the seasons are a great blessing to all spars.

2.42. On cleanliness

We approached Old Buck once more to talk to him about cleanliness. Here is a transcript of the conversation:

Bartosz and Tobiasz: Hello Old Beech. What can you say about cleanliness?

Old Beech: Purity next to humility is the foundation of spiritual development. Whoever has not achieved inner purity will not be able to follow the path to the Light. Taking care of inner purity should be a spiritual priority for every being who wishes to develop.

Bartholomew: What can a being gain from greater inner purity?

Old Beech: Above all, greater purity means greater protection. Dark beings will not be able to approach a person who is inwardly pure so easily. A ray of purity is also followed by a ray of love, so the one who is inwardly pure is able to truly love. Through inner purity we will attract to ourselves more luminous beings, equally pure and serving the Light.

Bartosz: Can you give any advice on how you can purify yourself internally?

Old Beech: There are many techniques to cleanse yourself of negative energies. The one you guys use is very effective. You have combined it with grounding and returning negative energies to the earth. Purification is also facilitated by opening to the power of the Light on a daily basis through prayer with a grateful and humble heart.

Tobias: Contact with nature also helps, doesn't it?

Old Beech: Yes Tobias. Nature resonates with purity and therefore contact with it promotes inner purification. In fact, all it takes is a short walk in the forest and one becomes much more pure.

Bartosz: People often talk about purity of heart, but also purity of mind. Could you say something about that?

Old Beech: This is related to your will and wanting. If your will, or spiritual willing resonates with purity, then your heart radiates this purity and thus you also have pure thoughts in your mind. I would not recommend any practices that are designed to purify your thoughts and mind, as these are unnatural. Taking care of the inner purity of your hearts through good and pure wishing is completely sufficient and automatically cleanses the mind.

Tobias: Why don't you add something at the end?

Old Beech: Remember the purity of your hearts. When you take care of it, your life will become a reflection of that purity. As soon as your inner will is pure, pure thoughts, words and actions will immediately follow. In this way, working on yourself will be easier and will lead to pure, enlightened spiritual realms.

Bartosz and Tobiasz: Thank you.

2.43. Asking spars to people

The main aim of this book is to bring people closer to the trees, as well as the trees themselves. To get closer to someone, you simply have to get to know each other better. So far we have been asking questions of the trees, now we have decided to reverse the roles and try to answer the questions of the trees to the people. Here are the transcripts of the conversations we had:

Here are the questions from Aldaniel:

Bartosz and Tobiasz: Hello.

Aldaniel: Hello, why is man so stubborn and constantly expecting something from the Light? After all, he is the one whose service should meet the expectations of Him. This always surprises me and is a great surprise to me.

Tobias: It is related to the fall of man and the development of the intellectual only. One of its effects is that man would like to take all the time, without giving anything. It is only when man enters the spiritual path that he slowly begins to serve God in joyful giving and experiences more and more the words that "in giving, we receive".

Bartholomew: What I would like to add is that man has turned his good spiritual desire, which always resonates with God's will, into intellectual demands, and he demands only comforts and materialistic goods. He does not see that, as a being in creation, he should and must also give something. In this way, man excludes himself from the group of beings who serve the Light in joy.

Aldaniel: I like your answer very much, now I fully understand it. I have one more question. Why is it that a person doesn't want to try to get out of the mire they find themselves in?

Bartholomew: This is due to the fact that man does not even see it, that he is in a swamp. He thinks of himself as valuable, when in fact he has no value in the eyes of the Light.

Tobias: He is also guilty of spiritual laziness, which he has cultivated for millennia and which does not allow him to move in a spiritual sense. Consequently, he also rejects and ridicules the Truth, squandering the chance for salvation.

Aldaniel: Thank you very much for these answers, they are very wise.

Bartholomew: Do you have any more questions?

Aldaniel: In your opinion, does man still have any chance of overall spiritual flourishing on earth?

Bartosz: I think this question is a question for the Light. We can still trust that there is still a chance. I think the hope for the Kingdom of God on earth must still be alive in us. But the continued lack of mobility of earthly spirits is not conducive to this.

Tobias: If I didn't believe it, I would stop doing what I do.

Aldaniel: I do not have any more questions. I am very satisfied with your answers.

The next questions were asked by Beech Lone:

Beech Lone: Greetings to you. How can a man before God constantly justify his bad attitude? How dare he do so when his guilt is obvious?

Tobias: What you said does not apply to all people, but probably to the majority. In my opinion, the cause is vanity, which causes stubbornness, and the blind belief in false views and concepts about God, which flatter people and cause them to live in false self-exaltation.

Bartholomew: I would like to add that man is simply often unaware of the many evil acts he commits. Man, through his unconsciousness, does not distinguish between what is right and wrong, and sometimes, when he is aware of his guilt, he prefers to become a hypocrite and a hypocrite rather than face the uncomfortable truth about himself.

Beech Lonely: Why is it that people like to describe themselves as believers in God but do not really understand or want to understand Him? This is incomprehensible to me.

Bartosz: I think that people approach the subject of faith in a superficial way. He also often thinks that he understands God, while he does not really know anything about Him. The fact that he lives in such unconscious ignorance does not excuse his great guilt.

Tobias: Because he likes to put up a shield of pretty words about himself, covering up his inner emptiness. In this way he becomes a hypocrite, as Bartholomew mentioned earlier.

Beech Lone: Enough of my questions. Thank you for your answers, which have added much to my understanding of humanity.

Further questions were asked by Old Beech:

Old Beech: Why is man so conceited that he looks upon himself as God, as the Supreme?

Bartholomew: Man often claims to be supreme, i.e. God, and claims that this is the realisation of truth. However, it is not the realisation of truth, but only the satisfaction of a vain need to become great in one's own eyes and in the eyes of others. It is vanity and pride that are the cause of this. This is very sad, and so very common these days.

Old Beech: Thank you. Does Tobias want to add anything?

Tobias: This is also due to false views - Lucifer's traps, which can be graded, for example: "God is everywhere, God is all there is, and as he is all there is, he is also in me, which means I am God too." Believing in such views is very tempting and many fall into this trap of darkness.

Old Beech: Is there any way for a person to reject these illusory views you mentioned?

Tobias: Only humility is the way to this, and this is the one a person will learn through the coming sufferings of the Last Judgement that we now have.

Bartholomew: Rejecting such comfortable views is very difficult and requires a great deal of honesty with oneself. A person has to mature that this is vanity and spiritual pride. If he sees this, he will become ashamed of what he has believed and convinced others of.

Old Beech: Your insights are very clean and I agree with them.

Bartosz: Do you want to ask any more questions?

Old Beech: Why do you think man has forgotten about nature, about contact with nature?

Tobias: Because he has created for himself other priorities in life than spiritual development, which take him away from the path to the Light, to which nature is the gateway.

Bartholomew: Because man only looks at the world materialistically and fails to see the invisible assets and values that contact with nature gives.

Old Beech: Very clever and concise. I'm proud of you guys. I think that is enough.

Bartosz and Tobiasz: Thank you for your questions, which I am sure you already knew the answers to.

Old Beech: Yes, but your insights are pure and I was just curious about them.

The next day we went first to Maple. Here are his questions:

Bartosz and Tobiasz: Hello Maple.

Maple: Hello to you! Why do people so rarely smile? After all, a smile is a beautiful gift and doesn't require much effort.

Bartosz: A smile should always be a reflection of inner joy. A smile alone can awaken this inner joy. However, in many cases this is very difficult. Many people only have an emptiness inside and that is mainly why they do not smile.

Maple: Tobias, is there anything you want to add?

Tobias: A person who develops spiritually gradually gains more joy and therefore more smiles and enthusiasm for life. However, people do not develop spiritually and therefore there is no inner joy in them. Sometimes there is an impure smile from lowly fooling around or hurting and making fun of others.

Maple: Thank you for these answers, they have shown me a lot. Can I ask another question?

Bartosz: We are listening.

Maple: Why do people so often pair up without true love?

Tobias: Because they often act unwisely, choosing a partner for life out of reason. However, there is often a higher good in this, because the so-called karmic relationship offers many lessons and opportunities to redeem guilt.

Bartholomew: I think it also has to be said that often relationships are built out of calculating or for material gain. A lot of people are looking for a partner so that they can lead a comfortable life without spiritual mobility.

Maple: *(asked sadly)*: Has man fallen so low that he has completely forgotten God? I ask this question because I often see people who have nothing in their insides.

Bartosz: For the most part, the answer to your question is yes. It is a sad truth, but we should nevertheless hope, hope that there will be more and more people full of love and faith.

Tobias: Many people have God only on their lips, and in their inner self they have not prepared a temple for Him. Therefore, you are right when you speak of our deep fall.

Maple: Thank you for your answers. I will therefore pray for humanity to still awaken to spirituality.

Bartosz and Tobiasz: Thank you for your questions. We are going to the other trees.

Maple: Thank you for your replies. Be well!

We had planned to go to Larch, but on the way we were puzzled by the Scar Oak:

Bartosz and Tobiasz: Welcome!

Oak: Welcome. Why does man not accept his suffering with humility? Why does he not see it as justice and an opportunity to redeem his guilt?

Bartholomew: I think the main reason is that man does not know the simple laws governing creation and also does not take into account that he deserves to suffer. This is a manifestation of a kind of arrogance and spiritual pride.

Tobias: Man knows neither the laws of creation nor simple concepts. Ask man what humility, love, justice, redemption and service to God are, and you will be surprised at the answers you hear.

Oak: Thank you for your answers. You can move on.

We then made our way to Larch:

Bartosz and Tobiasz: Hello friend.

Larch: Welcome. Why do humans need to eat plants, animals and fruit to survive?

Tobias: It is one form of energy extraction, and also our earthly bodies need food to be strong and healthy tools for the spirit. They also need to be strengthened. People who don't eat meat can be less grounded by it and have many problems because of it⁸.

Bartosz: I think the evolution of man will lead him to eat less and less. However, he must not make huge leaps in his diet.

Larch: And what does God say about eating animals?

Bartholomew: God allows it, but at the same time it has been communicated to the world many times that animals that are destined to do so should be spared suffering.

Tobias: I understand your question, because people approach meat harvesting like harvesting wood from trees - without love and respect for nature.

Larch: I am very surprised that the Lord God is allowing this to happen.

Tobias: You mature more, you will understand it better.

Larch: But now I understand that it is necessary for your bodies. Thank you for these answers.

The next morning we headed to Linden:

Bartosz and Tobiasz: Hello, do you have any questions for us?

Linden: Hello! Why do people see time as fixed? After all, time is not fixed.

Tobias: Do you mean that they think the sense of time flowing is always the same?

Linden: Yes.

Bartosz: It is related to the fact that man, through his intellectual view of the world, wants to put everything in order. You could say that he sort of locks time in a box and sees it as fixed.

Tobias: Everyone notices as they get older that time flows faster, however, almost no one thinks about it more deeply. It's simple - the more experiences we live through, the faster the sense of time flowing. The truth is that it is time that stands still, and it is we who move through it⁹.

Linden: So our movement determines the speed at which time flows?

Tobias: Yes, this is in line with my cognition.

Linden: Why do you humans need so much sleep? Trees don't need as much sleep as humans. Why is that?

⁸ For more on the link between not eating meat and lack of grounding, see the book: "The Spiritual Mysteries of Blood: Its Power to Transform Body, Mind, and Spirit" by Christopher Vasey.

⁹ Information that time actually stands still taken from: "In the Light of Truth: The Message of the Grail" by Abd-ru-shin.

Bartholomew: Sleep is needed by our brains, specifically our front brains, and because we have quite large brains, we need a lot of sleep. Sleep is not needed by our bodies, only by the aforementioned front brains. The body only needs rest¹⁰.

Tobias: You could say that the frontal brain resets itself during sleep.

Linden: I have one more question. How many years do people live on earth? And is it a long time?

Bartosz: People live up to 70, 80 years. However, I believe that with spiritual development this period will increase.

Tobias: I will add something. There have been studies that people who have relationships based on kindness live longer¹¹. And I don't think I need to tell you that a kind disposition is part of an awakened, evolving spirit. Whether we live long or short lives is hard for me to say, but what is that in the face of eternity?

Linden: Thank you for your answers today, they have shown me a lot.

Bartosz and Tobiasz: Thank you! Have a beautiful day!

The last questions were asked by the Old Timer:

The old man Tree: What does man want to achieve through constant pride and vanity? Will he eventually realise that such an attitude is hostile to the Light?

Bartholomew: Firstly, man in many cases is not aware of his pride and vanity. He certainly needs an awakening to see this and to start working on it. Man not only needs to become aware of this, that it is hostile to the Light, but he actually needs to, needs to finally see this if he wants his role in creation to finally be pleasing to the Light and if he wants to survive at all in these times. The process of maturing this should be the first step on the path of development.

Tobias: Man wants to be worshipped and glorify himself all the time, he sees his greatness in this, he hardly thinks of God at all. This is the trap of darkness into which many fall. To the second part of the question, I would reply that it is probably only great suffering that can make man realise this erroneous attitude.

Oldwood: Thank you for your answers. How can man think that there is only one life and after that there is nothing? Man has forgotten the existence of his soul. How could he allow this to happen? This is inconceivable to us woodsmen, and very common among humans.

Tobias: This is the result of giving dominion solely to reason and looking at the world solely materialistically. Spiritual values are imperceptible to such a person. He also looks at the world only

¹⁰ This information also comes from Abd-ru-shin's work, 'In the Light of Truth: The Grail Message'.

¹¹ There are a number of studies that support this: Research by Robert Bush of the University of Queensland and Frank Baume of Flinders University, as well as the Adult Human Development Study known as the Grant Study after its initiator William T. Grant.

through the prism of material evidence. Therefore, he does not accept as fact things that are supported by non-material evidence like reincarnation, the existence of the soul or God.

Bartholomew: I would like to expand on Tobias' thought. Man has come to believe that there is only what he can see and hear with his dense eye and ear. Man has come to believe this so strongly that he no longer considers any other option. On top of this, he tries to fight and humiliate those who have a connection with other realms of creation.

2.44. Interaction of spars with their caretakers

We wanted to show how spars interact with their caretakers. To do this, we asked the Higher Caretaker and the Older Poplar Woodsman to show us what a typical conversation between them looks like. Here is a transcript of that conversation:

Higher Guardian: Hello Topolo. Are you mindful of your development and your service to the Light?

Aged Tree: Yes. I want to do my service to the best of my ability.

Higher Guardian: Remember that the tree needs you and your support.

Old Man Tree: Yes guardian, I wish to serve him.

Higher guardian: Don't forget your daily duties towards the tree. *(It is not wanted to say what these duties are)*. The work you put in now will bear fruit in your maturation and final return to the realms of the essential.

Older Wood: Can I count on your support Guardian?

Higher Guardian: What do you need?

Oldwood: Sometimes I feel sad for many different reasons.

Higher Guardian: Yes, this is familiar to me. Approach the Light in your daily activities and your sadness will disappear and more joy will appear. You know well that only faithful service gives every being a sense of joy and fulfilment. Pray more, because your faith can be more alive.

Old Man Tree: Yes, thank you for your words. I am glad to have you, my mentor, as my support.

Higher guardian: Don't falter in the paths you take. Your perseverance and consistent service will be appreciated. Keep this in mind and your growth will accelerate.

After a short pause, he turned towards us.

Higher Guardian: This short scene shows you, more or less, how our interaction goes. Of course, each spar is different and needs different words of support. But based on this short scene you can realise how we support all spars on their paths to the Light.

2.45. Final transfers

We come to the stage with which we wanted to end this book. Here are the messages that the spars gave us as the final ones:

To begin with, we approached Maple:

Bartholomew and Tobias: Hello, we're collecting the final messages from all the spars to bring the book to a close. Is there anything you want to say?

Maple: My message will be brief. I have met and seen many people in the forest, but I know Bartosz and Tobias the most. I wish the relationship of the woodsmen with people was similar to ours. I love you and I feel that you love me too. I would also like to add that I believe there will be more and more people like Bartosz and Tobias, people who approach spars with openness. I hope you will continue to visit me, because you have become my friends. Thank you for providing space in your book for my humble arguments.

Bartosz and Tobias: Thank you. Of course we will be visiting you. *(after which we hugged him)*

Walking towards Larch, we stopped at the Scar Oak, which also gave us a final message:

Oak: We happened to be talking about suffering. I know what suffering is and I know you do too. We spar can support people when they are suffering. Whenever you are suffering man, reach out your hands to us and we are able to support you. Don't be ashamed of the fact that you are suffering. We understand that. Snuggle up to me or another breech brother and ask for strength. The Lord God can soothe your pain through us. Remember - we are brothers in one creation.

We thanked them and went to Larch:

Bartosz and Tobias: Hello, do you have a message for the end of the book?

Larch: Yes. I would like to say that the friendship of spars with humans is beneficial for spars and for humans. How much joy I get from interacting with you guys. I look forward to every conversation. I know that this book can inspire many to get in touch with us. I wish all breechers to experience as much warmth from people as I experience from Bartosz and Tobias. I love you very much my friends.

We thanked each other, hugged and walked towards Grab:

Bartosz and Tobias: Hello, we are collecting closing messages. Is there anything you want to say?

Grab: I am extremely proud to have been part of your project. The wisdom of spars should be better known in the world and I hope this book will show that. We sparers want to co-experience the beauty of creation together with humans. I believe that the time when the two species will come closer together will soon come. Thank you.

We then went towards the Beech community to ask its representative about the final message. Here it was:

Buk: There are many paths and only one path of Truth. The way of Truth requires a lot of inner authenticity and honesty with oneself. We beeches of the beech family want to show you that you can join together in communities on the only path of Truth. If you do so, remember to love and respect each other. May your earthly, human communities move towards the Light.

After some time, we received a final message from Linden:

Linden: There is a spar we want, for our relationships with people to be rekindled. We don't expect people to get closer to us straight away, but that it will gradually happen. This book is an important step in that process. Remind people of us and the future will bring us closer together.

And here is the closing message from Aldaniel:

Aldaniel: First of all, I'm happy that you are finishing your book. It makes me very happy that my friends are doing so well. The joy is also in the spiritual spheres, because with this book you have given no small knowledge about us woodsmen. And I am also convinced of this, that the book you are finishing is pleasing to the Creator.

Immediately after Aldaniel, Lone Beech gave his closing message:

Beech Lonely: The time you have spent writing the book is also linked to my inner transformation. I am also an old spar and I had somewhat forgotten the beauty that friendship gives us. Thanks to you, I have opened up internally and now have a different relationship with other spars. My cognition has also benefited from this and I now have a clear lead to my essential home.

Here is Willow's brief message:

Willow: It is willed that man should know the healing properties of trees. It is willed that man not only knows them, but that he benefits from them. Believing that trees can heal supports and strengthens the process that we can initiate. Come people to the trees, not just to the willows, and ask for healing. This is very much wanted by the Light.

Old Beech also gave its message:

Old Beech: The Lord thought it was high time to broaden people's understanding of spars. I believe your book is an important first step in bringing spars and people closer together. We want people to benefit from our wisdom and if they take a step towards us, the Lord can still expand their cognition, both about us and about other natural beings. There is a lot of detail that can still be passed on, but the cognition that flows from our messages is already very large.

At the end, Old Man Wood gave us his final message:

Older Spars: Spar relationships with people are wanted by the Light. Such relationships are rare in the present world. The Lord God saw this and desired a change. You are an instrument of the Creator, whose Will is expressed in your task. The Lord knows the great benefits that come from such relationships, which is why your book should be known and spread. I will pray for this, so that people will understand this book and eventually come closer to us. Thank you brothers. You have given me much joy and it has been a pleasure to share my insights.

2.46. Felling message

Because of the many questions about the felling of trees, we asked for a message that reflected the will of the Light on this issue. Here is the message given to us by the designated Higher Tree Keeper for this purpose.

Higher Guardian: The Light wants a change in man. The Light does not want man to interfere with nature as much as he has been doing. Man cuts down trees with such passion that he fails to see that they are living beings. Light understands that wood is necessary for survival, but does not support the subjective treatment of trees. It is in favour of felling if it is necessary, in moderation and with common sense. Remember that trees are living creatures that are also home to wood. You must no longer abuse the Light's permission to harvest, permission to cut for other purposes. Your conscience will tell you if it is necessary to cut down a particular tree. In many cases you can ask for permission and the Light can give you such permission. However, remember that these are sentient beings who also suffer and feel pain.

3. Conclusion

There are a few things we wanted to point out at the end. While working on the book, we came to the conclusion that it was important to separate the spars from the trees in our understanding. For many years, we called our contacts simply conversations with trees and there was full agreement on defining it that way. Now we see it somewhat differently. It is clear from our book that spars are in no way the spirits of trees or their souls. We are convinced that this is the case, and we want readers to see it that way too. Let the words of the work "In the Light of Truth: The Grail Sent", which we would like to quote, be a confirmation of our conclusions:

"Only creations that are independent of a particular place, that is, for example, animals that can move freely from place to place, have their own moving core within them that guides them.

In the case of animals, this essence is the essential soul, and in the case of humans, the spirit! Plants and rocks, however, are habitats for alien, independent beings, which therefore cannot be called the soul of these forms."

Abd-ru-shin

The verbal form: "spar" was given to us by the creatures of nature themselves, and we are therefore convinced that it is willed to be used.

We believe that our book will be a kind of foundation for future interactions with spars. As Old Beech pointed out during the closing message, there are many details that can still be discussed, so we trust that the cognition coming out of our book can be expanded in the future.

We would like to conclude the book with a passage from Abd-ru-shin's work 'In the Light of Truth: The Message of the Grail', from which the knowledge that emerged guided us during the writing process:

"There is one more thing that earthly man must especially bear in mind, because that is where he has sinned very gravely: You must never neglect to connect with vital helpers! Otherwise you are causing a great gap that harms you."

Abd-ru-shin

4. Statement by the authors

This book is free and it is the will of the authors that it always be so. We permit its transmission or other forms of dissemination on the condition that no financial gain is derived from it. Our intention is that it will be passed on to serious seekers wishing to expand their knowledge of spars, as well as all of creation. Let it be a joyful flow aimed at bringing humanity closer to the spars.